

# MAHARISHI MAHESH YOGI VEDIC VISHWAVIDYALAYA

## DIRECTORATE OF DISTANCE EDUCATION

### MSW

#### First Year

S. No.	Paper Code	Paper No.	Paper
1.	1DMSW1	I	FUNDAMENTALS OF MAHARISHI VEDIC SCIENCE (MAHARISHI VEDIC SCIENCE – I)
2.	1DMSW2	II	HISTORY AND DEVELOPMENT OF SOCIAL WORK
3.	1DMSW3	III	INDIAN SOCIAL STRUCTURE AND SOCIAL PROBLEMS
4.	1DMSW4	IV	HUMAN GROWTH AND PERSONALITY DEVELOPMENT
5.	1DMSW5	V	ORGANIZATIONAL BEHAVIOUR IN SOCIETY

#### Second Year

S. No.	Paper Code	Paper No.	Paper
1.	2DMSW1	I	ADVANCED CONCEPTS OF MAHARISHI VEDIC SCIENCE (MAHARISHI VEDIC SCIENCE – II)
2.	2DMSW2	II	SOCIAL WORK RESEARCH AND STATISTICS
3.	2DMSW3	III	SOCIAL CASE WORK AND GROUP WORK
4.	2DMSW4	IV	SOCIAL WORK ADMINISTRATION AND INFORMATION TECHNOLOGY
5.	2DMSW5	V	MANAGEMENT OF SOCIAL WELFARE AND DEVELOPMENT
6.	2DMSW	VI	PROJECT WORK

# FUNDAMENTALS OF MAHARISHI VEDIC SCIENCE

## (MAHARISHI VEDIC SCIENCE – I)

### PG COURSES

#### UNIT – I

Meaning of Guru Pujan

Name of 1-20 areas of Vedic Science & their expression in Human Physiology, detail with diagram

Consciousness – Characteristics and type

#### UNIT – II

Maharishi's Yoga – Principles of Yoga Asans ,A general Introduction of TM, TM & TM Sidhi Program

Types of Speech

#### UNIT – III

Third law of Thermodynamics, Miessiner Effect, Maharishi Effect

#### UNIT – IV

Introduction to maharishi's Vedic Swasthya Vidhan, Theories of Dincharya & Ritucharya, Theories of Ayurved.

#### UNIT – V

Theory of Invincibility. Introduction to Maharishi Jyotish.

#### **Suggested Readings:**

Maharishi Sandesh -1and 2 , II-His Holiness Maharishi Mahesh Yogijee

Scientific Yoga Ashanas –Dr.Satpal.

Maharishi Sandesh Part I,II

Chetna Vigyan His Holiness Maharishi YogiJee.

Dhyan Shailly by Brahmchari Dr. Girish Ji

# HISTORY & DEVELOPMENT OF SOCIAL WORK

## Unit- I

**(a) Social Work in UK and USA & India:** Evolution and Development Introduction, History of Social Work in U.K. History of Social Work in U.S.A.

**(b) Social Work Profession in India: Evolution and Development:** Introduction, Social Work in Ancient and Medieval Period, Social Work during the British Period, Social Work after Independence, Future Trends.

## Unit-II

Social Reform movement change Evolution Progress, Development, Social movement ,Revolution . Difference between Social Reform and Socialism, Minimum Requirement for Social reform. Social Reform and Social Work.

Introduction, Strategy of social Reform, characteristics of Social Change, Sources of Social and Cultural change, Pattern or kinds of social change, Factors of Social change.

Theories of social change: Evolution theory, Cyclical Theory, Conflict theory

## Unit III

Definitions concept and scope of social work, forms of social work and its Evolution, social work and its other Related Concepts, Methods of social work, objectives of social work, Philosophy of social work, other institution / Agencies related with social work, classification of Institution/ Agencies.

**Philosophy of Social Work in India:** Introduction, Concept & Nature of Social work. Philosophy Underlying Social Work, Goals of Social works, Values in Social work. Social work – Principles , Social Work Skills, Social work Functions, The Field of Social work, New and Emerging Fields.

## Unit IV

**Social Work as a Profession:** Introduction, Social work in India, Social work in India Social work in the 21<sup>st</sup> Century, Future Perspectives and Tasks Ahead, Objectives of Field Work.

Social work and the other social Science, (social work and Job Prospects)

Social work and sociology, Social work and Psychology, Social work and Social Psychology, Social work and Anthropology, Social work and Economics. Social work and Political Science, Social work and Law, Social work and statistics.

## Unit V

**Social welfare Administration:** Meaning, Definition, Nature, Characteristics, Objectives, Principles, Major Fields of Social welfare administration, Basic knowledge for social welfare administrator.

**Social work Research:** Difference between Social work research and social research, Definition of Social work research, Type of Social work Research, Steps of Research, Areas of Social work research.

## Reference Books:-

1. Social work by Dr. Surender Sing ,New Royal Book Co. Lakhnow . UP
2. Social work By Dr. G.R. Madan ,Vivek Parkashan, Delhi
3. Social by concepts and Theories By Dr. J.P. Singh ,PHI Learny Pvt. Ltd. Delhi

## INDIAN SOCIAL STRUCTURE AND SOCIAL PROBLEMS

### Unit-I

**Indian Social Structure :** Scope of Sociology, Nature of Human Society Approaches to the Study of Society, The Scope of Sociology : A First Example Functional Approach to the Study of Society, Human vs Animal Society, Role of Culture.

**Elements of Society:** Community, Associations, Institutions Social Group.

### Unit-II

Meaning of, Concept, Definition, Characteristics of Social organization. Concept, Definition of Social Disorganization, Social disorganization as a Process. Distinction / Difference between Social Organization and Disorganization, Symptoms of social disorganization, Main factors of social disorganization, Cause of social disorganization in India

### Unit-III

Meaning, Definition, cause of Personal Disorganization. Difference between social and Personal disorganization, Relation between social and Personal disorganization, major form of Personal Disorganization in India, Family Disorganization in India. Meaning and causes of community disorganization .

### Unit-IV

Concept ,Meaning, Definition, Nature, measurement and Types of Social Problem.

Major Social Problem in India:-Casteism, communalism , Regionalism, Corruption in Public life, youth Activism, Terrorism, Population growth, Poverty, unemployment, Crime, Juvenile delinquency, Alcoholism and Drug Addiction, Sexual, Child Labor, while collar Crime ,Inter- generation conflict, Gender difference and women welfare .

### Unit-V

Social Reconstruction and social Planning: Democratic welfare state, what is planning, Need of Planning, approaches to Planning, Techniques employed in planning. Importance Planning in India.

Introduction welfare Agencies: History of international social welfare, YMCA, YWCA, WHO, Activities of WHO in India, India and International Labor office .

Community Development Schemes: Definition, Aims, organization of community development schemes. community development and National Extension services. Present time rural Development Programmes SGSY, NRLM, DPAP, IWDP, ARWSP, NRHM, NPFW, National social help programme , Role of community Development Programming Rural reconstruction.

### Ref. Books:-

1. Social Problems by Dr. Ramnder Nath, Vivek Parkahan ,Delhi
2. Social work By Dr. G.R. Madan ,Vivek Parkashan, Delhi

# HUMAN GROWTH AND PERSONALITY DEVELOPMENT

## Unit-I

Nature and Principles of Growth and development, Dimensions of Development , Developmental Tasks .

## Unit-II

Meaning of Personality, measurement of Personality ,Theoretical Approaches to personality, Methodological view-points, idiographic and Nomothetic Approaches, Data of Personality Psychology, Trait Approach : A general interpretation.

## Unit-III

Role of Hereditary in Personality Development, Environment influence in Molding the Personality Role of Socialization and child Rearing Practices in Development

## Unit-IV

Fundamentals of Personality Theory: Nature, elements, Historical Background and Criteria of Evaluating personality Theories.

Sigmund Freud Psychoanalytic Theory, Jung's Analytical Theory, Erik Erikson: Psychosocial Theory ,Gordon All port: Trait Theory, B.F. Skinner: Behaviouristic- Learning Theory, Five- Dimensional Model, Miller & Dollard: Stimulus Response Theory and Eastern Personality Theory of Personality.

## Unit-V

Intelligence: History, Definition of intelligence, intelligence Quotient (IQ), General intelligences factor (g), Historical psychometric theories: Cattell Horn- Carroll Theory, Multiple intelligences, Triarchic Theory of intelligence, PASS Theory of intelligence, Piagets theory and Neo- piagetian Theories. Emotional intelligence, Social intelligence, Animal and Plant intelligence, Artificial Intelligence.

## Reference Books:-

The Psychology of Personality by Dr. Arun Kumar Singh ,Motilal Banarridass

# ORGANIZATIONAL BEHAVIOUR IN SOCIETY

## Unit-I

Organization: Meaning, Nature, Criteria, Characteristics, types of Organization. Formal organization, informal organization, Functions & management of informal organization.

Organizational Structure: Meaning, characteristics, types, goal of organizational structure .

## Unit-II

Organizational Behaviour: History , Definition, Nature, characteristics organizational Behavior .Challenges, Scope and Elements of organizational Behavior, Approaches for understanding organizational Behavior. Organizational Contact and work stress.

## Unit-III

Theories of organization: Classical Theory: Components, characteristics, Merits and Demerits. Neo-classical theory or Human Relations Approach: Postulates, Evaluation, Merits & Demerits. Modern Theory or System Theory: Assumptions, Evaluation .Theory X and Theory Y.

## Unit-IV

Group and group Behaviour Meaning, Type & formation of group, Factors of group change ,collective Behavior : Meaning and Nature of collective Behavior ,Crowd, Public, Mass and Social Movement behaviour, The Psychology of Audience.

Theories developed to explain Crowd behavior. Contagion Theory, Convergence, Emergent Norm and Complex Adaptive system theory.

## Unit-V

Communication and information communication Technology: meaning, nature, objectives or goal, types ,role ,direction of the flow, media of communication. patterns, Network or models of communication. Patterns of informal communication. Effective communication, barriers to effective communication. IT, role of IT in different walks of Life, Role of IT in business organization ,Role of IT in manufacturing and defense services.

## Reference Books:-

Organizational Behaviour By Dr. Mohamad Sulaiman ,Dr. Dinah Kumar Moti Lal Banarsi Dass

## **M.S.W. FINAL YEAR**

### **ADVANCED CONCEPTS OF MAHARISHI VEDIC SCIENCE (MAHARISHI VEDIC SCIENCE –II)**

#### **PG COURSES**

#### **UNIT – I**

Name of 21-40 areas of Vedic Science & their expression in Human Physiology and detail with diagram.  
Consciousness, types of consciousness, characteristics of higher stages of consciousness.

#### **UNIT – II**

Introduction to Maharishi Gandharva Veda  
Introduction to Maharishi Sthapatya Ved

#### **UNIT – III**

Introduction to Maharishi Vedic Management  
Fundamental Elements of Vedic Management:- Totality  
Ideal Management in Indian Society (Ashram Vavstha :Cast, Religious)  
Management Science and Art.

#### **UNIT – IV**

Maharishi Absolute theory of Defence.  
Maharishi Absolute theory of Development.  
Maharishi Absolute theory of Information.

#### **UNIT – V**

Maharishi's Swasthya Vidhan.  
Scientific Research based on T.M. & T.M. Sidhi Programme.

#### **Suggested Readings:**

Maharishi Sandesh -I and 2 , II-His Holiness Maharishi Mahesh YogiJee  
Scientific Yoga Ashanas –Dr.Satpal.  
Chetna Vigyan His Holiness Maharishi YogiJee.  
Dhyan Shailly by Brahmchari Dr. Girish Ji

# **SOCIAL WORK RESEARCH AND STATISTICS**

## **UNIT – I**

Nature of Scientific method: Application to social phenomenon; nature importance and Scope of social Research. Social Work Research: Nature, objectives, functions.

## **UNIT – II**

Types of Social Survey and Research. Major Steps in Social Survey and Research. Methods and Techniques of Data Collection.

## **UNIT – III**

Sampling: Types & Techniques . Research Design and its types.

## **UNIT – IV**

Importance , scope and Limitation of statistics. Graphic and Diagrammatic Presentation.

## **UNIT – V**

Study of Units of Analysis :(a) Ratios (b) Percentage. Measures of Central Tendency :

(a) Mean (b) Median (c) Mode. Measures of Dispersion :(a) Regression (b) Quartile Deviation (c) Mean Deviation (d) Standard Deviation. Correlation and their measures.



# **SOCIAL CASE WORK AND GROUP WORK**

## **UNIT – I**

Social Case Work as a method of profession Social. Work Need. Concept objectives and scope. Components of Social Case Work the client the problem, the agency the process and their relationship to one another.

## **UNIT – II**

Basic Concepts of Social Work: Social status and role, ego and adaptation. Generic principles of social work as application to social case work.

## **UNIT – III**

The Group: Definition types and characteristics, group dynamics and significance. Social group work as a method of social Work Concept, objectives and characteristics.

## **UNIT – IV**

Programme planning and development process in Social group work practice.

## **UNIT – V**

Leadership meaning types, Development of Leadership through group work process.

# **SOCIAL WORK ADMINISTRATION AND INFORMATION TECHNOLOGY**

## **UNIT – I**

Establishment and registration of social welfare organizations and practices for administration under societies Registration Trust Act. Charity and Endowment Act. Management of human resources through boards, committee workshops and conference

## **UNIT – II**

Project designing in Social Welfare Organizations: Meet principles and procedure of project formulation. Utilization of Financial resources: Grant in – Aid - Purp Principles and procedure.

## **UNIT – III**

Public Relations: Need, concept, objectives and scope. Research, planning and techniques of public relations, with special reference to relations with media.

## **UNIT – IV**

Administration as a group process: Leadership in Administration; Decentralization of power. Monitoring, evaluation and accountability: Presentation of reports.

## **UNIT – V**

Information Technology and computer Application: Basic computer concepts- computer process, input and output devices, Word and Data Processing.

Concepts of Data Base Management system (DBM) and Management information System (MIS). System analysis and design . Project management.

# MANAGEMENT OF SOCIAL WELFARE AND DEVELOPMENT

## UNIT – I

Management concept, need objectives, nature and scope. Important of management in an organization, elements of management .

## UNIT – II

The art and science of management: theories & principles of management . Human resource management and development: Concept , need, objectives nature and scope.

## UNIT – III

Planning: Concept, objectives, techniques; Strategic and Operational models. Decision making : Time and human relationships in decision making, Programmed and non-programmed decisions, the national model of decision making.

## UNIT – IV

Organization, Concept, the building blocks of organization, Power and distribution of authority. Leadership, motivation teams and teams work in an organization.

## UNIT – V

Process of controlling in an organization . need meaning and steps of control. Identification of key performance areas and strategic control points. Application of principles and techniques of management sciences in the field of social welfare and development in India.