

B P Ed.

I. ABOUT THE COLLEGE :

The BPCA has started its College of Physical Education in the year on 20th June, 1978; The college is permanently affiliated to the University of Mumbai, and aided by the State Government as well as recognized by the National Council for Teacher Education (N.C.T.E.) and National Assessment and Accreditation Council (NAAC). The College also comes under S.2 (f) and 12(b) of the UGC Act and receives the UGC grants for various purposes.

II. OBJECTIVES OF THE COLLEGE :

- To prepare qualified teachers in the field of Physical Education.
- To render excellent service in Physical Education.
- To provide professional and academic teachers to the secondary schools/ Colleges/ Universities.
- To serve as a model for other Colleges of Physical Education.
- To provide vocational guidance to the people in the field.
- To serve as a Center of Excellence for research in Physical Education and other allied areas.

III. FEATURE OF THE COURSES :

Job opportunities in schools, Colleges & Universities as a Physical education / Sports Teacher, Director, Physical Instructor etc. immediately after the completion of course.

IV. STRUCTURE OF THE B.P.ED. SYLLABUS: will comprise of 'Part A'- (Theory- External Assessment and 'Part B- Practicum- Internal Assessment) as follows:-

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PART A

THEORY – EXTERNAL ASSESSMENT

(500 Marks)

- 1) 5 Papers X 100 marks each
- 2) Candidates will be examined in the following subjects.

PAPER I : Education, Physical Education, Sports & Recreation in emerging Indian Society.

PAPER II : Psychology of Education, Physical Education and Sports.

PAPER III : Management, Measurements, Evaluation and Statistics in Physical Education

PAPER IV : Anatomy, Physiology of Exercise, Kinesiology and Health Education and Officiating and Coaching

PAPER V : Teaching Methods
(1) Physical Education (Compulsory) AND
(2) Any one method out of the following (Optional Method)
(a) Marathi
(b) Hindi
(c) English
(d) History
(e) Geography
(f) Science
(g) Mathematics

PRACTICUM - INTERNAL ASSESSMENT**(500 Marks)**

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|--|-------------------------|
| 1. PRACTICE LESSONS | 250 Marks |
| a) 10 Practice lessons in Academic subjects. | 10 marks each 100 Marks |
| b) 10 Practice lessons in Physical Education. | 10 marks each 100 Marks |
| c) 5 other simulated lessons in academic subject (Bridge/Integrated and other innovative methods of teaching of 5 marks each) | 25 Marks |
| d) 5 officiating lessons/simulated lessons in Physical Education | 25 marks |
| e) 5 micro teaching lesson in academic subject and 5 micro teaching lessons in Physical Educations. (compulsory) | |
| 2. YEARS WORK | 200 Marks |
| a) Two terminal theory examinations | 50 marks |
| b) Two terminal Physical Education Practical | 150 marks |
| 3. PRACTICAL WORK /PROJECT WORK | 50 Marks |
| a) Information & communication Technology | 25 Marks |
| b) Play fields marking | 10 Marks |
| c) Value Education | 05 Marks |
| d) Recreative games/lead up games | 05 Marks |
| e) Test & Measurement | 05 Marks |

V. IMPORTANT INSTRUCTIONS, CONDUCT & DISCIPLINE

1. No admission will be final unless the University requirement of the qualification equivalent to Degree, Eligibility are fulfilled.
2. A candidate is required to produce the certificate of Medical Fitness from the local Civil Hospital / Registered Medical Practitioner (M.B.B.S /M.D.)
3. Any Physical deformity noticed during the training period may result in discharging the students form the college.
4. Students are responsible to the Principal for their behaviour, both in and outside the College. They are prohibited from visiting any other College without the written permission of the Principal of the college.
5. Students must not loiter in the corridors when classes are going on. When they are free, they should go to the Reading Room, Library or the student's common room.
6. Students must not attend any class other than their own without the previous permission of the professor concerned.
7. Students must take proper care of college property, and help in keeping the premises neat and clean. Student must not write on the blackboard, nor disfigure walls, tables or benches. Any willful damage to the property of the college will be dealt with as a breach of discipline.
8. No student shall start or join any outside organization without written permission of the Principal.
9. Students are not allowed to invite any outsider to the college.
10. A student must not, directly or indirectly, do any act, which, in the opinion of the Principal, is or may be detrimental to the working of the college or to the interest of the student or the maintenance of discipline.
11. If a student remains absent without leave for any length of time, his/her name is liable to be removed from the College rolls.
12. Use of Mobile Phones in the college campus is strictly prohibited. Mobile Phones if carried by the students should be switched off while in classroom, library & corridors of the college. If These instructions are not followed, the instrument will be confiscated.
13. Failure to observe any of the college rules will call for disciplinary action against the student.
14. Discipline of the college should be maintained, failing which the student will be liable to be struck-off from the college roll.

M P Ed.

1. PROSPECT OF THE COURSES :

On completion of M. P. Ed Degree Course, the student will be qualified to become Lecturer in college of Physical Education, Physical Instructor / Director of Physical Education & Sports in the Jr. College / Sr. College /University.

2. TOTAL SEATS AVAILABLE

Number of students to be admitted to the course is 25 State Government & University rules and regulation shall be followed for admission subject to availability of eligible..

3. ELIGIBILITY OF ADMISSION

To be eligible for admission to the course for the degree of Master of Physical Education (M. P. Ed.), a candidate must be passed the examination for the Degree of Bachelor of Physical Education i.e. B. P. Ed. of this University or an examination of another University or Body recognized as equivalent thereto.

4. ADMISSION PROCEDURE

Each admission must be made in the prescribed form given with this prospectus. The prospectus can be obtained only after sending Money Order of Rs.100/- (Rupees One Hundred only) addressing to the Principal of the College or issued from the College office personally in between 10:30 a.m. to 2:00 p.m. during working days. The admission form should be completed in all respect and accompanied by the necessary documents without which, it will not be considered. The candidates called for interview will have to present themselves on the due dates at their own expenses.

The candidates have to appear at the qualifying examination conducted by the college. The candidates will be finally admitted only, if they found fit after going through the Physical Fitness Test (Practical), Written, Oral & Medical Test. Preference will be given to the candidates having a background of N.C.C./Scouting/participating in Games and Sports at Inter collegiate/Inter University/State and National Level.

5. DOCUMENTS TO BE ATTACHED WITH THE APPLICATION FORM :

- 1 School Leaving Certificate.
- 2 S.S.C. passing Certificate and S.S.C. Marks sheet.
- 3 H.S.C. Passing Certificate & Marks sheet.
- 4 Mark list of the Degree Examinations.
- 5 Degree or Passing Certificate of the University.
- 6 Certificate of Sports/N.C.C./Scouting etc.
- 7 Bachelor of Physical Education Marks Sheet and Passing Certificate.
- 8 Deputation Certificate of the organization where he / she is working. - Experience Certificate.
- 9 Caste certificate if belongs to S.C./S.T./D.T./N.T/O.B.C./S.B.C.

N.B.

1. The Candidate will have to bring all original certificates at the time of interview for verification.
 2. The students those who are from other than Mumbai University have to produce provisional eligibility Certificate from the Mumbai University at the time of remitting the 1st term fees.
 3. The students those who are from other than Mumbai University will have to produce the Migration Certificate/Degree Certificates or Passing Certificate and statement of marks of the Bachelors Degree before the closer of the first term.
 4. The students those who have passed the Bachelor Degree examination from Mumbai University will have to produce transference Certificate after reopening of the College. The prescribed form for receiving the Transference Certificates will be issued from the college office.
6. SELECTION LIST:

Name of the selected candidates will be put up on the college notice board on the next working day at 5.00 p.m. after completion of the interviews. The selected candidates will have to collect their selection orders from the college office and remit the fees within prescribed period. Non payment of fees within prescribed period will automatically debar the candidate from admission.

N.B.

1. 1. All admission are provisional subject to confirmation by the University of Mumbai.
2. The college reserves the right to deny admission to a candidate on disciplinary grounds.
3. 3. Admission is granted to candidates on their own risk and responsibility and the credentials furnished by them. If at any time it is noticed that admission has been obtained by a candidate by giving incorrect or false information, the admission will be cancelled and the candidates asked to leave the college forthwith, after settling the accounts.

7. DETAILS OF FEES :

| Sr. No. | Particulars | 1 st Year | 2 nd Year |
|---------|--------------------------|----------------------|----------------------|
| 1 | Admission Fees | - | - |
| 2 | Tuition Fees | 22000.00 | 22000.00 |
| 3 | Gymkhana Fees | - | - |
| 4 | Library Fees | - | - |
| 4 | Costume Fees | - | - |
| 5 | Scout Camp and Picnic | - | - |
| 6 | Library Deposit | - | - |
| 7 | Laboratory Deposit | - | - |
| 8 | Sport and Yoga Equipment | - | - |
| 9 | Course Material Fees | - | - |
| 10 | Examination fee | 710.00 | 810.00 |
| 11 | Convocation Fee | | 250.00 |
| 12 | Medical Check up Fees | - | - |
| 13 | University Fee | - | - |
| 14 | First aid fees | - | - |
| 15 | Souvenir Fees | - | - |
| 16 | Computer Training Fees | - | - |
| 17 | Registration Fees | 825.00 | - |
| | Total | 23535.00 | 23060.00 |

N.B.

1. The first term fees will have to be paid at the time of admission and second term fees after Diwali Vacation.
2. The changes if any in the above fees will be communicated to the students at the time of issuing selection orders.
3. Caution and library Deposit will be communicated to the students after annual examination.
4. The out-standing dues, if any will be recovered from the Deposit amount.
5. The student coming from other than Mumbai University will have to remit the Enrolment fee of Rs. 220/- (Two Hundred Twenty Only) in addition to the above fees.

8. FINANCIAL CONCESSIONS :

The following facilities are available to student who fulfill the required conditions. Student must submit the requisite application of scholarship within 30 days from the day college reopened.

1. G.O.I. Scholarship to SC/ST/DT/NT/OBC/SBC Students. List of Documents to be submitted after the admission for receiving G.O.I.
2. Scholarship from the Government.
3. School leaving certificate.
4. S.S.C. mark Sheet
5. Graduate mark sheet.
6. Gap Certificate if, there is gap in the academic career.
7. Income certificate for the last year duly certified by Tahasildar only.
8. Caste Certificate.
9. Certificate of change in District, if applicable.
10. Ration card Xerox (front & last page)
11. Creamy layer Certificate is essential (for N.T & O.B.C.).
12. Passport size photograph
13. Caste Validity Certificate (for S.T. category student only).

N.B.

1. S.C./S.T. below Rs.1,00,000/-
2. V.J.N.T./O.B.C./ S.B.C. below Rs. 65,290/-
3. The student those who's father's income is more than Rs. 1,00,000/- Rs. 65,290/- should apply for freeship.

9. THE SCHEME OF EXAMINATIONS SHALL BE AS FOLLOWS :

The Master of Physical Education (M.P.Ed.) Degree Course consists of 1200 Marks in total, which are divided in two parts.

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|---------|---------------|------------|
| Part –I | (First Year) | 600 Marks |
| Part-II | (Second Year) | 600 Marks |
| | | 1200 Marks |

There shall be five compulsory papers for the first year (M.P.Ed. Part-I) and two compulsory papers, one optional paper and Dissertation carrying 200 Marks for the second year (M.P.Ed. Part-II) There shall be practical of 100 Marks every year.

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|--------------------------|-----------|
| 1. Theory Examination | 500 Marks |
| 2. Practical Examination | 100 Marks |
| | 600 Marks |

1. Theory Papers :

Five compulsory theory papers are as under each of 80 marks and of three hours duration and 20 marks in each paper for term papers and tutorials.

| Paper | Subject | University Examination | Internal Assessment | Total Marks |
|-------------|--|------------------------|---------------------|-------------|
| Paper - I | Foundation of Physical Education. | 80 | 20 | 100. |
| Paper - II | Research Methodology In Physical Education. | 80 | 20 | 100 |
| Paper - III | Test and Measurement In Physical Education | 80 | 20 | 100 |
| Paper - IV | Scientific Principles Of Training and Coaching | 80 | 20 | 100 |
| Paper - V | Sports Bio-mechanics | 80 | 20 | 100 |

2. PRACTICALS - 100 Marks (Internal Assessment)

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|---|----------|
| 1. 4 Coaching lessons in major game or activity (Any one) | 40 Marks |
| 2. Assignment / Journal on specialized activity / game | 10 Marks |
| 3. Practical examination of the specialized activity / game | 50 Marks |

The list of major games and special activities :

| | | |
|-----------|---------------|------------|
| Kabaddi | Kho-Kho | BasketBall |
| Badminton | Table Tennis. | VolleyBall |
| Hockey | Judo/Karate | Gymnastic |
| Handball | Cricket | Yoga |
| Football | | |

M.P.ED. PART-II (SECOND YEAR)

(Two compulsory papers, one optional paper and dissertation)

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|--------------------------|-----------|
| 1. Theory Examination | 300 Marks |
| 2. Dissertation | 200 Marks |
| 3. Practical Examination | 100 Marks |

1. Theory Papers :

Two compulsory papers are as under each of 80 marks and of 3 hours duration and 20 Marks in each paper for term papers and tutorials.

| Paper | Subject | University Examination | Internal Assessment | Total Marks |
|------------|--|------------------------|---------------------|-------------|
| Paper - I | Psychology of Physical Education and Sports | 80 | 20 | 100. |
| Paper - II | Professional Preparation and Curriculum Designs in Physical Education. | 80 | 20 | 100 |

Any one paper as paper III to be selected from the following as optional paper of 80 marks and 3 hours duration and 20 marks for term papers and tutorials.

| | | | | |
|----|---|----|----|-----|
| A. | Yoga and Physical Education | 80 | 20 | 100 |
| B. | Management of Physical Education and sports | 80 | 20 | 100 |
| C. | Sports Medicine | 80 | 20 | 100 |
| D. | Health Education | 80 | 20 | 100 |
| E. | Exercise and Sports Physiology | 80 | 20 | 100 |

2. Dissertation - 200 Marks

Each dissertation shall be examined by an external examiner appointed specifically for the purpose, by the Board of Examinations on the recommendation of the Board of Studies in Education. Viva-voca examination on the dissertation will be held jointly by the external and internal examiners and the marks for the dissertation will be awarded jointly by the external and internal examiners on the basis of dissertation and vice-voce performance.

3. Practical - 100 Marks (Internal Assessment)

| | | |
|----|---|----|
| 1. | 4 coaching lessons on athletics | 40 |
| 2. | Assignment / Journal on athletics | 10 |
| 3. | Practical examination of the Track and Field events | 50 |

Master of Philosophy in Physical Education (M. Phil.)

The Yashwantrao Chavan Maharashtra Open University itself, as per its rules and regulations, has introduced M.Phil Course in Physical Education through a RESEARCH CENTRE in this college since 2007 in order to serve as a **Center of excellence for research in Physical Education and other allied areas.**

Duration : 2 Academic years

Eligibility : M P Ed. From any recognized university or its equivalent qualification

Seats Available : 20 seats.

Sex : Both boys and girls can apply.

Doctorate of Philosophy in Physical Education (Ph. D.) (Physical Education)

The University of Mumbai itself, as per its rules and regulations, has introduced Ph.D. Course in Physical Education through a RESEARCH CENTRE in this college since 1996 in order to serve as a **Center of excellence for research in Physical Education and other allied areas.**

Duration : 2 Academic years

Eligibility : M P Ed. From any recognized university or its equivalent qualification

Seats Available : 10 seats.

Sex : Both boys and girls can apply.