

**Department of Studies in Psychology
Courses Offered:**

1.M.Sc. Psychology

COURSE DETAILS- SEMESTER WISE

Sl No.	Semester	Type of the paper	Title of the Paper	Credit Pattern			Credit Value
				L	T	P	
1.	Semester 1	Hard Core	Advanced Cognitive Psychology	3	1	2	6
2	Semester 1	Hard Core	Test construction and standardization	2	1	1	4
3	Semester 1	Hard Core	Basic genetics, Evolution, and Behavior	2	1	0	3
4	Semester 1	Soft Core	Childhood Psychopathology	2	1	1	4
5	Semester 1	Soft Core	Psychological Assessment	2	0	1	3
6	Semester 1	Soft Core	Organizational Behavior	2	1	1	4
7	Semester 1	Soft Core	Human Resource Training and Development	2	0	1	3
8	Semester 2	Hard Core	Advanced Statistics	2	1	1	4
9	Semester 2	Hard Core	Advanced Research Methodology	2	1	1	4
10	Semester 2	Soft Core	Adult Psychopathology				
11	Semester 2	Soft Core	Clinical Assessment	2	1	1	4
12	Semester 2	Soft Core	Human Behavior and Counseling at Work	2	1	1	4
13	Semester 2	Soft Core	Human Resource Management	2	1	1	4
14	Semester 2	Open Elective	From other departments				4
15	Semester 3	Hard Core	Learning Theories	3	1	2	6
16	Semester 3	Hard Core	Perspectives in Personality	2	1	1	4

17	Semester 3	Soft Core	Social Evolution: Principles and Mechanisms	2	1	0	3
18	Semester 3	Soft Core	Social Evolution: Social species	2	0	1	3
19	Semester 3	Soft Core	Psychotherapy	3	0	0	3
20	Semester 3	Soft Core	Organizational Development	3	0	0	3
21	Semester 3	Soft Core	Research Preparation	0	3	0	3
22	Semester 3	Open Elective	From other departments				4
23	Semester 4	Hard Core	Dissertation	0	8	0	8
24	Semester 4	Hard Core	Field work	0	6	0	6
25	Semester 4	Soft Core	Animal Behavior: Research Methodology	0	4	0	4
26	Semester 4	Soft Core	Psychology: Indian perspectives	3	0	1	4
27	Semester 4	Soft Core	Counseling Psychology	2	1	1	4

AB – ANIMAL BEHAVIOR CP – CLINICAL PSYCHOLOGY OP – ORGANIZATIONAL PSYCHOLOGY

1.	Semester 1	Hard Core	Advanced Cognitive Psychology	3+1+2=6
-----------	-------------------	------------------	--------------------------------------	----------------

Unit 1: Introduction to Cognitive Psychology and Cognitive Science

Unit 2: Attention, Consciousness and Memory

Unit 3: Language and Brain

Unit 4: Reasoning and Future directions in Cognitive Psychology

Books:

Cognitive Psychology: Applying the science of mind 2nd Edition- Bridget Robinson-Riegler & Greg L. Robinson-Riegler. Pearson Education, New Delhi, 2008.

Cognitive Psychology: A Student's Handbook, 6th Edition - Michael W. Eysenck, and Mark T. Keane. Taylor and Francis Inc., New York, 2005.

Cognitive Psychology: Connecting mind, research, and everyday experience (2nd edition). - Goldstein, E. B. Thomson/Wadsworth, 2008.

2	Semester 1	Hard Core	Test construction and standardization	2	1	1	4
---	------------	-----------	---------------------------------------	---	---	---	---

Unit-1: Functions, origins, and application of psychological testing

Unit-2: Item development and item validation

Unit-3: Development of norms and the meaning of test scores

Unit-4: Reliability and Validity of tests

Books:

Psychological Testing – Anne Anastasi and Susana Urbana, New Delhi: Pearson Education. 7th edition,

Psychological Testing- Principles, Applications and Issues – Robert M. Kaplan & Dennis P. Saccuzzo.

New Delhi: Cengage Learning India Pvt. Ltd. 2009. 6th Edition.

3	Semester 1	Hard Core	Basic genetics, Evolution, and Behavior	2	1	0	3
---	------------	-----------	---	---	---	---	---

Unit-1: Diversity of life; Structure of genes; Protein synthesis; Cell division

Unit-2: Mendel and post Mendelian developments

Unit-3: EVOLUTION

Unit-4: Behavior genetics – Introduction; Methods.

Book:

Genetics – Monroe W. Strickberger, New Delhi: Prentice Hall India, 2004. 3rd Edition

4	Semester 1	Soft Core	Childhood Psychopathology	2	1	1	4
---	------------	-----------	---------------------------	---	---	---	---

Unit-1: Attention Deficit Disorder; Oppositional Defiant and Conduct Disorder-causes and management

Unit-2: Childhood Anxiety and Depression Disorders; Enuresis, Encopresis, Sleep walking- Causes and

Management

Unit-3: Learning Disability; Autism-causes and management

Unit-4: Mental Retardation-Types, Classifications-causes, prevention and Management

Books;

C.R. Carson, J.N. Bitcher, S.Mineka and J.M. Hookey (2007). Abnormal Psychology 13th, Pearson

Education,

D.A. Barlow and V.M. Durand (2004) Abnormal Psychology Wadsworth; Thompson Learning, 3rd edition USA

5	Semester 1	Soft Core	Psychological Assessment	2	0	1	3
---	------------	-----------	--------------------------	---	---	---	---

Unit-1: Psychological Assessment - Concept and process

- a. Meaning and definition of the term assessment; value and nature of psychological assessment.
- b. Psychological assessment and the nature of measurement: situational versus trait-like responses; classifying behaviour through measurement.
- c. The Process of Psychological Assessment: Identifying the problem; selecting and implementing the assessment tools.

Unit-2: Assessment through interview

- a. The assessment interview: history and development; issues related to reliability and validity; assets and limitations
- b. The assessment interview and case history; mental status examination
- c. Structured clinical interview; integrated semi-structured interview
- d. Interpreting interview data

Unit-3: Behavioural assessment

- a. History and development; issues related to reliability and validity; assets and limitations
- b. Strategies of behavioural assessment
- c. Self-report inventories

Unit-4: Assessment contexts and related issues

- a. Assessment contexts and referral questions: psychiatric, general medical; legal;

- vocational; psychological
- b. Guidelines and cautions for using tests
- c. Selecting psychological tests; maximizing clinical judgment
- d. Computer assisted assessment

Books:

Beutler L.E. & Groth-Marnat, G. (2003). *Integrative assessment of adult personality (2nd edn.)*. New York: The Guilford Press.

Groth-Marnath, G. (2003). *Handbook of Psychological Assessment (4th edn.)*. John Wiley & Sons.

Hoghghi, M. (1992). *Assessing child and adolescent disorders: A practice manual*. New Delhi: Sage Publications.

	Semester 1	Soft Core	Organizational Behavior	2	1	1	4
--	-------------------	------------------	--------------------------------	----------	----------	----------	----------

Unit-1: Introduction to Organizational Behavior

Unit-2: Motivational needs and processes: Theories

Unit-3: Dynamics of Organizational Behavior: Communication, Decision Making, Stress and conflict

management

Unit-4: Managing & Leading High performance: Leadership and teams

References:

1. Fred Luthans (2010): Organizational behavior. McGraw-Hill, New York.
2. Stephens P Robbins (2010): Organizational Behavior, 12th Ed. Prentice Hall, India.
3. Udai Pareek (2008): Understanding Organizational Behavior, Oxford University Press, India.

7	Semester 1	Soft Core	Human Resource Training and Development	2	0	1	3
----------	-------------------	------------------	--	----------	----------	----------	----------

Unit-1: Introduction & Scope of Training and development

Unit-2: Need Assessment, Training Design & Implementation

Unit-3: Evaluating the training Effectiveness

Unit-4: Training Methods and techniques; Trainers as Change agents

References:

George Bohlander, Scott Snell (2010): Managing human resources. South-western Cengage Learning, USA.

Udai Pareek (2008): Understanding Organizational Behavior, Oxford University Press, India.

K. Ashwathappa: Human Resource and Personnel Management, Tata McGraw Hill, New Delhi.

Udai Pareek (2002): Training Instruments in HRD and OD, Tata McGraw Hill, New Delhi.

8	Semester 2	Hard Core	Advanced Statistics	2	1	1	4
---	------------	-----------	---------------------	---	---	---	---

Unit-1: Probability, Binomial and Normal Distribution and Hypothesis Testing

Unit-2: Correlation and Regression

Unit-3: Hypothesis testing; Z test; T test; ANOVA (One Way and Two Way); ANCOVA; Chi Square

Unit -4 Nonparametric Statistics

Book:

Statistics for Psychology – Arthur Aron, Elaine Aron, Elliot J. Coups. 4th Edition – New Delhi: Pearson

Education, 2007.

9	Semester 2	Hard Core	Advanced Research Methodology	2	1	1	4
---	------------	-----------	-------------------------------	---	---	---	---

Unit-1: General Principles of Research

Unit-2: Types of Research Designs

Unit-3: Analyzing and reporting results – Quantitative methods

Unit-4: Analyzing and reporting results - Qualitative methods

Book:

Research design and methods – A process approach. 5th Edition.

Kenneth S. Bordes & Bruce - New York: Tata-McGraw Hill, 2002.

Rethinking methods in Psychology.

Jonathan A. Smith, Rom Harré & Luk Van Langenhove. New Delhi: Sage Publications, 1995.

10	Semester 2	Soft Core	Adult Psychopathology				
-----------	-------------------	------------------	------------------------------	--	--	--	--

Unit-1: Theories and Models of Anxiety Disorders- GAD, OCD, Phobia, Panic

Unit-2: Theories and Models of Somatization, Somatoform, Dissociative Disorders

Unit-3: Theories and Models of Mood Disorders

Unit-4: Theories and Models of Schizophrenia and Delusional disorders

Books;

C.R. Carson, J.N. Bitcher, S.Mineka and J.M. Hooley (2007). Abnormal Psychology 13th, Pearson Education,

D.A. Barlow and V.M. Durand (2004) Abnormal Psychology Wadsworth; Thompson Learning, 3rd edition USA

C. Eisdorfer et.al. Models for Clinical Psychopathology. MTP press ltd

11	Semester 2	Soft Core	Clinical Assessment	2	1	1	4
-----------	-------------------	------------------	----------------------------	----------	----------	----------	----------

Unit-1: Assessment of cognitive functions

- A) Attention and concentration
- B) Memory functions
- C) Verbal, non-verbal, emotional, and performance intelligence

Unit-2: Assessment of personality - general

- A) Personality structure
- B) Defensive structure and coping mechanisms
- C) Interpersonal relationships
- D) Health and well-being

Unit-3: Integrative Personality Assessment in specific settings

- A) Working in special settings – Forensic, correctional, psychiatric, general medical, vocational, etc.
- B) Specific test differences – MMPI 2, Rorschach, Basic referral questions
- C) Case examples (For discussion in Tutorials)

Unit-4: The integrated psychological report

- A) Research and practical considerations
- B) Components of the psychological report and the use of computers in report writing
- C) Examples of the case reports (For discussion in Tutorials)

Books:

Beutler L.E. & Groth-Marnat, G. (2003). *Integrative assessment of adult personality (2nd edn.)*. New York: The Guilford Press.

Groth-Marnath, G. (2003). *Handbook of Psychological Assessment (4th edn.)*. John Wiley & Sons.

Hoghugh, M. (1992). *Assessing child and adolescent disorders: A practice manual*. New Delhi: Sage Publications.

12	Semester 2	Soft Core	Human Behavior and Counseling at Work	2	1	1	4
----	------------	-----------	---------------------------------------	---	---	---	---

Unit-1: Basic Human Processes

Unit-2: Personality- Neo-analytic/Ego and Cognitive Perspectives

Unit-3: Coping with Organizational Life – Emotions and Stress

Unit-4: Employee Counseling and Psychotherapy

Books:

Human Behavior at work 12th Ed. Keith Davis. Tata McGraw Hill, 2007

Behavior in Organizations 9th Ed. Jerald Greenberg, Robert Baroon. Prentice Hall Pub., 2007

Counseling and Psychotherapy Theories and Interventions 4th Ed. David Capuzzi, Douglar, R. Cross. New Delhi: Pearson Education, 2008

Introduction to Counseling and Guidance 6th Ed. Robert L. Gibson, Marianne H.M. Itchell, New Delhi: Pearson Education.

Psychology and Work today 8th Ed. Duane Schultz, Sydney Ellen Schultz. Prentice Hall, 2001

13	Semester 2	Soft Core	Human Resource Management	2	1	1	4
----	------------	-----------	---------------------------	---	---	---	---

Unit-1: Scope, functions and related concepts

Unit-2: Meeting Human Resources requirements : Job Analysis & Design

Unit-3: HR Planning and recruitment

Unit-4: The Challenges of HRM: Indian & Global

References:

George Bohlander, Scott Snell (2010): Managing human resources. South-western Cengage Learning, USA.

Mike Losey, Dave Ulrich, Sue Meisinger (2005): The future human resource management. John Wiley & Sons, Inc., Canada.

Pawan S. Budhwar, Jyotsna Bhatnagar (2009): The Changing face of people management in India. Routledge, New York.

14	Semester 2	Open Elective	From other departments				4
----	------------	---------------	------------------------	--	--	--	---

From other departments

15	Semester 3	Hard Core	Learning Theories	3	1	2	6
----	------------	-----------	-------------------	---	---	---	---

Unit-1: Functionalistic Theories

Unit-2: Associationistic Theories

Unit-3: Cognitive Theories

Unit-4: Biological Theories

Book:

Introduction To Theories Of Learning Hergenhahn - New Delhi: Pearson Education 2008

16	Semester 3	Hard Core	Perspectives on Personality	2	1	1	4
----	------------	-----------	-----------------------------	---	---	---	---

Unit-1: Psychodynamic perspective

Unit-2: Humanistic perspective

Unit-3: Cognitive perspective

Unit-4: Eastern perspective

Book:

Robert Frager & James Fadiman (2007). *Personality and personal growth*. New Delhi: Pearson Education. 6th edition.

17	Semester 3	Soft Core	Social Evolution: Principles and Mechanisms	2	1	0	3
----	------------	-----------	---	---	---	---	---

Unit-1: Concepts of population biology

Unit-2: Group selection and altruism

Unit-3: Social communication; aggression and spacing

Unit-4: Sexual selection and parental care

Book:

Sociobiology – E. O. Wilson. Harvard University Press, 2000.

18	Semester 3	Soft Core	Social Evolution: Social species	2	0	1	3
----	------------	-----------	----------------------------------	---	---	---	---

Unit-1: Colonial microorganisms and social insects

Unit-2: Birds and non-primate mammals

Unit-3: Nonhuman primates

Unit-4: Human sociobiology

Book:

Sociobiology- E. O. Wilson. Harvard University Press, 2000

19	Semester 3	Soft Core	Psychotherapy	3	0	0	3
----	------------	-----------	---------------	---	---	---	---

Unit-1: Psychoanalytic Technique

Unit-2: Techniques based on Counter Conditioning.

Unit-3: Techniques based on Operant conditioning

Unit-4: Techniques based on Cognitive Behavioral Approaches: Beck, Ellis

Books

D. Capuzzi & D. R. Gross: *Counseling and Psychotherapy- Theories and interventions*. 4th Edition. New Delhi: Pearson Education, 2008.

L.R. Woolberg, (1998). *The Techniques of Psychotherapy*. Grune and Stratton, Hargour Brace.

Colin Feltman and Ian Horton, (Eds) (2000) *Handbook of Counseling and Psychotherapy* Sage Publications. Indian Limited, New Delhi.

A.E. Bergin, et.al (1971). *Hand book of Psychotherapy and Behavior Change*. John Wiley and Sons. New York.

B.N. Slife, *Critical Issues in Psychotherapy*. R.N. Williams and S.A. Barlow (Eds) (2001). Sage Publications India Limited, New Delhi.

20	Semester 3	Soft Core	Organizational Development	3	0	0	3
----	------------	-----------	----------------------------	---	---	---	---

Unit-1: Introduction to Organizational Behavior

Unit-2: Motivational needs and processes: Theories

Unit-3: Dynamics of Organizational Behavior: Communication, Decision Making, Stress and conflict management.

Unit-4: Managing & Leading High performance: Leadership and teams

References:

Fred Luthans (2010): Organizational behavior. McGraw-Hill, New York.

Stephens P Robbins (2010): Organizational Behavior, 12th Ed. Prentice Hall, India.

Udai Pareek (2008): Understanding Organizational Behavior, Oxford University Press, India.

21	Semester 3	Soft Core	Research Preparation	0	3	0	3
----	------------	-----------	----------------------	---	---	---	---

22	Semester 3	Open Elective	From other departments				4
----	------------	---------------	------------------------	--	--	--	---

From other departments

23	Semester 4	Hard Core	Dissertation	0	8	0	8
----	------------	-----------	--------------	---	---	---	---

24	Semester 4	Hard Core	Field work	0	6	0	6
----	------------	-----------	------------	---	---	---	---

25	Semester 4	Soft Core	Animal Behavior: Research Methodology	0	4	0	4
----	------------	-----------	---------------------------------------	---	---	---	---

Unit-1: Introduction and research designs

Unit-2: Data collection methods

Unit-3: Data collection equipment

Unit-5: Vegetation and population sampling

Book:

Hand Book of Ethological Methods – P. N. Leher. Cambridge University Press, 1996.

26	Semester 4	Soft Core	Psychology: Indian perspectives	3	0	1	4
----	------------	-----------	---------------------------------	---	---	---	---

Unit-1: Introduction:-

Indigenous perspectives in Psychology and their contemporary relevance

Origin and development of Indian Psychology-Historical and Contemporary trends

Philosophical basis and fundamental assumptions of Indian Psychology

Unit-2: Concepts and perspectives on Human nature:-

Self, identity, and personality

Consciousness and mental functions

Dynamics of human action

Unit-3: Farther reaches of human nature:-

Potentials for transcendence and transformation

Higher states of consciousness

Characteristics of evolved human beings

Unit-4: Applications of Indian perspectives:-

For promotion of health and well-being

For educational attainments

For better governance and living

References:

Cornelissen, M. (2001). *Consciousness and its Transformation*. Sri Aurobindo Ashram, Pondicherry: Sri Aurobindo International Centre for Education.

Cornelissen, R. M.M., Misra, G., Varma, S. (2011). *Foundations of Indian Psychology: Concepts and Theories* (Vol. 1). New Delhi: Pearson.

Cornelissen, R. M.M., Misra, G., Varma, S. (2011). *Foundations of Indian Psychology: Practical applications* (Vol. 2). New Delhi: Pearson.

Joshi, K. & Cornelissen, M. (2004). *Consciousness, Indian Psychology and Yoga*. New Delhi: Centre for Studies in Civilizations, 36, Tughlakabad Institutional Area, 110055.

Misra, G. & Mohanty, A. K. (2001). *Indigenous Perspectives in Psychology*. New Delhi: Concept Publishing Co.

Rao, K. R. & Marwaha, S. B. (Eds.) (2005). *Towards a spiritual psychology: Essays in Indian Psychology*. New Delhi: Samvad India Foundation.

Rao, K. R., Paranjpe, A.C., Dalal, A. K. (Ed.) (2008). *Handbook of Indian Psychology*. New Delhi: Cambridge University Press of India.

Rao, S. K. R. (1962). *Development of Psychological Thought in India*. Mysore: Kavyalaya Publishers.

Books:

Coster, G. (1998). *Yoga and Western Psychology*. Delhi: Motilal Banarsi Dass Publishers Pvt. Ltd.

Dalal, A. S. (2001). *An introduction to the psychological thought of Sri Aurobindo- A Greater Psychology*. Pondicherry: Sri Aurobindo Ashram.

Dalal, A. S. (2007). *Sri Aurobindo and the Future Psychology (Supplement to A Greater Psychology)*. Pondicherry: Sri Aurobindo Ashram.

- Grof, S. (2000). *Psychology of the Future*. New York: SUNY Press.
- Kalghatgi, T. G. (1961). *Some Problems in Jaina Psychology*. Dharwad: Karnatak University.
- Kalupahana, D. J. (1992). *The Principles of Buddhist Psychology*. Delhi: Sri Satguru Publications.
- Kiran Kumar, S. K. (2002). *Psychology of Meditation: A contextual approach*. New Delhi: Concept Publishing Co.
- Mehta, M. L. (2002). *Jaina Psychology: Introduction*. Varanasi: Parshvanath Vidyapeeth.
- Rhys Davids, C. A. F (1914). *Buddhist Psychology*. London: G. Bell and Sons Ltd.
- Safaya, R. (1975). *Indian Psychology: A critical and historical analysis of the psychological speculations in Indian philosophical literature*. New Delhi: Munshiram Manoharlal Publishers Pvt. Ltd.
- Salagame, K.K.K. (2011). Indian Indigenous Concepts and Perspectives: Developments and Future Possibilities.
- In G. Misra (Ed.) *Psychology in India, Vol. 4. : Theoretical and Methodological Developments* (ICSSR Survey of Advances in Research) (p. 93-172). New Delhi: Pearson.
- Salmon, D & Maslow, J. (2007). *Yoga Psychology and the Transformation of Consciousness: Seeing through the eyes of infinity*. St. Paul, MN., USA: Paragon House.
- Seal, B. (1958). *The Positive Sciences of the Ancient Hindus*. Delhi: Motilal Banarsi Dass.
- Sen, I. (1998). *Integral Psychology: The Psychological System of Sri Aurobindo*. Pondicherry: Sri Aurobindo International Centre for Education.
- Srivastava, S. P. (2001). *Systematic Survey of Indian Psychology*. Bahadurgarah, India: Adhyatma Vijanana Prakashan.
- Taimni, I. K. (1973). *Glimpses into the Psychology of Yoga*. Adyar, Madras: The Theosophical Publishing House.
- Veereshwar, P. (2002). *Indian Systems of Psychotherapy*. Delhi: Kalpaz Publications.

Vrinte, J. (1996). *The Quest for the Inner Man: Transpersonal Psychotherapy and Integral Sadhana*. Pondicherry, India: Sri Mira Trust.

27	Semester 4	Soft Core	Counseling Psychology	2	1	1	4
----	------------	-----------	-----------------------	---	---	---	---

Unit-1: Introduction to counseling psychology

Unit-2: Individual counseling – approaches and techniques

Unit-3: Group counseling – approaches and techniques

Unit-4: Counseling for career planning and decision making

Books:

Introduction to Counseling and Guidance. 6th Edition

Robert L. Gibson & Marianne H. Mitchell. New Delhi: Pearson Education, 2006.

Counseling and Psychotherapy- Theories and interventions. 4th Edition. D. Capuzzi & D. R. Gross: New Delhi: Pearson Education, 2008.

Open electives for other department students

Semester 2	Basic Psychological Processes	3 + 1 + 0 = 4	4
------------	-------------------------------	---------------	---

Unit-1:

Attention: Meaning and definition, determinants of attention, Phenomenon of attention-span, set

distraction, fluctuation and division. **Perception:** Meaning and definition, characteristics, laws of perceptual organization, errors in perception.

Unit-2:

Learning Definition and Theories of learning; Trial and error learning, Classical conditioning, operant conditioning. **Reinforcement-** Meaning and principles of reinforcement, extinction and spontaneous recovery.

Unit-3:

Memory- Meaning, Short term and long term memory. Improvement of memory.

Forgetting- Normal and abnormal forgetting, causes of forgetting

Unit-4:**Thinking and higher cognitive functions**

Thinking- Meaning and definition. Nature of thinking, types of thinking. Language and thinking. Creativity and problem solving.

References:

Atkinson and Atkinson: Introduction to Psychology. Oxford Press.

Feldman: Understanding psychology 5th Edn. McGraw Hill.

Morgan and King: Introduction to Psychology.

Sundran K. Ciccarelli and Glenn E Meyer: Psychology. Pearson Education.

Semester 3	Discovering Personality	3 + 1 + 0 = 4	4
-------------------	--------------------------------	----------------------	----------

Unit-1: Defining Personality

What, How and Why Growth and Development, Psychopathology and Behavior Change.

Unit-2: The Dynamic Personality

The Trait-Type and Factor Analytic Approach

Unit-3: Perceiving People and Events

Group Behavior, Interpersonal Attraction, Intimate Relationships, Pro-Social Behavior (Helping others).

Books:

Personality: Lawrence A Pervin, 4th Ed. (1984) Pub. John Wiley and Sons, Inc.

Theories of Personality: Calvin S Hall, Gardner Lindzey, John B. Campbell 4th Ed. (1998) Pub. John Wiley and Sons, Inc.

Social Psychology: Stephen L Franzoi 2nd Ed. (2002) Mc Graw Hill

Psychology- In Context: Stephen M Kosslyn 3rd Ed. Robin and Rosenberg (2008), Pearson Education.

Semester 4	Psychology Indian Tradition	3 + 1 + 0 = 4	4
-------------------	------------------------------------	----------------------	----------

Unit-1: Introduction:

Indigenous perspectives in Psychology and their contemporary relevance

Origin and development of Indian Psychology-Historical and Contemporary trends
Philosophical basis and fundamental assumptions of Indian Psychology

Unit-2: Psychological Perspective in Orthodox Traditions

Concepts of consciousness, mind, self, cognition, and motivation and emotion in:

- a. Vedas, Upanishads and Vedanta;
- b. Samkhya- Yoga and
- c. Nyaya- Vaishesika

Unit-3: Psychological Perspectives in Heterodox Traditions

Concepts of consciousness, mind, self, cognition and motivation and emotion in:

- a. Jaina traditions
- b. Buddhist traditions

Unit-4: Psychological Perspectives in other sources

- a. Bhagavad Gita (Characteristics of trigunas; Characteristics of stithaprajna; Anasakti Yoga- Action theory);
- b. Natya Shastra (Characteristics of rasa and bhava);
- c. Ayurveda (Classification of mental disorders and therapy; health and well-being);
- d. Kama Sutra (Sexuality and sexual behavior);
- e. Transpersonal movement in Bhakti tradition and Shaiva dharma;
- f. Integral Psychology of Sri Aurobindo

Books:

Cornelissen, M. (2001). Consciousness and its Transformation. Sri Aurobindo Ashram, Pondicherry: Sri Aurobindo International Center for Education.

Cornelissen, R. M.M., Misra, G., Varma, S. (2001). Foundation of Indian Psychology: Concepts and Theories (Vol. 1). New Delhi: Pearson.

Cornelissen, R. M.M., Misra, G., Varma, S. (2001). Foundation of Indian Psychology: Practical applications (Vol. 2). New Delhi: Pearson.

Misra, G. and Mohanty, A. K. (2001). Indigenous Perspectives in Psychology: Essay in Indian Psychology. New Delhi: Samvad Indian Foundation.

Rao, K. R., Paranjpe, A.C., Dalal, A.K. (Ed.) (2008). Handbook of Indian Psychology. New Delhi: Cambridge University Press of India.

Rao, S. K. R. (1962). Development of Psychological Thought in India. Mysore: Kavyalaya Publishers.

Books for references:

- Coster, G. (1998). *Yoga and Western Psychology*. Delhi: Motilal Banarsi Dass Publishers Pvt. Ltd.
- Dala, A. S. (2001). *An introduction to the psychological thought of Sri Aurobindo- A Greater psychology*. Pondicherry: Sri Aurobindo Ashram.
- Dala, A. S. (2007). *Sri Aurobindo and the Future Psychology (Supplement to a Greater Psychology)*. Pondicherry: Sri Aurobindo Ashram.
- Grof, S. (2000). *Psychology of the Future*. New York: SUNY Press.
- Kalghatgi, T. G. (1961). *Some problems in Jaina Psychology*. Dharwad: Karnatak University.
- Kiran Kumar, S K (2002). *Psychology of Meditation: A contextual approach*. New Delhi: Concepts Publishing Co.
- Mehta, M. L. (2002). *Jaina Psychology: Introduction*. Varanasi: Parshvanth Vidyapeeth.
- Rhys Davids, C. A. F (1914). *Buddhist Psychology*. London: G. Bell and Sons Ltd.
- Safaya, R. (1975). *Indian Psychology: A critical and historical analysis of the psychological speculations in Indian philosophical literature*. New Delhi: Munshiram Manoharlal Publishers Pvt. Ltd.
- Salagame, K.K.K (2011). Indian Indigenous concepts and perspectives: Developments and future possibilities. In G. Misra (Ed.) *Psychology in India, Vol. 4: Theoretical and Methodological Developments (ICSSR Survey of Advances in Research)* (p. 93-172). New Delhi: Pearson.
- Seal, B. (1958). *The Positive Sciences of the Ancient Hindus*. Delhi: Motilal Banarsi Dass.
- Sen, I. (1991). *Integral Psychology: The Psychological System of Sri Aurobindo*. Pondicherry: Sri Aurobindo International Center for Education.
- Srivastava, S. P. (2001). *Systematic Survey of Indian Psychology*. Bahadurgarah, India: Adhyatma Vijnana Prakashan.
- Taimni, I. K. (1973). *Glimpses into the psychology of yoga*. Adyar, Madras: Theosophical Publishing house.
- Veereshwar, P. (2002). *Indian Systems of Psychotherapy*. Delhi: Kalpaz Publications.
- Vrinte, J. (1996). *The Quest for the Inner Man: Transpersonal Psychotherapy and integral Sadhana*. Pondicherry, India: Sri Mira Trust.

2.M.Phil. in Learning Disability

The department offers a Two Semester Full-Time M.Phil. Course in Learning Disability under the University Grants Commission Innovative Programmes for Teaching & Research in Interdisciplinary and Emerging Areas. This is a unique course in the whole nation. The students are trained both in theory and practice. The course follows a multi and interdisciplinary approach with state of the art input in theory and also providing ample hands on experience in assessment and remedial teaching. The research component of the course is also very strong as the students

need to submit a dissertation at the end of the second semester. The course attracts the students from all over the country. The passed out students are equipped to take up higher research or to practice in assessment and remedial setups.