



7 CENTRE FOR SPORTS COACHING & MANAGEMENT

7.1 INTRODUCTION

The Centre imparts sports coaching to the candidates for developing their competency and enhancing their skills in the field of sports coaching. The Centre is working with a vision in pursuit of excellence in sports coaching. It seeks to provide highly specialized sports coaching courses, which are based on the latest technological and professional developments around the world. The main object is to prepare high quality sport coaches in various games/sports in order to cater to the ever-increasing demand of our Indian society and to uplift the Indian sport standards.

Further, Physical Education and Sports system in India has been challenged as never before and we find shortage of quality sport managers and leaders. Society requires high quality administrative leadership for managing sporting events. In order to cope up with this complex situation, the Centre offers long and short term courses in Sports Management which will equip the students to pursue careers in sports related services like offering healthy life style, creating new sports products and services, organize sports events and also find themselves in good Sports Management positions.

7.2 COURSES OFFERED

The Centre for Sports Coaching & Management offers following courses:

7.2.1 Post Graduate Diploma in Sports Coaching (PGDSC) (one academic year)

7.2.1 Diploma in Sports Coaching (DSC) (one academic year)

7.2.2 Post Graduate Diploma in Sports Management (PGDSM) (one academic year)

7.3 POST GRADUATE DIPLOMA IN SPORTS COACHING (PGDSC)

7.3.1 COURSE DURATION

The duration of the Post Graduate Diploma in Sports Coaching is one Academic Year. A candidate should complete the PGDSC within a maximum period of two academic sessions after admission.

7.3.2 DISCIPLINES OFFERED

Subject to administrative feasibility, in academic session 2012–13, the Post Graduate Diploma in Sports Coaching shall be offered in: Athletics, Basketball, Football, and Volleyball.

7.3.3 AVAILABILITY OF SEATS

The minimum number of seats in Individual Sports and team games shall be five (5) and ten (10) respectively. However, the maximum number shall depend on the availability of necessary infrastructure, hostel accommodation and staff/teachers. Reservation of seats shall be as per Govt. of India rules applicable at the time of admissions.

**7.3.4 IMPORTANT DATES**

Last date for receipt of Applications	: 03rd July 2012 till 10:00 am
Reporting time for Admission Test and	: 10:00 am on 03rd July 2012
Dates of Admission Test	: 03rd – 04th July 2012
Venue of Admission Test	: L.N.U.P.E., Gwalior
Commencement of Classes	: 09th July 2012

7.3.5 ELIGIBILITY FOR ADMISSION TO PGDSC

A candidate shall be eligible to appear in admission test for Post Graduate Diploma in Sports Coaching if he/she has passed any one of the following examinations, conducted by a recognized University, with at least 45% marks (40% in case of International Sport persons for International candidates and for SC/ST candidates):

Bachelor of Physical Education (B.P.E.) of at least three years duration with Inter – University / National level participation in the concerned game / sport

OR

A Post Graduate Degree / Diploma in Physical Education of at least one year duration after graduation with Inter – University / National level participation in the concerned game / sport

OR

Graduates having Physical Education as one of the main subjects with Inter – University / National level participation in the concerned game / sport

OR

Graduates in any recognized subject with Inter – University / National level participation in the concerned game/sport

If he/she is below 35 years of age as on 1st July of the Academic Session (relaxable up to 40 years in case of International Sport persons, International candidates, in service sponsored candidates and SC/ST/OBC candidates).

7.3.6 MARRIED WOMEN CANDIDATES

Married women shall be eligible for admission to Post Graduate Diploma in Sports Coaching. In case, a woman candidate gets pregnant and reaches the stage of expectancy during the course, she will have to discontinue her studies for a minimum period of one year and may be allowed to re-join the course in the next academic session from where she had discontinued.

7.3.7 PROCEDURE FOR ADMISSION TO PGDSC

Admission to the Post Graduate Diploma in Sports Coaching will be granted on the basis of merit in the Admission Test of 200 Marks as given here under. The minimum qualifying marks in the admission test shall be 45% (40% in case of International Sport persons for International candidates and for SC/ST candidates).



Physical Fitness Test : 40 Marks

The test items shall consist of 50m. Sprint Test, Standing Broad Jump, 4 x 10m Shuttle Run, 600m Run, and Two- Handed Overhead Backward Shot Throw (12 lbs. for men and 8 lbs. for women candidates). Separate norms shall be used for men and women candidates.

Written Test (two hours duration) : 50 Marks

General reasoning	:	10 Marks
Sports general knowledge	:	10 Marks
Professional knowledge in Concerned game/sport	:	30 Marks

Proficiency in game/sport : 100 Marks
(Skills and playing ability tests in
Concerned game/sport)

Personal Interview : 10 marks

7.3.8 NOTES TO ADMISSION PROCEDURE

Sports general knowledge (in various games/sports) will be evaluated through objective and / or short answer type questions in the written test.

Professional knowledge in concerned game/sport will be evaluated through Subjective and short answer type questions in the written test.

Marks for the proficiency in concerned game/sport will be awarded on the basis of various skills and playing ability tests.

Personal Interview will be conducted to find out the aptitude, expression and confidence of the candidate.

Candidates should be appropriately dressed to undergo Physical Fitness and Sport Proficiency Tests. They should be fit enough as these tests may involve some risk of causing physical injury/strain for which the Institute and/or the DSC shall not take any responsibility.

Candidates, who have appeared in the qualifying examination, may appear in admission test, but they must submit the mark sheet of passing the said examination latest by **25th July 2012**, failing which their admission shall be cancelled.

7.3.9 BONUS MARKS

A maximum of 10 (ten) Bonus Marks will be awarded on the following criteria:

If the candidate has represented India in an

International Competition through Indian

Olympic Association (I.O.A.) / National Federation

/ Association of Indian Universities (A.I.U.) in a

game/sport as recognized by A.I.U.

: 10 Marks



If the candidate is a position holder at Inter State National Championship organized by respective Federation / Association in game/sport as recognized by A.I.U.

1st place	:	09 Marks
2nd place	:	07 Marks
3rd place	:	05 Marks

If the candidate is a position holder in All India Inter-University Competitions.

1st place	:	07 Marks
2nd place	:	05 Marks
3rd place	:	03 Marks

7.3.10 ACADEMIC INFORMATION

Academic details about Theory Subjects and Practical Skills are as follows:

Theory Subjects

1. Sports Training
2. Sports Psychology
3. Kinesiology and Sports Biomechanics
4. Physiology and Physiology of Exercise
5. *Communicative Skills and Sport Event Management
6. *Computer Application: Basic course
7. Theory of Main Sport/Game: Papers – I
8. Theory of Main Sport/Game: Papers – II

Note: Theory papers at * above shall have grading only.

Practical

Skill Proficiency and Playing Ability

Teaching Lessons (min. 5 lessons to be taken for internal grading)

Coaching Lessons (min. 5 lessons to be taken for internal grading)

7.3.11 ANNUAL FEE STRUCTURE

Each candidate shall pay the fee as given in **Annexure – VIII.**

7.3.12 UNIFORM

The students of PGDSC will be required to possess the uniform as per University rules. The details of uniform are given in **Annexure – XII.**

**7.3.13 ATTENDANCE**

A candidate must be regular and must normally attend 100% classes. However, a relaxation of 15% may be given for Medical and / or Personal Leave. No further relaxation shall be given and the candidate shall be required to put in at least 85% attendance of the delivered lectures in each subject / sport during the course failing which he/she shall be automatically debarred from appearing in the Final Examination.

7.3.14 AWARD OF POST GRADUATE DIPLOMA IN SPORTS COACHING

A candidate shall be awarded Post Graduate Diploma in Sports Coaching by the Institute on successful completion of the course and having passed in both theory and practicals separately by securing at least 50% marks in each subject/practical/area.