



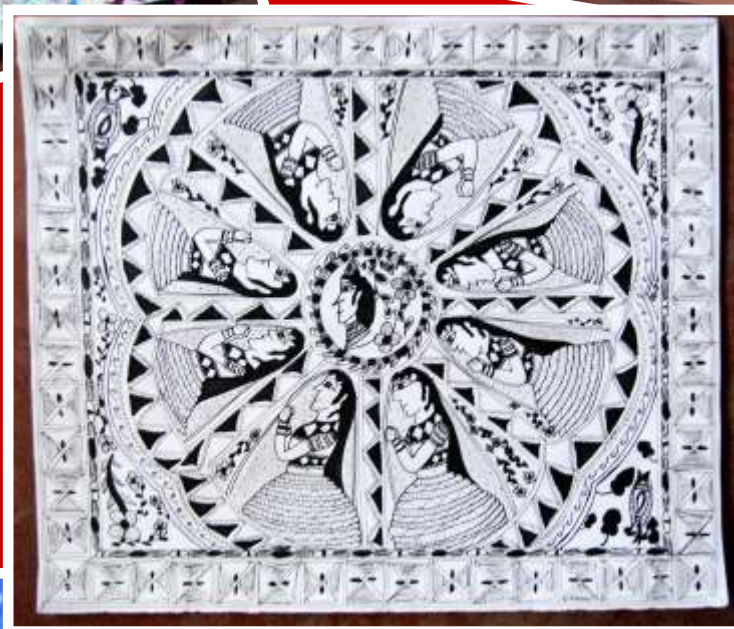
INSTITUTE OF HOTEL MANAGEMENT, BHOPAL

ihm



ADVENT
2009-2010

Cover Page
Suggestions
Drawn by
Students for
"ADVENT"



Message from Governor



Rameshwar Thakur



**RAJ BHAVAN
BHOPAL-462 052**

April 15, 2010

I am delighted to learn that Institute of Hotel Management, Catering Technology & Applied Nutrition, Bhopal is publishing its magazine and issuing it globally for the first time.

Now-a-days, tourism and hospitality has become an important service industry at national and international level. I appreciate the pioneer efforts of the Institute in going Global. I hope that the magazine will prove to be a good guide for national and international tourists and will help in the over all development of the industry.

My best wishes.

A handwritten signature in blue ink that reads "Rameshwar Thakur".

(Rameshwar Thakur)

Message from Chief Minister



Shivraj Singh Chouhan
Chief Minister



Government of Madhya Pradesh
BHOPAL - 462 004

S. No. - 1537 / March 23, 2010

I am happy to learn that the Institute of Hotel Management, Catering Technology & Applied Nutrition, Bhopal is bring out its Magazine.

The Institute Has been established by the Government of India for development of tourism and hospitality industry.

I sincerely hope that the magazine will be helpful in achieving the goals for which the institute has been established.

(Shivraj Singh Chouhan)

Message from Tourism Minister



dekh I sytk
Kumari Selja

i ; Mu e=h
, oe-
vkokl vkj 'kgjh xjhch mi 'keu e=h
Hkkjr I jdkj
i fjogu Hkou] ubzfnYyh& 110001

**Minister of Tourism
and
Minister of Housing & Urban Poverty Alleviation
Government of India
Transport Bhawan, New Delhi – 110001**

I am happy to know that an Annual Magazine is being brought out by the Institute of Hotel Management, Bhopal. Development of Human Resource in Tourism and Hospitality Sector is extremely important to meet the growing demand fueled by the exponential growth in the Sector. While enhancing the capacity of skilled workforce available in this sector, there is a need for upholding standards and quality of education. I hope the high benchmark being set up by the students of the Institute will be maintained.

I am confident that the maiden Annual Magazine being brought-out by the Institute will be a source of inspiration for the students.

(Kumari Selja)

New Delhi
7th April, 2010

Message from Principal Tourism Secretary



IQBAL SINGH BAINS

Principal Secretary to Chief Minister
Aviation & Tourism



**Mantralaya, Ballabh Bhawan,
Bhopal -462 004**

Phone : 0755-2441314 (O)

0755-2441538 (R)

Fax : 0755-2441781

D.O. No. 356/ 10 / 33

Date : 15/3/2010

My Best wishes to the Institute of Hotel Management, Catering Technology & Applied Nutrition, Bhopal for bringing out the Annual Magazine in April 2010.

The Institute of Hotel Management, Bhopal, over the years, has maintained its reputation of imparting quality education leading to successful placement of the students in top Hotels at National and International levels.

We have been meticulously inculcating a sense of team spirit, discipline, dedication and commitment towards our duty among the students and faculty.

I am confident that our students will continue to excel in their professional career and fulfill the expectations of the hospitality sector.

I wish the Institute, the faculty and the students all the success in the future endeavour.

(Iqbal Singh Bains)

Message from Principal's Desk



INSTITUTE OF HOTEL MANAGEMENT, BHOPAL



IHM Bhopal for over 24 years have been proving hotels and hospitality professionals to India and world, has been striving to stay on the cutting edge in Indian hospitality education programmer.

The college has always been the center of emphasis and so i feel proud to highlight the students and their efforts as they have come up with a flamboyant Magazine 'ADVENT 2010'.

I encourage students for their tremendous efforts for the Magazine and further visualize better participation from up coming student for more constructive endeavor in college, so that the college achieve greater heights through its students up gradation in every aspect.

Moreover, with great since of pride, i would like to declare that IHM Bhopal is coming up with State of an art piece of new college for which we have acquired 10 acre of land already. This would provide better and more advanced training ground to our budding hospitality professionals.

With this, i wish all the very best to the passing out student for their future endeavors and the existing student for their bright future ahead.

Thank You.

Dinesh Nasa
Dinesh Nasa

Message from Editor



INSTITUTE OF HOTEL MANAGEMENT, BHOPAL



An overwhelming dream, dream I have for this college, its student & every individual attached to this college to grow exponentially & an aura of blossoming happiness spreads everywhere around.

With this dream, I would like to take the opportunity to express my heartiest gratitude to Mr. Dinesh Nasa for providing me the pre-rogative to lead, as an editor for the college magazine "Advent".

The advent which is the result of relentless & robust efforts of students, their consolidated efforts & dedication has always created an Aura of positive vibes for me. It has also forced me to put my part of restless efforts for "Advent".

The notion for advent was to keep the students on the focal point, encouraging their efforts & up-surgings their morale.

In my lasting lines, I would like to convey my gratitude to each & every individual who had made their contribution in "Advent".

At last I wish the magazine will create a Niche in every student's heart.


Atul Gupta

Magazine Committee



Magazine Core Committee

Editorial Board Says...

'ADVENT' which means 'Marching Ahead', Auspicious or remarkable arrival' suits so much to this magazine that after a brief lull we are happy to announce with great pride and pleasure that we have made an 'Advent' for our college.

We hope this 'Advent' will make an enlightening picture for the students and with this Advent we the editorial team learned and experienced so many things which will help us in our future lives.

After making lots of efforts we hope that every reader must be mesmerized by this vibrant piece of output we have come up with.

We are extremely thankful to all those people inside and outside of this college for their kind contribution.

We hope the Advent will have a further clearer picture of our college across the globe.

Editorial Board



Patron
Dinesh Nasa
Principal



Editor
Atul Gupta
Senior Lecturer

Editorial Members Faculty



KPS Babu, Lecturer



Satish Singh,
Asst. Lecturer (Contractual)

Editorial Members Student



Rahul Verma
3rd Year



Rahul Garg
3rd Year



Rahul Kanthwal
3rd Year



Arun R
3rd Year



Nivedita Shrivastav
3rd Year



Imran Khan
2nd Year



Niharika Tiwari
1st Year

It would not have been possible for smooth functioning of magazine without the coordination of



Rehana Rasool
Asst. Lecturer
Contractual



Gaurav Dhyani
3rd Year



Alok Singh
3rd Year



Pramod Kumar
3rd Year



Pankul Chawla
2nd Year



Richa Soni
1st Year

Index

Introduction of Institute of Hotel Management, Bhopal

Photographs of

- Faculties & Staff
- Passing outs
- 2nd Year Batch
- 1st Year Batch

Departmental Overview

- Front Office
- House Keeping
- Food & Beverage Service
- Food Production
- Other Departments

Articles (English)

- Students
- Faculties
- Hotel Personnel
- Alumni

Articles (Hindi)

- Alumni
- Faculties & Staff
- Students

Event Description



Institute of Hotel Management, Bhopal

The Institute of Hotel Management, Bhopal is ranked one among the best in the country. Set amidst a well-spaced and lush green Government campus, the Institute is synonymous with Quality in the hospitality education

The institute had its humble beginning as a Food Craft Institute in 1977 offering short term courses, the College was re-christened to its present name in 1986 and commenced offering the 3 Year Degree in Hospitality & Hotel Administration. Today, the Institute is widely regarded as one of the premier Institutes in the country to equip aspirants to the hospitality service.

The Government of India and the Government of Madhya Pradesh set up the Institute jointly. One of the most striking features of the Institute is the cosmopolitan composition of its students.

Group activities, both within and apart from the curriculum help create a unique bond among the students, Owing to the rapid growth of the hospitality industry in India, there is an increasing demand for trained and competent professionals within the industry. The Institute of Hotel Management, Bhopal has maintained its impeccable reputation for quality education and as a result, today finds its students placed in all the leading hotels in India and around the world.



Group of Students



Classroom Teaching



Guest Lecture



Auditorium

Backbone of Institute

Faculties with Principal ▼



Office Staff with Principal ▼



Other Staff with Principal ▼



Passing Outs

Food Production Group ▼



Food & Beverage Service Group ▼



House Keeping Group ▼



Passing Outs

Research Project Group ▼



Front Office Group ▼



2nd Year Batch

Food Production Group ▼



Front Office Group ▼



House Keeping Group ▼



2nd Year Batch

Front Office Group ▼



Food & Beverage Service Group ▼



1st Year Batch



Operating Department

Front Office

Beautifully mimicked lobby situated in the collage giving a professional ambience for its students to work and grow. Having all the aspects and work station of front office i.e.

- Front desk
- Concierge
- Bell desk
- Information desk
- Travel desk
- Cashier's desk.

All of the above with most advanced software and equipments. Thus giving a chance for all the students to learn in most advanced conditions.

Role playing, Situation Handling, Other Front Office related exercises, Property Management Systems, accounting are the key areas of training in this lab.

Front office department uniquely provides an opportunity for the students to grow with knowledge. Front office department highly emphasize on etiquette, poise, pleasant personality with good communication skills. This department divided in three parts i.e.

- Foundation
- Operations
- Management.



Operating Department

House Keeping

Accommodation operation is defined as a provision of clean, comfortable, safe and aesthetically appealing environment. Also, Housekeeping is the backbone of every hotel. It is considered to be one of the major departments of the hotel. Major revenue (more than 50%) of hotel comes from housekeeping department. The housekeeping department of IHM Bhopal is also trying hard to contribute in gaining popularity of housekeeping as a profession.

Our housekeeping department is fully equipped with modern equipments, tools, which makes training efficient and purposeful, which helps our student to gain knowledge and interpret their knowledge at the time of practical. Thus it helps to attain objectives of our students as well as our teachers.

Our house keeping department comprises of following

We have guest floor with different types of room's single room double room suites room twin room. All rooms are well furnished with modern amenities.

our laundry is fully equipped with different essential laundry equipments which makes practical classes more interesting some of them are as; calendaring machine, washing machine, hydro extractor, steam processor etc

With the changing trends, we too lay our emphasis on usage of eco friendly housekeeping amenities, product, and processes. Like always housekeeping is searching for products and equipments that can help in conservation of energy. Our house keeping department also promotes and cultivates the same feeling in our students.

Lastly our main objective is to promote high standard of cleaning and hygienic concepts among our students.



Bed Making

Laundry Activities

Operating Department

Food & Beverage Service

Food & beverage service department takes this opportunity to thank all the colleagues, students and extends best wishes to all the readers the role of service as a growth engine of economy by generating employment and adding value to destination in an acknowledgment fact.

The contribution of F&B department is imparting quality education in hospitality industry is well known. Everyone knows that when the food is tasty nothing annoys more than a improper service.

Here the students are given maximum responsibilities to avail and grab the opportunities to become a successful manager in the future.

IHM Bhopal is operating three restaurants for all three year students separately. The students along with faculties take active participation in theme parties, daily operations in the restaurant and even we send the students to hotels in Bhopal and adjacent places for O.D.C Some of the theme parties organized by the student were Chinese theme party, Rangla Punjab etc. We have even started the 3rd year students dining restaurant operated by the first year so that to impart maximum input and involve maximum no of students for the service. Even the institute has started 5 days certified courses for local hoteliers. A new course "Hunar Se Rozgar" has been started under the sponsorship of Ministry of Tourism for 6 weeks with 100% placement record over the last 3 batches.

During operation the faculties are putting their all efforts to mould the students in a perfect shape and to bring out leadership quality with over all development of the student which helps to carve a niche for the students.

We hope that our students will continue to bring good name to the F & B department and definitely to IHM BHOPAL. The skills learnt by them would enrich their career and tourism sector as well.

I would like to conclude the departmental editorial column with an appeal to the students of IHM, to be the foremost in hospitality industry in the whole world as India is known for its rich culture and tradition.



Flambe Activities



Training Restaurant
During Lunch

Operating Department

Food Production

One of the most actively operating department of the collage, giving yield to vibrant dishes along with kitchen professionals for the industry. Kitchens are categorized as

- Basic training kitchen for first year
In this students are developed with basic kitchen skills of various cuisine of around the world
- Quantity training kitchen for second year
In this kitchen students prepare various regional cuisine of India in a bulk form.
- Advanced training kitchen for third year
This kitchen enhances the quality in international cuisine.
- Craft course kitchen
In a short period of one year students are developed with all the required basic kitchen skills.
- Bakery 1
Basic training about bakery is provided to the students who have just started their course.
- Advance Bakery
The students in this bakery not only prepare various confectionary products but also learn how to present them with international standards and exquisite taste.

Every student gets trained by all of the above kitchens learning right from the basics to quantity analysis of food and finally marching towards the advanced stage of it. Mastering in bakery along with it.



Operating Department

Research Lab

Has been established in 2009-2010 session, where students are encouraged for research work through profound discussion. Here we provide students with online journals so that students can solve their research problems.



Computer Lab

Equipped with 40 terminals on a Local Area Network with the latest multi-media systems. Students have hands-on experience with HMS and application packages.

Library

The Institute has a well-stocked library with the latest books, periodicals, journals both national and international covering all aspects of Hotel, Tourism, Hospitality, Travel and Management.



Audio Visual Room

Institute has an Audio Visual Room equipped with LCD Projector and other latest state-of-the-art equipment to show films. Students are also encouraged to give presentations to improve the inter personal skills.

Extra Curricular Events



Winner 2010



Cricket Team (Boys)

Cricket Team (Girls)

Extra Curricular Events



Football Team



Kabaddi Team



Throw Ball Team



Tug of War Team



Volleyball Team



Solo Dancer



Solo Dancer



Situation Handling



Poster Making



Flower Arrangement



Fashion Show



Group Dance



Brain Twister



Bed Making



Treasure Hunt

Articles

Tribal don't fit aviation and hospitality industry???



Rahul Verma, 3rd Year

This was the statement without a 'question mark' quoted by Maharashtra state government and ministers has to say about tribal' carrier in aviation and hospitality industry, that means no job after three year/six months of their course? The reason given is they aren't physically appealing enough. Even civil aviation minister Mr. Praful Patel couldn't come up with a concrete step or suggestion.

So here comes a big question for HRD MINISTRY that is these tribal mere a source of income for various aviation academies? Is it right to stick a tag 'not applicable' on these tribal, without considering every one of them?

So why are their hopes raised and suddenly dampened by simply claiming that are not having physical assets. Now where are those promising and alluring SC or ST quotas when there are frequent incidences of denials for jobs to them for some or another reason? Where are those funds provided by World Bank for their development?

Even after coming from a very difficult and underdeveloped background, many of them work day and night to improve their communication skills, grooming and hosting skills & after all this a complete "no for cabin crew".

So why they not intimated about their capabilities and incapability at the vary entry levels, rather then letting them face these harsh reality only after completion of course.

Even Maharashtra minister for tribal development Mr. Baban Rao Pachpute blames students that they themselves agree they are lacking in many fronts, particularly physical assets.

But through proper training and development all those fronts can be improved.

Also commissioner for Tribal development Mr. DS Rajurkar says air hostess job would have been difficult giving the competition but then it is important to understand that its tough but not impossible especially saying that "its tough" for every tribal is not justifiable since a diamond can come out at any time from a coal mine. So considering the whole community is not appropriate.

Evidently they do have the possibility in ground staff and call centers, but a clear vision about this should be given to them, so that they will fully agree to this. Their complete future prospects should be told along with a fair chance should be given to them so that they can prove themselves.

Rather then simply passing a statement of fully ruling out their possibilities, proper guidelines should be provided to them and the funds provided for their development by the World Bank should be utilized to the fullest and in this prospect as well.

Articles

T-shirt Speaks Your Personality

Rahul Garg, 3rd year



A pair of jeans with a well fitting T-shirt is the most preferable modern day outfits for the current generation. These outfits are worn in both social occasions & casual weekends, and is also considered trendy for night outside. To make the wearer stand out of the crowd with this common attire, a bit of creativity and extra flair is required.

Seamless & Collarless T-shirts:

Adding ones own personality with the T-shirts will add a fresh edge to the wearers look. Many teen idols are now choosing to customize their T-shirts with an untailored look. These apparels are either without a collar or with a short bottom. Fashion boutiques, and manufacturers are catching on with this trend and are now coming up with apparels made from light fabrics, and unfinished seams.

Art of Customizing T-shirts:

Manufacturers are now making T-shirts customizing to the individual preferences of the wearer. These apparels are designed taking into consideration, the body structure of the wearer. A bit costly though, this apparel is very popular among celebrities.

T-shirts with DNA:

An innovative clothing line is introduced using the DNA strand line. The individuals own genetic code is used to create and personalize this apparel. The individual DNA is selected from his saliva, and a small segment of DNA is magnified. This DNA is then run through a gel to make it visible. The image is made bigger and little imperfections are removed. This is later printed on the T-shirt.

Fingerprint T-shirts:

Each and every individual have their own fingerprint. Each one is unique in its own way and does not match with that of others. This individuality is reflected in the making of apparels where customers can share this unique trait in an attractive manner.

T-shirts with a persons lip signs:

Some characteristics of an individual are unique and cannot be represented by another individual. A lip sign is a symbol of femininity and beauty. This exceptionality of person's lips is used with creativity that it is reflected in the T-shirts also.

Trends in t-shirts for 2010:

To stay ahead in the world of fashion, one should always know what is getting popular and what will be the trends popping ahead. Vintage T-shirts reflecting an authentic look or images and sayings provoking a retro feeling seem to run their course and will be in vogue. These designs while more subtle will still make a fashion statement. Printing techniques such as 3-D prints, custom tag printing, and foils will become popular.

Continuous growth in the T-shirt industry is foreseen by industry experts. Understanding the customer psychology, and following appropriate marketing techniques by envisioning normal things in a bit different way will help the manufacturers to capture the market.

Articles

Hole in the Fence

Nivedita Shrivastav, 3rd Year



Make sure you read all the way down to the last sentence. (Most importantly the last sentence) There once was a little boy who had a bad temper.



His Father gave him a bag of nails and told him that every time he lost his temper, he must hammer a nail into the back



of the fence. The first day the boy had



driven 37 nails into the fence. Over the next



few weeks, as he learned to control his



anger, the number of nails hammered daily



gradually dwindled down. He discovered



it was easier to hold his temper than to drive those nails into the fence.



Finally the ! day came when the boy didn't lose his temper at all. He told his father about it and the father suggested that the boy now pull out one nail for each day that he was able to hold his temper.



The days passed and the young boy was finally



able to tell his father that all the nails were gone. The father took his son by the

hand and led him to the fence He said, "You have done well, my son, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave a scar just like this one. You can put a knife in a man and draw it out. It won't matter how many times you say "I'm sorry", the wound is still there. A verbal wound is as bad as a physical one. Friends are very rare jewels, indeed. They



make you smile and encourage you to succeed. They lend an ear, they share words of praise and they always want to open their hearts to us So one should never loose temper on anyone specially your close ones.

Articles

Workplace Savvy

Rahul Kanthwal, 3rd Year



There is such a thing as a professional vocation. It is some passionate love that directs your powers to the welfare of others and earns you a living. While growing up, you should search long and wide to find some line of work that appeals to your heart -- some labor that gives you the joy you knew in childhood, when work and play were one. Few pleasures in life are more delightful than a job we really enjoy. When leaning toward a career, ask yourself - "What can I be an expert in?" Then work to become that expert. So pay attention when people close to you all say the same thing: You have some talent that you should develop.

Notice that successful bosses have effective communication skills: they are attentive listeners and clear explainers. They learn from people, including their employees. They lead their people to understand what is important.

Arrogant, tyrannical egomaniacs sometimes make it to the top of a business, largely because of their pyrotechnic energy -- but eventually they get into trouble. Often-big trouble. They blunder because of egocentric misjudgments; they cut corners with the law; they drive away good employees; their arrogance affronts clients, customers, or -- finally and fatally -- Board directors. Their spectacular sacking makes headlines.

Moral: In the long run, it pays to be a considerate, responsible team leader. An effective boss removes obstacles from people's performance; he does not create them.

Work in such a way that you make your boss look good. Before you use anyone's name for a reference, be sure to get that person's permission. Since good professionals always check references, your failure to secure prior permission makes your reference worse than useless. Remember, all bosses detest unpleasant surprises.

No matter what it takes, be on time for all PROFESSIONAL purposes. If possible, arrive a few minutes early. No matter how late you work, get to your job on time.

Does not use foul language in the workplace? If you do, people lose respect for you.

Consciously or otherwise, people associate habitual foul-mouthed speech with childish self-centeredness or fundamental lack of self-control. Gratuitous vulgarity, moreover, often signals that someone is burdened with an addictive personality. That is, if you searched more closely, you would find some other areas of life barely under control, or altogether out of control. Give praise only when it is deserved, and make it sincere. In some ways, insincere praise is worse than none at all.

Where am I headed? What opportunities might I be overlooking? Where do I want to be five years down the road? -- Have a file where you keep notes on accomplishments to update your résumé, and do this at least twice a year.

As you move along Plan A of your career, maintains a Plan B as well -- an alternative career course to rely on if you suddenly must. If someone loses a job, he or she quickly needs to undertake thinking, planning, networking, and action. Maintaining a Plan B means doing your thinking, planning, and networking ahead of time, long before the emergency, so that you can move swiftly into action. Be prepared for anything.

Conduct yourself all your life with the standards of right and wrong that your mother and father taught you since childhood. Always remember that the secret of success is passion. So think big.

Articles

World and Terrorism

Niharika Tiwari, 1st Year



So what is terrorism and how it relates itself to the world? Young man surrenders his life to the God. Gun in his hands, rucksack filled with death on his back, hatred in his mind and fantasy of heaven, virgins in his eyes, ready to spread blood and gore of the innocent one.

Yes, he is the sufferer, a man who fights to save his people and religion.

But do you think this is reality, do you think there is any kind of so called danger to his loved ones. No, this is not true, what we think or percept is not always right. He is not the culprit; it is their bosses, the masterminds who just want to keep up with their legacy in creating havoc and unrest in the world. This is their business or way to earn their bread and butter. But he is the one who suffers, he is innocent. World wants him to be killed brutally, finish his family. But sorry I am not with the world. I want him to survive; one should understand that it's the Dark Man who is behind all this, who is responsible for creating a terrorist.

He is a sufferer of poverty, illiteracy for him a world of nothingness. Therefore, we can't change him or his views by simply awarding him a capital punishment but we should let him live, a starting of new life for him, a dawn of betterment.

Therefore my humble request to the world "love one, love all" a rope of strong bonding, love and peace for everyone..

GOD SPEED...

Articles

Top 5 Things That Every College Student Needs

Imran Khan, 2nd year



For some people, college is the best time of their life. And many wish they could go back and do it all over again (Ok. So maybe it isn't the homework that they want to do all over again). If you are about to go or just sending your kid of to college soon, you may want to consider these top five things that no college student should be without. It can possibly make or break their college experience.

Computer: Every college student will be using this a lot (assuming that they do their homework, right?). I know that computers can be pricey, but there are alternatives for price. Even though a laptop is nice, a desktop will save you a hefty bundle of money. eBay is also a great place to look for used laptops for a great price. Think of it as an investment. Let's hope this computer lasts longer than their college education. They can use it for years to come.

Bedding: This may seem silly, but many college kids (boys come to mind) don't really care what they sleep on. They would assume sleep on the floor. Hopefully this will encourage them to sleep in their beds. But in all seriousness, college is a step for them towards the real world-toward becoming an adult.

Dishes: As with the bedding, college students need to start collecting things for their future household. They will be on their own and need those necessities.

Mode of Transportation: First thought: car. But again, the means may not be there. A lot of college students are either getting bikes or little mopeds. Or you could always just buy them a pair of walking shoes.

Computer Backup: This is crucial for any college student because within one second, everything they had done for school their entire college career could be gone. Having some type of backup software will help put yours and your college student's mind at ease.

Articles

Why Do We Yawn?

Vishal Rai, 1st year



THE TRUTH IS that we don't completely understand why people, or animals for that matter, yawn.

It's widely assumed that yawning occurs because we are tired or bored or because we see someone else doing it, but there isn't any hard evidence to support these beliefs.

Scientists do not purport to know all of the biological mechanisms of the yawn, but tend to agree that a yawn is an involuntary respiratory reflex, which regulates the carbon dioxide and oxygen levels in the blood.

Technically, a yawn is the reflex opening of the mouth followed by the deep inhalation and slow exhalation of oxygen.

The very act of yawning is but one of a number of involuntary reflexes controlled by the spinal and nerve centers.

Scientists speculate that the onset of a yawn is triggered either by fatigue or by sheer boredom as, at those times, breathing is shallow, and little oxygen is carried to the lungs by the oxygen-toting cardiovascular system.

When one yawns, his or her alertness is heightened, as the sudden intake of oxygen increases the heart rate, rids the lungs and the bloodstream of the carbon dioxide buildup, and forces oxygen through blood vessels in the brain, while restoring normal breathing and ventilating the lungs.

This quite plausible theory of yawning falls short of explaining many aspects of yawning. Scientists explain away the "contagious" nature of yawning, that is when one person's yawn triggers another nearby to yawn, as due to the power of suggestion, but are at a loss when attempting to explain why yawning occurs excessively in patients with lower brainstem damage or with multiple sclerosis.

Other unlocked mysteries include why fetuses in the womb yawn, when it is a well-known fact that they do not intake oxygen into their lungs until after live birth, or why individuals with high concentrations of oxygen in their blood streams yawn.

Until these questions are answered, do not assume that a person who yawns in your presence is bored with what you are saying, or suffers from exhaustion. Simply be pleased that he or she is not bored to death.

Articles

Your Tension

Shreyash bhiwapurkaL, 1st Year



THE MOMENT YOU ARE IN TENSION
YOU WILL LOSE YOUR ATTENTION

YOU ARE IN TOTAL CONFUSION
AND YOU WILL FEEL IRRITATION

YOU WILL SPOIL PERSONAL RELATION
YOU WOULD NOT GET CO-OPERATION

YOUR B.P. MAY GIVE ROOM FOR CAUTION
YOU HAVE TO TAKE MEDITATION

INSTEAD UNDERSTAND THE SITUATION
TRY TO THINK ABOUT THE SOLUTION

MANY PROBLEM WILL BE SOLVED BY DISCUSSION
IT WILL WORK OUT BETTER RELATION IN YOUR PROFESSION

IF YOU UNDERSTAND MY INTENTION
YOU WILL NEVER COME TO TENSION

Keep Smiling

Renjith .R, 3rd Year



I arise from my dreams...
Which kept me awake from my Deep solitude...
Which gives my mind, the strength?
To express
This makes, my spirits to rise to bright
which teach me, how to smile.....
Yeah ... myself... myself...
Myself is just the laugh...
Which you want always in you just to leave yourself in your dreams...
No matter who are you...
No matter what are you...
Always keep smiling...

Best Learning form Hindi Movies

Krishna Rai, 3rd year



At least one of the identical twins is born evil.

If you decide to defuse a bomb, don't worry which wire to cut, you'll always chose the right one!

When you turn out the light to go to bed, everything in your room will still be clearly visible, but slightly bluish

A man will show no pain while Going through the most brutal beating, but will cry when a woman tries to clean his wounds!

A detective can solve a case only if he has been suspended from the duty

If you decide to start dancing in the street, everyone you meet will know all the steps!

Articles

Mobile phone manners and etiquettes



Arun R., (3rd year)

Modern technology may have provided us with mobile phones and the convenience of instant communication, but it's also created a lot more ways to irritate or offend. Mobile phones are an essential element in our professional and personal lives, but they too come with a code of conduct.

Good mobile phone etiquette takes little effort or thought - it's simply a matter of being aware of your surroundings and of other people.

Manage your Settings

If you're embarrassed by your ring or alert tone in certain situations (on the train, in the office, for example) it's almost certainly the wrong choice. Monitor the volume-ringtones should never be intrusive or cause heads to turn.

Switch off your phone, or turn it on to vibrate, when you are going into meetings, theatres, cinemas and so on.

Be Discreet

- * Your mobile phone is not a megaphone, so don't shout. Be aware of your surroundings and try not to use your phone in situations where your conversation may disturb others. Be aware that your voice will distract a peaceful train carriage of newspaper-reading commuters or seem intrusive on a crowded bus.
- * Equally, don't use foul language, have full-blooded rows, or talk about money, sex or bodily functions in front of witnesses. Try and respect your own - and other people's - privacy.
- * There are certain places where it is unacceptable to use your phone: for example, art galleries, churches, libraries, hospitals. Respect the rules, school and colleges.

Two's Company...

People in the flesh deserve more attention than a gadget, so wherever possible turn off your phone in social situations. Don't put your phone on the dining table, or glance at it longingly mid-conversation. If you are awaiting an important call when meeting someone socially, explain at the outset that you will have to take the call, and apologize in advance.

At a party or social gathering, excuse yourself and withdraw somewhere private to make or receive calls. And don't send or read text messages when you are out in company, unless it's urgent.

Also, don't carry on mobile phone calls while transacting other business - in banks, shops, on buses and so on. It is insulting not to give people who are serving you your full attention.

Articles

5 stages of being drunk

Pramod Kumar, 3rd Year



Stage 1 - SMART

This is when you suddenly become an expert on every subject in the known Universe. You know everything and want to pass on your knowledge to anyone who will listen. At this stage you are always RIGHT. And of course the person you are talking to is very WRONG. This makes for an interesting argument when both parties are SMART.

Stage 2 - GOOD LOOKING

This is when you realize that you are the BEST LOOKING person in the entire bar and that people fancy you. You can go up to a perfect stranger knowing they fancy you and really want to talk to you. Bear in mind that you are still SMART, so you can talk to this person about any subject under the sun.

Stage 3 - RICH

This is when you suddenly become the richest person in the world. You can buy drinks for the entire bar because you have an armoured truck full of money parked behind the bar. You can also make bets at this stage, because of course, you are still SMART, so naturally you will win all your bets. It doesn't matter how much you bet 'cos you are RICH. You will also buy drinks for everyone that you fancy, because now you are the BEST LOOKING person in the world.

Stage 4 - BULLET PROOF

You are now ready to pick fights with anyone and everyone especially those with whom you have been betting or arguing. This is because nothing can hurt you. At this point you can also go up to the partners of the people who you fancy and challenge to a battle of wits or money. You have no fear of losing this battle because you are SMART, you are RICH and hell, you're BETTER LOOKING than they are anyway!

Stage 5 - INVISIBLE

This is the Final Stage of Drunkenness.

At this point you can do anything because NO ONE CAN SEE YOU. You dance on a table to impress the people who you fancy because the rest of the people in the room cannot see you. You are also invisible to the person who wants to fight you. You can walk through the street singing at the top of your lungs because no one can see or hear you and because you're still SMART you know all the words.

Articles

Consumers Are Changing the Way: They Snack, Finds Technomic



Richa Soni, 1st year

Most consumers (76 percent) say their snacking habits have changed in some way during the past two years, reports a new study by food service industry consultant Technomic.

More than one-half of us consumes snack at least once a day. About one-fifth of consumers (21 percent) say they are snacking more frequently now, and more than one-third (35 percent) say they are choosing healthier options than they were two years ago.

The findings are detailed in Technomic's new Snacking Occasion Consumer Trend Report, which examines snacking behavior, purchase decisions, attitudes and preferences away and at home; at retail establishments and at restaurants; and by consumer demographic.

Survey findings include:

- More than 42 percent say they usually skip one meal a day or replace a meal a day with snacks.
- Roughly three-quarters (74 percent) of snacking takes place at home. However, consumers aged 18-24 are more likely to snack outside the home than other groups (32 percent versus 26 percent).
- Consumers purchase the majority of their snacks from retail locations as opposed to restaurants (83 and 17 percent, respectively).
- About one in five consumers (19 percent) have broadened their definition of snacks to include more types of food.

"Growing snack consumption and the consumer's broadening perception of what constitutes a snack are changing how operators and manufacturers should position this category. "The greatest opportunities likely exist for packaged snacks and prepared offerings at retail locations and limited-service restaurants, although many full-service concepts seem to have room to market snacks as well."

Some trends and venues examined in this report include:

- Bar snacks and happy-hour menus: Fleming's Prime Steakhouse's 5 for \$6 'Til 7 Bar Menu
- Ethnic-inspired upscale food trucks: Empanadas, Kogi's
- Healthy and fresh: Jamba Juice's 3g Energizer, McDonald's Parfait
- Bundling snacks into combo meals: Long John Silver's Popcorn Shrimp Snack
- Afternoon menus: Einstein Bros.' Snack Out Menu
- Beverages as snacks: Caribou Coffee's chocolate-based specialty drinks.

The Snacking Occasion Consumer Trend Report was designed to help food service executives understand menu trends, consumer preferences, need states and attitudes associated with snacking occasions. The Consumer Insights section is based on results of a January 2010 online survey conducted with 1,500 American consumers, by Technomic.

Articles

Chewing gum deprived Nation:

Gaurav dhyani, 3rd Year



Singapore imposed 18-year ban on the import and sale of chewing gum, which has become an International symbol of the strict society.

The government has no intention on changing its decision to ban chewing gum.

The government on this has to say that Chewing gum has not been a significant problem but concerns are that lifting the ban on chewing gum could result in chewing gum litter and reduce the ongoing efforts to curb littering and is thus still considered valid.

The opposition is asking when the ban would be lifted, also arguing it had been used by Singapore's Detractors to criticize its tough governance laws.

Singapore, known worldwide for its clean image, banned the import and sale of chewing gum in 1992 to eradicate the problem of people sticking the gum on chairs, tables, lifts and other public areas.

One of the most important reasons for the ban had been the disruption of services on Singapore's subway train system because of chewing gum being stuck on the doors and causing delays.

Singapore partially lifted the ban in 2004 by allowing the sale of chewing gum for therapeutic purposes only.

Articles

The cab driver

Alok Singh, IIIrd Year

The cab driver

We see him everyday
Driving us all the way
Come rain or hail
Reports without fail

We complain of his speed
And call him a weed
He races coz he knows
If he's late there will be no doles.
He has hungry mouths to feed
And that is why the speed!
He works overtime,
To meet his expenses in line.

Do we consider all these?
Before calling him a weed!
Is he just a means to an end?
Or do we thank him for the errand?

The need to reach safe
Is something we crave
He needs the cash
and that is why the rash

Both needs don't match
Hence there is a clash
Who is to decide
If hunger is important or a safe ride!



The Mysterious Stranger

Niharika Tiwari, 1st Year



It was night,
And I was listening to the news.
Suddenly the bulb...
There was a fuse
The lights went out,
And I was too scared to shout.

Then came a low rattle on the door,
Which I tried to ignore.
It changed into long bangings,
Which gave me the real fright.

In came a man wearing a coat,
With a bag on his shoulders and a rope.
He told me to improve my habit.
I told him to scuttle off like a rabbit.

The noise woke my brother,
Who came down with my mother.
They made me quiet,
And told me that the man was-
"Uncle Mike"!

Articles

The Headache of Writing an Article for the College Magazine



Yogesh Kumar, 1st Year

This is perhaps the most puzzling hour of my life when my mind is full of ideas to write an article to the for the college magazine, but alas! I can find no way of putting these ideas in paper.

Sometimes I think of the time I used to write essays and short stories to impress my teacher and to let her know that she had an intelligent student who could write very well. But at this particular moment, all my intelligence seems to betray me.

I can't even decide what to write about. These are various ideas storming in and out of my mind but I am dissatisfied with all. I write a story? No, a story won't do because all the students have written some or the other story, and a college magazine, full of stories, would be very boring, how about a poem? I have never written one and besides I am not in a mood of rhyming words.

Think yuvi, think! It is not that I have not been trying. In fact, I have been trying my best, but I am finding it is really impossible to stop my brain from breaking down and write about one particular subject. I am sure there must be something about which I can still write because there can never be such a situation in the world there is nothing left to write.

But wait, I have got an idea. I'll describe my feelings. I'll take a fresh sheet of paper and subscribe a few lines. But no, this will not be enough. there isn't much matter that I can think about at present. I have already used many sheets and have thrown them in the waste paper basket. OH MY GOD! I realize the wastage of paper for writing this article for the college magazine specially when there is no surety whether it will be selected or not.

OH! There is an idea coming to my mind again, but this time I am sure it will work. Yes, I am going to write about my state of indecisiveness about this matter it is no longer matters if my article is selected for the college magazine or not. I think I have already written the intended article!!!

Extra Curricular Events

Event Name - Impressions



Broom Dancing



Impressive Performance



Situation Handling in Centre Stage

Rangoli Making Competition



Organized by - Front Office & House Keeping

Articles

Amazing Facts about India and Indians

Saurabh Karnatak, 3rd Year



1. India is the world's largest, oldest, continuous civilization.
2. India never invaded any country in her last 10000 years of history.
3. India is the world's largest democracy.
4. Varanasi, also known as Benares, was called "the ancient city" when Lord Buddha visited it in 500 B.C. and is the oldest, continuously inhabited city in the world today.
5. India invented the Number System. Zero was invented by Aryabhatta.
6. The World's first university was established in Takshashila in 700BC. More than 10,500 students from all over the world studied more than 60 subjects. The University of Nalanda built in the 4th century BC was one of the greatest achievements of ancient India in the field of education.
7. Sanskrit is the mother of all the European languages. Sanskrit is the most suitable language for computer software - a report in Forbes magazine, July 1987.
8. Ayurveda is the earliest school of medicine known to humans. Charaka, the father of medicine consolidated Ayurveda 2500 years ago. Today Ayurveda is fast regaining its rightful place in our civilization.
9. Although modern images of India often show poverty and lack of development, India was the richest country on earth until the time of British invasion in the early 17th Century. Christopher Columbus was attracted by India's wealth.
10. The art of Navigation was born in the river Sindhu 6000 years ago. The very word Navigation is derived from the Sanskrit word NAVGATI. The word navy is also derived from Sanskrit 'Nau'.
11. Bhaskaracharya calculated the time taken by the earth to orbit the sun hundreds of years before the astronomer Smart. Time taken by earth to orbit the sun: (5th century) 365.258756484 days.
12. The value of pi was first calculated by Budhayana, and he explained the concept of what is known as the Pythagorean Theorem. He discovered this in the 6th century long before the European mathematicians.
13. Algebra, trigonometry and calculus came from India. Quadratic equations were by Sridharacharya in the 11th century. The largest numbers the Greeks and the Romans used were 10^6 whereas Hindus used numbers as big as 10^{53} (10 to the power of 53) with specific names as early as 5000 BCE during the Vedic period. Even today, the largest used number is Tera 10^{12} (10 to the power of 12).
14. IEEE has proved what has been a century old suspicion in the world scientific community that the pioneer of wireless communication was Prof. Jagdish Bose and not Marconi.
15. The earliest reservoir and dam for irrigation was built in Saurashtra.

and many more....

Articles

Emotional Intelligence

Ketaki Gupta, 1st Year



It might be seen to be an abstract concept but it is very important aspect of life. Generally we emphasis on logical, mathematical, spatial etc abilities or intelligence i.e., IQ intelligence quotient. IQ can help in predicting academic performance, personal success but not professional success. Emotional intelligence was popular by book "DANIEL GOLEMAN" based upon search on scientists like JOHN PETER SALOVEY, JOHN MEYER, HOWERD GARDNER, ROBERT STEMBERG AND JACK BLOCK. It simply means ability to monitor your own and others emotions or the ability to judge, perceive, control and evaluate emotions of your own and others. People with high IQ are more successful than the people with low IQ. Sometimes we come across number of people who are excellent in knowledge sports and extra curricular but still are not successful in life which is due to less emotional quotient, people with high EQ are skilled management and putting at ease and finding the right balance.

Most of the educational institutes and companies pay attention to IQ but only a few pay attentions to EI. EQ is equally or greatly in importance to IQ. IQ cannot be increased but EQ can be worked upon and increased. To be successful in life and be fully satisfied we have to learn to manage our emotions. When we feel different there is nothing wrong with us but it is wrong with our emotions. People do end up in prison because of there inability to control their emotions. A person has to be self-aware if he wants to manage his emotions. Do not allow yourself to get upset easily over the things, instead of that accept things that are happening, instead of taking a step ahead take a step back and evaluate the whole situation again and then move ahead.

Life is full of disappointments and heartache and we must be prepared to face them. If difficulties would not come into our then life, it would be boring and people will be weak.

So do not take trouble as troubles but face them as challenges.

Just like the moth comes out of the cocoon and turns into a beautiful butterfly, your life will turn beautiful. Managing emotions is an art and it is only possible when you have the positive out look towards life, or when you find pleasure in a half filled glass instead of going on the side and saying that glass is half empty.

Articles

How to Stay Happy

Neeraj Bisht, 3rd Year



1. Throw out nonessential numbers. This includes age, weight and height. Let the doctors worry about them. That is why you pay 'them'
2. Keep only cheerful friends. The grouches pull you down.
3. Keep learning. Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. 'An idle mind is the devil's workshop.'
4. Enjoy the simple things.
5. Laugh often, long and loud. Laugh until you gasp for breath.
6. The tears happen. Endure, grieve, and move on. The only person, who is with us our entire life, is ourselves. Be ALIVE while you are alive.
7. Surround yourself with what you love , whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.
8. Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.
9. Don't take guilt trips. Take a trip to the mall, even to the next county; to a foreign country but NOT to where the guilt is.
10. Tell the people you love that you love them, at every opportunity.

Man of Double Ton

Ayush Kulshrestha, 3rd year



One of the sport worshiped in INDIA is cricket and the god in INDIA for this game is awarded to the incredible Sachin Tendulkar.

Yes SACHIN RAMESH TENDULKAR only batsman to have maximum no. of centuries in 2 formats of the game and the only cricketer to score a double ton in ODI. This miracle of master blaster was witnessed in Gwalior against South Africa.

Tendulkar a marathi boy started his career as pace man and was associated with MRF pace foundation in Mumbai, but after the observation of 355 wicket taker in test cricket from Australia Denis Lille said to concentrate on his batting.

That made Sachin to hold the bat, but that nobody in the world cricket admired that this small boy will be called as the man of double ton.

But why the question arises that Tendya should get Bharat Ratna or not.

We can reach the end of article or a book but the series of his achievements have no ends.

One of the most interesting fact about the master blaster is an inspiring question that " what is achievement?"

The answer is "Sachin Tendulkar faced a failure in 10th class board examination in 1988 but in 2009 Maharashtra's secondary board 10th class first chapter is about Sachin Ramesh Tendulkar.

So the officials of Bharat Ratna need to think again for the MAN OF DOUBLE TON

Articles

You know you are a hotelier when...



Deepesh Karnik, 3rd Year

1. Getting up at 4am on Sunday is standard practice.
2. You can't switch on anything electrical without a credit card sized piece of plastic
3. Getting 2 days off in a row is like having a 2 week vacation.
4. You use abbreviations and acronyms for EVERYTHING, like DM, PMS, MOD, C & E, F & B, HR, FOM etc.
5. Your stomach, now used to eating staff canteen food, is capable of swallowing ANYTHING!
6. Your day somehow doesn't seem complete without someone yelling at you in full view of the rest of the hotel, convinced they are right about everything, when in actuality they are so wrong it's untrue.
7. People assume you know the answer to everything, when actually you just came on shift 5 minutes ago.
8. You were supposed to finish work at 3pm, but it's 4.30 and you're still here.
9. Your bank is NEVER balanced.
10. You learn, VERY QUICKLY, to never, EVER, mess with the person who handles your food!
11. Back to Backs, double and split shifts are the norm.
12. Minibars are NOT REFRIGERATORS !!!!!!!!!
13. Minibars are AUTO CHARGING AND WEIGHT SENSITIVE!!
14. Guests do not grasp the concept of nos 12 and 13!
15. Conference and Events never has the same staff working on two consecutive parties, as all of the staff is hired on a shift by shift basis.
16. At least one person will complain about the fact their debit card has a mysterious charge on it, which takes 8 days to clear. But of course we did ask for a CREDIT card on check in!!
17. No matter how hard you try to explain that the room type was REQUESTED, NOT GUARANTEED, the guest always expects to get a Non Smoking, King Size Bed with a view!!
18. Air conditioning is ALWAYS noisy. No matter how far from the unit the room is, someone can hear it rattling.
19. See number 10, but replace food with Laundry!
20. Guests insist on splitting the bills so that the "movies" they order are not on the same credit card.
21. Office politics are more OTT than real politics.
22. Your social life revolves entirely around work nights out, since that's the only guaranteed time off you get to go out and get wasted!!

Articles

When we share laughter

Piyush Sharma, 1st year



When we share laughter,
There's twice the fun;
When we share success,
We've surpassed what we've done.

When we share problems,
There's half the pain;
When we share tears,
A rainbow follows rain.

When we share dreams,
They become more real;
When we share secrets,
It's our hearts we reveal.

If we share a smile,
That's when our love shows;
If we share a hug,
That's when our love grows.

If we share with someone
On whom we depend,
That person is always
Family or friend.

And what draws us closer
And makes us all care,

Thoughts For Life!!!

Anirudh Patil, 3rd year



Life is very short...
So break silly rules..
Forgive quickly...
Believe slowly...
Love truly..
Laugh LOUDLY and never avoid anything
that makes you SMILE.....!!!!!!!

Four things never come back : The spoken
WORDS, The wasted TIME, The past LIFE
and the neglected OPPORTUNITY. So think
twice and ACT WISE.....!!!!

1 tree makes 1 lac matchsticks but 1
matchstick can burn 1 lac
trees.....Similarly 1 negative thought can
burn thousands of dreams.....So always
think positive.....!!!!!!

In the walk of life, Do not worry of people
moving ahead of you.....take your own
time....But once you are ready to run, make
sure you are the best of all!!!!

Secret of Success

Anirudh Pal, 1st year



"Two words"
And what are they?
"Right decision"
And how do you make
Right decision?
"one word" And what is that?
"expression"
And how do you get experience
"two words" And what are they?
"wrong decision"

Party Events

Chinese Theme Party

It was a beautiful evening of teacher's day, and else special gift Hotel Management aspirants can give to their respected faculty members, than a regenerating evening to relax their mind.

A strikingly beautiful red colored restaurant with calm ambience and warm welcome delighted the minds of every guest.

The menu was fully Chinese to which the student chefs made all their efforts to make it another 'WOW' factor.

The decoration, which raised the Goose Bumps of every viewer, was the outcome of number of nights of hard work of the students itself.

So much of Efforts, evidently the result was noticeable and the feedback by the guests was appreciations along with suggestions to students which was a very learning experiencing for all of them.

Written by - Rahul Verma



Articles

Problem

Ruby Singh, 3rd year



If you have a big problem,
 dont say
 Oh God I have a big problem!,
 but say Hey problem
 I have a big God!.

Night is longer for those
 who DREAM and
 day is longer than night
 for those who make their
 DREAMS COME TRUE..

For a moment ,
 life could be still ,
 But never in lifetime ,
 can a moment be still.
 Live every moment

Always accept life as god's gift
 what we are today
 is god's gift to us
 and what we'll become
 is our gift to god

To meet n depart
 is d way of life.
 But to depart n meet
 is the hope of life.
 V meet 2 create memories.
 Bt v depart to preserve it
 n that's
 Life...

Certain people touch ur heart,
 & you can't stop thinking about
 them.
 Thats the kind of person you are...
 absent yet so near,
 simple yet worth
 remembering always

A college without teacher

Krutika Galgate, 1st year



A college without teachers,
 Will be zoo without keepers.
 There will be all fun and play,
 With all the children very gay.

There will be no one to shout on them,
 No one to pounce on them,
 No one to disturb their mid-day naps,
 And make them wear their thinking caps.

There will be students in masses,
 Eager to bunk their classes.
 There will be nobody to teach,
 Not even the morning speech.

If there are no teachers,
 The students will have no future.
 Teachers are like God in temple,
 Who showers knowledge in ample.
 They are student's guides
 Nation's hope and college's pride.

Articles

Suffer brings out my very best and very worst in life"



Pankul Chawla, 2nd Year

Sufferings are part of life and they affect the life in two manners. They can destroy the life of a person or even make it best. One's mental state is responsible for his picture action. If he goes in depression, his life is of no use. If a person takes it positively then he can make his life. Without realizing anything or without knowing the importance of a thing we don't respect it. Similarly a smooth flowing and enjoyable life is considered best. But giving a train to the worst life is something unusual. Nowadays no one has a smooth life everyone has a problem concerning money, house, living, health etc. But a person, who rises from all the problems, sets aim in life and become free from tensions. If he understands the importance of sufferings he can have everything in life. A man can be successful in life only if there are sufferings. This is just because only the sufferings can bring out the best of a person if he start learning from it.

A Day



Kshitij Pathak, 1st year

One day passes it never comes back
 It stays for 24 hours and then goes back
 The dare which is today you will never see it again
 The day which passes it goes in vain
 The day which passes you cannot achieve if for sure
 But you can use it to the full to the utmost
 So why don't you go and do some work
 Don't think what told is absurd
 The more you use it you will be benefitted
 It helps you to get all the things that you want
 You don't have to worry about the hard work you do
 You will definitely get results with interest too.
 I hope you have learnt a lesson from this
 And have also learnt how precious every day is.

Articles

World Tourism

Hemant Kumar Prasad, 1st Year



World tourism is one of the most remarkable, economic and social phenomenon of this twenty first century which has generated more than 234 million job opportunity which contributes 10% of the world, we thanks to the process of globalization which has triggered the globe trotting culture satisfying the wonder enjoyment of recreation needs and a search or a unique perspective both on the material and spiritual plans.

World tourism has estimated that by 2020 over 1.6 billion people would travel as tourist and spend 200 billion dollars. According to the World Bank, tourism is the largest and fastest developing industry in the world today. Thus, tourism has come up as a significant opportunity to alleviation and suitable human development, international understanding and supporting local handicraft and cultural activities. Even domestic tourism has now rocketed to 400 million visits.

We people save our historical buildings which are memorable made by our ancient rulers. For heritage properties, it is our responsibility to save them and we help our government to take care of them.

Extraordinary Feasts

Shiva Rai, 2nd Year



Philip Duke of Burgundy, gave a four day banquet in 1454. The highest came when a huge pie was brought into the room. The lid was raised to reveal 28 musicians playing inside the pie.

On 23rd October 1843 the statue of Lord Nelson was due to be hauled to the top of Nelson's column in Trafalgar Square, London. Before this was done 14 men sat to a dinner of rump steak on the plinth on top of the column, 51m above the ground.

On new year's eve 1853, dinosaur expert professor Richard Owen held a banquet inside the framework of a model of a gigantic iguanodon dinosaur.

A wealthy businessman called C.K.G Billigs gave a dinner at sherry's restaurant in Newyork on 28march,1903 to celebrate the completion of his new stables. All the 36 guests were on horse back. Their horses were brought to the ballroom by lift & the floor was laid with turf. The main courses of the pheasant was served out of nosebags, & the champagne in rubber bucket.

An American millionaire George A Kessler held his birthday party at the Savoy hotel in London on 30june,1905. He had the courtyard flooded sat inside a gondola & were served by waiters dressed as gondoliers.

Articles

Words of Praise can be Magical

Medhavi Kumar, 3rd Year



While traveling in a jungle, two frogs, out of a group of many, fell into a deep pit. The frogs outside the pit told the two frogs that they were as good as dead and should not try to come out.

The two frogs ignored the comments and tried their best to jump out of the pit. The other frogs kept telling them to stop, as "they were as good as dead". Finally, one of the frogs felt discouraged and exhausted.

Therefore, he gave up and fell down dead. The other frog continued to jump with greater spirit. Once again, the crowd of frogs screamed at him to stop the pain & die. He however, started jumping even harder and finally made it out. When he got out, the other frogs asked: Did you not hear us?"

The frog explained to them that he was deaf he thought they were encouraging him all the time

Yes, there is enormous power in encouraging words. Our encouraging words can sometimes lift someone up and help him or her make it through the day. Our discouraging words can hurt others; they may be the weapons that destroy someone's desire to continue trying.

We should be liberal with encouragement and should make things seem easy to do. Let the other person know that he has faith in his ability to do things. Anyone can speak words that tend to rob another of the spirit to continue in difficult times. Special is the individual who will take pains to encourage another.

Hearing that the king greatly encouraged talent and was famed for his generosity, the poet set off for the Royal Palace. When brought before the King, he bowed low and asked that he may recite a poem. On hearing his recitation, the King well pleased, asked him to name his reward.

The poet, Pointing to a finely wrought chessboard before the king said "Your Highness, if you place just one grain of rice on the first square of this chessboard, and double it for every square, I will consider myself well rewarded." "Are you sure?" asked the king, greatly surprised. "Just grains of rice, not gold?" "Yes, Your Highness." Affirmed the humble poet.

"So it shall be." Ordered the king and his courteous started the placing the grain on the chessboard. One grain on the first square, second on second, fourth on the third, eighth on the fourth and so on. By the time they came to the 10th square they had to place 512 grains of rice. The number swelled to 5,24,288 grains on the 20th square. When they came to the half way mark, the 32nd square, the grain count was 214,74,83,648 – that is over 214 crores. Soon the count increased to lakhs of crores and eventually the helpless king had to hand over his entire kingdom to the clever poet. And it all began with just on grain of rice.

MORAL OF THE STORY: Never under estimate the power of compounding. If you stay invested long enough, it'll work for you. A small sum invested every month from the beginning of your work life can lead to a very impressive amount at the time of your retirement.

Articles

Lifes on Man

Nishank Mishra, 1st Year



As many as 100 trillions of viruses and bacteria live on earth. However, even after washing there are always 10 million or more bacteria on every square centimeter of our skin.

There are also many tiny creatures called parasites, which can live inside or on the human body, feeding on our blood. Parasites such as round worms, hook worms, flukes and tapeworms – which can grow as long as 9.57 meters- can live inside our bodies. They may cause various diseases such as elephantiasis, in which the patient's limbs swell to gigantic sizes. Head lice live on human head and feed on blood. The lice lays little white eggs, called nites, which cling to individual hairs.

Follicle mites are present everywhere and in everyone's hair, even among our eyelashes. They were first described by 19th century scientist, Richard Owen (the man who 1st named dinosaurs,) but are so tiny that few people have ever seen them or are even aware that they are there.

Some of tiny creatures that feed on us may also transmit diseases. Tsetse flies carry African sleeping sickness, mosquitoes can infect human with disease such as malaria. Malaria has killed more people in human history than any other disease.

Ticks can carry disease such as encephalitis and lyme disease. Mites and chiggers (baby mites) can cause skin disease and may transmit typhus fever and perhaps the most dangerous creature of all. They were the carriers of the deadly bubonic plague that killed millions of people in medieval times.

Friendship

Priyanka Singh, 3rd Year



Give me a friend that I can trust fully,
 A friend who completely believes in me.
 A friend on whom to pour heart's contents,
 And listen to the anguished call.
 Love and affection for the others,
 Care and kindness brings two together,
 Do what you can for the other.
 Help and inspire and guide to satisfaction.
 Sitting side by side without words.
 Understanding the silence,
 Knowing fully well the other's strength and loyalty.
 Follow the road lighted by friendship,
 And reach the heaven of heart's desire.

Articles

Experience-Boons In Disguise

Mubarak Khan, 1st Year



Experience is the only source of knowledge, one teacher and other eye opener. Experience heralds with knowledge, age and time. it is the ripening of thought and transforming it into action. in day to day life we come across both bad and good experiences.

It is well said by Swami Vivekanand –“experience which is bad become punishment and good one become a learning .the action done in innocence and ignorance has a long lasting negative impact and at times we have to repent for that and colloquially we define it as an experience as the time passes by the knowledge we have accumulated becomes refined and we term it a good experience. A man of experience is taller than the one who has a volume of bookish knowledge. Bad experience are like punishment, when we recollect it, it becomes a torture. we learn from other's mistakes and if we envisage it positively, it becomes a boon and a lesson which we will always treat carefully.

In good judgment there are no failures. Just our experience and our reaching towards them.

Experience is a small seed which grows into a big tree as we grow whether they are bad or good. We commit mistakes and learn from .experience is that marvelous thing that enables us to recognize a mistakes when we make it again. it makes us learn from over past and use it wisely .in future actions. it comes to save us from repeating the same mistake by recalling its result.

I feel that experience holds my hand like a person who cares for me, enlightens me and wants me to see the brighter side of life.

We and They

Yogesh Kumar, 1st year



When we are in class, we are 'students'
 When they are in class, they are 'teachers'
 When we write over our writing, it is over 'writing'
 When they write over our writing, it is 'correction'
 When we gather to discuss, it is 'gossip'
 When they gather to discuss, it is 'meeting'
 When we are found in computer lab, it is 'bunking'
 When they are found in computer lab, it is 'research works'
 When we stand outside our classroom, we are 'punished'
 When they stand outside the classroom, they are 'waiting'
 When we copy from others, it is 'cheating'
 When they copy from others, it 'quoting'

Articles

Cricket in the Examination Hall

Harsh Raja, 3rd Year



- | | |
|----------------------------|---|
| 1. Cricket field | - The examination hall |
| 2. Batsman | - The person who writes the exam |
| 3. Bowler | - The teacher setting the paper |
| 4. Bat | - The pen to solve the problem |
| 5. Umpire | - The invigilator |
| 6. Wide ball | - A question out of syllabus |
| 7. Bouncer | - The most difficult question |
| 8. Googly | - Misunderstanding the question completely |
| 9. Spin ball | - Indirect question. |
| 10. Maiden over | - Not knowing answers or any of the six questions. |
| 11. L.B.W. | - Failing the exam because the student in front of you did not study either. |
| 12. Stumped | - Continues disturbances from the students at the back asking you to let them know your paper |
| 13. Clean bowled | - Caught by the examiner while copying |
| 14. Run out | - Failing in the exam due to lack of time |
| 15. Bad weather conditions | - Invigilator not leaving the exam hall even for a minute |
| 16. Catch out | - Caught by the invigilator while trying to pass a chit |
| 17. Century | - Student scoring 100% marks |
| 18. Follow on | - Having failed in No-exam and waiting for the one in April |
| 19. Inning's defeat | - Failing in April exam as well. |

Quotable Quotes

Keshav Raman

Man should be taught to be practically and physically strong, a dozen of such lions will conquer the world and not millions of sheep can do so.

SWAMI VIVEKANAND

If you dedicate your self to what you learn, if you practice it sincerely, you will look all fear.

USTAD BISMILLAH KHAN

The man who complains about the way the ball bounces is likely the one who dropped it.

KENT HILL

Be open to learning new lessons even if they contradict the lessons you learned yesterday.

ELLEN DEGENERES

Articles

Drug Addiction

Abhishek Verma, 3rd year



How Drugs Work

To gain some insight into what causes drug addiction, we turn to two major areas of examination to formulate a working understanding. The main target of the drugs is our central nervous system, so we look there first, followed by the individual actions of the drugs themselves.

Actions of Drugs

The drug is carried to the brain by the bloodstream. It goes everywhere in the brain, but some drugs affect parts of the brain in different ways.

Getting back to the unintended consequences of a drug, as the brain chemistry is altered, the brain is fooled into thinking that "normal" is when the drug is present. Take away the drug and something is wrong.

Highly addictive drugs such as met amphetamine and crack cocaine, have powerful brain altering potential, so much so that the addict actually believes that using the drug is an absolute necessity for life. The neurons and the systems they regulate have been altered.

What Are The Risk Factors?

Genetic/Inherited

We are all a product of our parents. If your parents have addiction struggles, chances are you are more susceptible to addiction. That's why drug addiction is more common in some families than in others. If your parents smoke, chances are good you will smoke.

Anxiety

Sometimes people need some help coping with life. Everyday life becomes a struggle and simple things become too much to handle. Drugs are used to deal with it. In the case of addiction, we are not talking about the use of medication, under the care and observation of a doctor. People who have been clinically diagnosed with anxiety can lead a very good life. We're talking here about people who just need to escape. Their drug of choice facilitates that escape.

There is a genetic risk factor to drug abuse and drug addiction. Just as you have inherited your parent's physical characteristics, you have also inherited their chemical characteristics. If mom and dad used drugs, chances are high you will too, and addiction, like any other disease, runs in families. Most people have an alcohol link in their family tree, so even if the parents did not use, there was an aunt or uncle, etc. The alcohol use is often the first step towards the use of drugs, so one generation might have abused alcohol and their children might abuse illegal drugs.

Peer pressure is huge and nowhere is this greater than during our teenaged years. Kids want to be cool. It begins as a social action, to take the drugs to be a part of the group, to be accepted. It's not just teenagers, as peer pressure takes so many different forms. There is social etiquette, for example, to take a drink during a party. "I'm a social drinker." How many times have you heard that? Some people actually believe that drug addiction causes you to be accepted and part of the 'popular' group.

Articles

New Job Titles....

Amit Singh Rawat, 3rd Year



In line with our constitution and to eliminate discrimination in our society, the following titles will now be used for these jobs:

Garden Boy – Landscape Executive and Animal Nutritionist

House Maid – Family Environs Upkeep Manager

Typist – Printed Document Handler

Messenger – Business Communications Conveyer

Window Cleaner – A Transparent Wall Technician

Tea Boy – Refreshments Overseer

Garbage Collector – Public Sanitation Technicians

Watchman – Theft Prevention and Surveillance Officer or Wealth Distribution Prevention Officer

Thief – Wealth Distribution Officer

Receptionist – Office Access Control Specialist

Cook – Food Preparation Officer

Office Orderly – Office Administration Facilitator

Cleaner – Office Hygiene Control Specialist

Some giggly Riddles

Sachin Bhardwaj, 3rd Year



If you have it, you want to share it. If you share it, you don't have it. What is it?

Ans: A secret.

The more you have of it, the less you see. What is it?

Ans: Darkness

What book was once owned by only the wealthy, but now everyone can have it? (You can't buy it in a bookstore or take it from a library)

Ans: A telephone book.

What gets whiter the dirtier that it gets?

Ans: A chalkboard

What happened in the middle of the twentieth century that will not happen again for 4,000 years?

Ans: The year 1961 can be read upside down and that won't happen again until 6009!

What has no beginning, end, or middle?

Ans: A doughnut.

What has to be broken before it can be used?

Ans: An egg.

What does no man want, yet no man wants to lose?

Ans: Work - Employment

How many bricks does it take to complete a building made of brick?

Ans: Only one, the last one.

Articles

Youngsters addicted to high life of drugs



Jestin James, 3rd Year

Alcohol and drugs are becoming bigger problem in youngsters. Among the youth, alcoholism is a bigger problem than drug abuse. Under the influence of alcohol people are losing their wisdom and it is becoming the way for them in entering in to other bad influences. This is because alcohol is very cheaper and readily available. Worse, it is legal.

Pressure is the major factor that students getting in to drug abuse & alcoholism. Such pressure may be stress from college, home, personal relationships, and the curiosity to know about the secrecy about drugs. This pressure will create a chain reaction in them to get addicted in drugs. Lack of parental interaction & care will aggravate the situation.

Most try it out of curiosity. Later it will reach a stage where they can take it anymore & without drugs they can't live. It became any type of addiction, which can make defects in character. Once the drug becomes something, which helps them forget sorrow or increase happiness, they start dependent on it.

Earlier, parent child relationships were stronger. Children would not do anything that upset their parents. Today things are changing; parents and teachers need to keep an eye on students. Family problems could be a reason why the students indulge in drug abuse. Students get pocket money, making it easier to buy drugs.

What can be done? TO Help the youth withdraw in time..

- Spread awtor the use of pocket money
- Give love and care to thareness on seriousness of problems
- Involve Parents and teachers in caring them
- Parents should monie drug abusers
- Separation from friends and families will not help
- Government should come down heavily on peddlers

Articles

Make Home Your Favourite Restaurant With Luxury Food



Rahul Garg, 3rd year

With a special occasion, you desire for elegance and luxury—everything as five stars; but you have absolutely, positively, and undeniably no desire for the five-star price tag. Yes, you almost can taste mouth-watering steak and succulent lobster exciting your taste buds and pleasing your dish; and your nose seems to detect the alluring bouquet of your favorite wine. "Yummm," you think to yourself. However, before your appetite runs away with you and you start dialing for reservations, stop and do the math. How much do you really pay for luxury food, and how much do you pay for ordinary service and decent surroundings?

In the restaurant business, owners set their menu prices at approximately 3.5 times the cost of food. How much is candle light worth to you? Don't you have a linen table cloth stashed in a drawer somewhere? Can't you remember to serve from the left and remove from the right, allowing the wine to breathe as you set-down the salads?

Prepared with your love and care, lavished with your delicate touch, and seasoned precisely as per your specifications, luxury foods become affordable treats when you prepare them at home.

A stay-at-home luxury menu...

A delectable sushi appetizer for two—Order from your favorite online purveyor of specialty foods and pay approximately £15 for the best of the best. Savor smugly as you enjoy saving at least £20.

A crispy spinach-vinaigrette salad— You probably have most of the important ingredients already in your refrigerator: got a couple of eggs to hard boil and grate? Got a couple slices of bacon to cook and dice? The spinach and dressing will cost you less and the satisfaction of saving money immeasurably will add to the salad's deliciousness.

USA prime New York Steak— You will have to pay huge, but imagine New York at your local steakhouse. At current prices, you may pay more ; if you pay less, you have purchased "select" or "commercial" grade beef. And you run the risk of having the broilerman prepare it poorly. Steak tastes most flavorful and remains most moist and tender when you broil it medium rare—turn the steaks as they first begin to "sweat blood." Your prime New York cuts will taste especially wonderful, because you have paid for beef.

Cheesecake— You must splurge on your dessert: Order your favorite cheesecake flavor from "The Cheesecake Factory." Few cheesecakes can rival "The Factory's."

Select California wines—Enjoy all your favorite varieties of wine bottle. Serve a crisp and flavorful white wine with your appetizer and salad. Complement your entrée with a hearty merlot.

So why to go for luxury establishments for enjoying five-star food, make your home a lavish restaurant with luxury food.

Toppers



Toppers with Principal

2nd Year Toppers

1. Bharat Gupta
2. Nivedita Shrivastav
3. Anushree Dubey

1st Year Toppers

1. Imran Khan
2. Aishwarya Singh
3. Perna Nandwani



Mr. IHM
Bharat Gupta



Ms. IHM
Nivedita Shrivastav



Mr. Popular
Harsh Raja



Ms. Popular
Vinima Gautam

Farewell-2010



College and its culture are pleasant to experience and so FAREWELL 2009-2010 was successful outcome of lots of efforts. It was a fun filled day. Where both students and teachers enjoyed to its maximum.



It all started with graffiti, which was enjoyed a day previous to farewell where not just the white shirts but also



faces and hands were covered with naughty and sentimental messages of 'GOOD BYE'.

Back to back performances were adding glow in the party along with magnificent décor for the party. The auditorium was filled to its last seat, and after a much-awaited time the moment came when Mr. IHM and Ms. IHM also Mr. Popular and Ms. Popular were nominated and chosen.

This was not the end of the day. Then the passing out students were served exquisite dishes, which are landmark of IHM Bhopal.

This was still not the end; finally it was the time when everybody explored its 'animal' to outside world with JAM SESSION. Every passing out student enjoyed the very last fun moments of its collage life, which will last in their memories forever...



Articles

Boiling and Freezing

Rahul Verma, 3rd Year



No these are no more related just to an oven or a freezer, these are the extreme temperature we all are facing.

It was my second experience in Delhi and I observed everybody around covered under the Layers of sweater, looking like church bell, even that sometimes prove to be not sufficient, so it was 7 am in the morning of January 06th, freezing cold, road covered with a huge wall of fog, if you walk onto the street of Delhi in one of those chilly days.

I was in my way to a 5star hotel for my interview so grooming was the priority over cold. I stopped an auto which I was lucky to get tough, I noticed that driver's eyes were the only part of his body exposed to the outer world were continuously gazing me as if telling me how dumb I am to wear a thin fabric coat and hardly a inner beneath. But me along with my friend were the only people who could understand that the cold has reached to what all parts of our body and my teeth were chattering as if they will break and come out, only then I understood how does a steak falls in deep freezer. Anyways we headed towards our destination and the auto was perhaps running on its full speed and the chill was not the only reason we were shivering, every time a turn comes we were sacred to death wishing we could reach alive and no school bus come and hit us in that dense fog. Later when we safely reached we realized we were not the only one who were daring to face cold almost bare, their were lot many roofless people wearing torn and shabby cloths facing cold worse, that gave us little relief. So this was the zyaka of Dilly ki sardi.

This was about freezing cold, then there is boiling hot time were even in early march temperature reaches above 40` c and the chillers of home starts ill functioning and surrender their capabilities. Whereas we start becoming Seek Kebab.

So here is my suggestion to combat those winters if your sweeter isn't working-

- When you a get a cup of tea don't drink it! First dab it all over exposed parts of your body.
 - Always take at least four to five friends of yours with you to sit along with you in auto and get yourself tight locked in middle.
 - Always keep your shoes on.
 - If you have a big furry dog, hug him like there is no tomorrow.
 - Go for hibernation inside your blanket.
 - Go to your beach side private cottage.
 - Dig a hole in your backyard, jump inside it and get yourself tight packed.
- My suggestion to combat summer if your chiller isn't functioning well-
- Go for Everest climbing.
 - Tie a big block of ice over your head.
 - Make a separate place for yourself in your refrigerator.
 - Wear drenched socks.

If you find above things impossible there are still few thing you can do which is possible and which will result for long duration and that is do your every bit to safe the environment and mother earth, so that you don't face extreme climates.

Articles

Professionalism

Rahul Kanthwal 3rd Year



Professionalism isn't just a set of appearances -- neatness, good grooming, "shop talk" and the like. Professionalism is, rather, a set of internalized character strengths and values directed toward high quality service to others through one's work. In their daily work, whatever it may be, real professionals show these inner strengths and attitudes -- sound judgment, know-how, business savvy, mature responsibility, problem-solving perseverance and ingenuity, along with what people call "class." Any honest work can be done professionally.

We studying at a professional college tend to be perfectionists. Professionals must show self-respect in their work. They're conscious that their work reflects their inner character. Their work is, among other things, a statement of their personal commitment to excellence of performance. They don't see work as just a job to be done or merely a source of "spending money." They see work as service to others. They labor toward the betterment of other people, directly or indirectly: clients, customers, employers and colleagues. Thus they're both task-oriented and people-oriented.

Professionals have respect for experience. They have an ongoing need to learn and improve, to master traditional approaches and then try to improve on them. Among professionals there's a teaching tradition; people teach and learn by word and example. Professionals also respect the experience of others; they have high regard for professionalism in other lines of work. They tend to see problems as challenges and opportunities, not burdensome "hassles" to be avoided. They have a long-term habit of approaching problems confidently and optimistically. They don't let indecision or fear of failure lead to paralysis. They do the best they can with what they have. They have a high level of personal responsibility and respect for others' rights. They have a clear sense of the limits to their authority and rights of operation. They don't meddle in others' affairs or criticize in areas where they have neither rights nor expertise. So, professionals are unafraid to say, "That's none of my business" or "I don't know anything about that...." They tend to have an intense dislike for gossip or otherwise uninformed criticism. They make efficient use of resources, especially time. They know how to concentrate mind and will on the tasks before them. They work quickly but not hurriedly. They're careful but not slow. They compartmentalize work responsibilities from leisure and personal interests. Work hours are devoted exclusively to job performance; leisure and personal affairs wait until the job is done. Responsibilities to clients and employers come ahead of self-interested concerns and pleasures. They know that leisure is most enjoyable when it's been earned through hard work. They can do their best work no matter how poorly they feel at the moment. Even off the job, professionals demonstrate admirable character: good judgment, good taste, good manners, a respect for quality in general. Their personality shows tasteful self-restraint combined with concern for others and love of life -- in a word, "class." The character and values of professionalism are built up first in childhood and then strengthened in adulthood through study, training, and work experience. This means that young people, even teenagers, can mark themselves as professionals -- earn the respect of all who work with them -- during the first few weeks of their first job.

Fresher-2009

College and its culture are pleasant and beautiful to experience whether we celebrate teachers day, farewell or welcoming of juniors.

Fresher 2009 was successful outcome of so much of efforts done by so many people. It was a really amusing day were in the teacher's and student's pioneer efforts made the day very successful and enjoyable.

Continuous performances added glow in the "Mermaids world" which was the theme of the fresher day party. The college auditorium was filled with students who were filled with great zeal to enjoy their college life in the coming three years.



Ms. Fresher
Niharika Tiwari



Mr. Fresher
Sumit Bisht

Then finally the moment came which was most awaited with curiosity when the most promising student from first year were to be chosen for Mr. fresher and Ms. fresher who were Sumit Bisht and Niharika Tiwari respectively.

Then came the moment when students were served with delicious dishes which is the landmark of IHM Bhopal.

The respected principal gave vote of gratitude for organizing a memorable fresher day.

Articles

Global Trends in Training : Futuristic Learning, Are we ready?



Atul gupta, Sr. Lecturer

Keeping in view expansion of Indian economy, the training scenario in India will undergo change & following are my predictions;

A) Increased acceptance of Self Paced learning (SPL)

Individuals & corporate will increasingly focus on alternate mode of training delivery via, audio, video, webinars, podcasts (Just In Time Training-JIT).

Keeping in view of high delivery cost of training via Instructor led training (ILT) also called classroom training, SPL can be used during non productive time, while commuting/eating/ sleeping/ washroom activities/cooking.

World's largest & oldest inspirational product company "Nightingale Conant" is leader in training audios & videos. They have rich collection on varied subjects by domain experts.

B) Training will be owned by managers across all levels

Increasing number of managers will undergo their re-skilling for new roles. There will be paradigm shift in old school of thought; training is meant only for frontline people.

C) Coaching for all levels

Coaching is all about building upon strengths of people & helping them implement participants learning's in classroom. It will also help in strategy implementation.

All senior people are experts in their domain, however the interdependence need to be reinforced amongst various functions through coaching interventions.

Marshall Goldsmith is world's leading figure in Executive coaching. Executive & CEO coaches will gain acceptance by corporate.

D) Experiential/ outbound learning will get priority

Scenarios simulations will be increasingly used to drive point & reinforce learning's & implement strategy across individuals.

It helps people discover learn implications of their actions & consequences thereof.

E) Overall market will expand @decrease in training delivery cost & branding of training.

Training will be on demand, people will be more aware (Trainer's forum initiatives are commendable) & give due importance to learning's & re skilling themselves.

Organised & global players will set up shops in India & training methodologies will be branded.

Lot of Individuals in India have taken inspiration from global players & the are offering quality training through audios/podcasts/webinars (in vernacular languages as well)

F) Technology as an aid to training

With increased penetration of broadband, Video Conferencing, Distance Learning will be a norm.

Audio Conferencing: Single dial in number will be routinely used for new product launches & educating workforce dispersed across geography.

Articles

Indian hotels a Harvard case study

Sharad Nautiyal
Sr. Lecturer



It's all about setting the table right. There's no point making a mistake and then overwhelming the guest with a flurry of apologies. All this may sound trivial, but this emphasis on systems has probably led to Indian hotels being chosen as a case study by Harvard business school.

While most of the participants shared notes on common issues, the cultural aspect of HRD often came up for discussion. Using the experience of his own company, Martyris talked about how IHL had moved from a work ethos, which was relationship-based (especially during the Kerkar days) to one which now depends on solid systems and is more task-oriented.

According to Martyris, IHL has been selected as a case study because the evolution of systems in aspects like work ethos, leadership and cultural change can be traced from its relation-based roots to its current systemic form. The HCL case study will be introduced in the strategic management course and will be a part of core MBA programme and not just short term course which processes to unite a case. Professor of organizational behavior at HBS Thomas J Delong said that he rarely takes up a case study in HR with a participant; this time saw the opportunities and processes to unite a case.

Apart from being able to trace the evolution, HBS was also by the ability of the Taj group of hotels to combat major international competitors like Marriott, Radisson, Four seasons and Carlton that are already in India.

The challenge facing IHL is to define cultural change in a liberalized environment and compare favorably with international competition, which all have very strong systems. At the end of fact-finding visit, HBS is still working out how case study should be presented to its students. IHL could be seen either an example of organizational transformation, or how to create managers by changing the work ethos or studying key dimensions of cultural change. When the case study is finally presented, HBS would like to include a Taj protagonist to take part in the discussions.

The Taj hotels with 15000 people provided an ideal opportunity for HBS the people dimension in a service industry in west Asia, says Martyris. "The challenges here lay in retaining the warmth and relationship focus of the Taj and inculcating a systems driven approach to service" he added.

In the last three years. He said, the Taj has introduced a number of systems in the organisation such as guest satisfaction tracking, employee tracking, and a number of training and development programme.

There has a major re-organisation in the company over the last three-and-half years where systems and processes have been put in place using the Tata Excellence Model. The move is from relationship-based model and the key, according to Martyris, is to get the internal customer equations right and only can the external customer be happy.

Articles

Do You Know

A.K. Singh, Sr. Lecturer



1. Egg whites reach their greatest volume if allowed to stand at room temperature for about 30 minutes before beating.
2. The highest percentage of Italian restaurants in the USA is in the Mid-Atlantic region. This area has over 2800 restaurants, which is 27.2% of all of the Italian restaurants in the country.
3. The shape of a Champagne cork after the bottle has been opened indicates the age of the bottle: a mushroom shape indicates recently bottled Champagne; a straight-sided cork suggests a well-matured bottle.
4. The quality of all yeast products suffers if they are stored or cooled improperly. They should be cooled at room temperature and away from drafts. Breads and rolls should be removed from their pans for cooling. Allow loaves to cool before slicing.
5. Margarine, when introduced in the late 1800's, was banned in the US as a harmful drug and its sale restricted. Later, it was heavily taxed and stores needed a license to sell it!
6. A classical Moroccan meal starts with a b'stilla (a semolina dough pie stuffed with layers of ground pigeon meat, spices and sugar and then deep-fired) followed by a couscous. Dessert would be a sweet pudding.
7. In Escoffier's kitchen, most sauces were based on stocks. Of the hot sauces, only the butter sauces - hollandaise and béarnaise - were entirely stock-free. Today, a greater number of non-stock-based sauces are popular and widely used.
8. Peanuts are officially considered a legume. Native to South America, it can now be found in all tropical regions and is widely used in the cuisines of Asia and West Africa.
9. Using too much lemon juice when trying to prevent discoloration of vegetables will result in toughened vegetable fibre and prolonged cooking time.
10. A cup of coffee has double the amount as much caffeine as a cup of tea or a 12 oz can of cola.
11. You can avoid overcooking fruits by remembering that some carryover cooking will occur through the residual heat contained in the foods. Rely on sight, feel, taste and aroma rather than the clock.
12. Ketchup was derived from sweet sauces in Asia called Ketjap Manis. Original versions were made of mushrooms and walnuts. Tomato ketchup was made popular after tomatoes were introduced in the USA by Thomas Jefferson.
13. A good fresh coconut should feel heavy and you should be able to hear the coconut water sloshing around inside. Avoid cracked, moist or mouldy coconuts.
14. According to the FDA a food item must have 3 grams of fat or less per 100 grams to qualify as "Low Fat".
15. To remove the bitter skin from hazelnuts, roast the whole nuts in a 275°F (135°C) oven for 12 to 15 minutes until they just begin to darken. Rub in a dry towel to remove the skin.

Articles

Things To Remember When Caring For House Plants



K.P.S. Babu, Lecturer

Many people worry when it comes to caring for plants, especially houseplants. Because having plants inside your home makes your space healthier and lovelier.

When caring for houseplants you needn't worry or feel intimidated. Here are 4 wonderful things to remember when caring for houseplants:

1. Watering

This is the biggie. How much do I water my plants and how often? Do I need one of those watering cans or can I just use what I have around the house?

Knowing how and when to water your plants is really very simple. Try this - Insert your index finger up to the first joint into the soil. If you feel the soil is damp, don't water it. If you feel the soil is not damp, then water it.

2. Feeding

Foliage plants and flowering plants need different things when it comes to feeding. Foliage plants require a high amount of nitrogen. Whereas flowering plants need more K2O, or potassium oxide.

Fertilizers will make sure your house plants have the vital nutrients they require. And make sure to feed plants on the height of their active growth.

3. Lighting

Some of the house plants require no shade. So they can be placed near windows that get a fair amount of direct sunlight.

Spider plants need semi-shade. You can place these near windows that do not get direct sunlight.

So always buy house plants with all the information you need as far as how much light they require.

4. Temperature

Generally speaking, most houseplants can survive in temperatures a little bit higher than 55' – 75' F. Drastic fluctuations, however, are not good for them.

Extra Curricular Events

Food & Beverage Event



Sacred Starting



Impression Dance



Quiz Time



Napkin Folding Competition



Glass Wiping Competition



The Winners



Chef Competition

Articles

Secrets of Concentration

Pravar Pachori
Asst. Lecturer (Contractual)



(To develop concentration in overnight is impossible)

1. Every student must have the facility of a chair & a table to spread books and study comfortably.
2. Having sat down to read or write, one should not shake his body unnecessarily. Don't adopt odd postures while sitting to study. As a shaky vessel disturbs the water contained in it, so too the mind becomes disturbed when body keeps changing its postures.
3. At a time single topic must be taken for study and mind should be fully immersed in it.
4. Intake of food stuff that increases sleepiness must be avoided.
5. Our body must be daily clean along with clothing's and bed clothing's.
6. Indecent and vulgar thoughts should be denied entry into mind.
7. You must set time bound targets for study.
8. Concentration is impossible for one with a weak body or weak mind.
9. In correct quantities milk, butter and ghee must be daily taken.
10. The best tonic for concentration is energy conserved through continence [Brahmacharya].
11. You must have self confidence, self confidence is trust that one has in his/her own strength.
12. Student must develop love for study/subject.
13. Concentration can be attained by practice.
14. We must practice yogasanas.

Articles

Wine and Health

Chandan Singh Bisht
Asst. Lecturer (Contractual)



The medical profession has recognized the healthful and nutritive properties of wine for thousands of years. Hippocrates recommended specific wines to purge fever, disinfect and dress wounds, as diuretics, or for nutritional supplements, around 450 B.C.

Most of the pathogens that threaten humans are inhibited or killed off by the acids and alcohols in wine. Because of this, wine was considered to be a safer drink than much of the available water up until the 18th century.

Wine is a mild natural tranquilizer, serving to reduce anxiety and tension. As part of a normal diet, wine provides the body with energy, with substances that aid digestion, and with small amounts of minerals and vitamins. It can also stimulate the appetite.

POLITICAL SUPPRESSION

Although wine may be the oldest remedy still in use, there was an entire generation of medical professionals, especially in America, that obtained their medical education during the historical period known as Prohibition. Medical texts for nearly twenty-five years were purged and censored of any mention of alcohol, including wine, for any application other than external. This medical generation became educators to the following one, perpetuating medical ignorance of the potential health benefits of wine.

In the 1970s, the National Institute of Health proved moderate drinkers had 50 per cent fewer deaths from coronary disease than non-drinkers.

ANTI-CANCER & CORONARY BENEFITS

Moderate consumption of red wine on a regular basis may be a preventative against coronary disease and some forms of cancer. The chemical components thought to be responsible are catechins, also known as flavanoids and related to tannins. Catechins are believed to function as anti-oxidants, preventing molecules known as "free-radicals" from doing cellular damage.

There are also compounds in grapes and wine (especially red wine, grape juice, dark beers and tea, but absent in white wine, light beers and spirits) called resveratrol and quercetin. Clinical and statistical evidence and laboratory studies have shown these may boost the immune system, block cancer formation, and possibly protect against heart disease and even prolong life.

CAUTIONS

On the other hand, wine is not a cure-all and not everyone should drink wine. There are also circumstances when no one should drink any alcohol. When combined with certain over-the-counter or prescription drugs, for example, alcohol in any form can produce an adverse reaction (see the 5th paragraph under "Headaches" below). Wine should not be given to people with inflammations of the digestive tract, peptic ulcers, liver disease, pancreatitis, kidney or urinary infections, prostate disorders, epilepsy, or alcoholism. As previously mentioned, pre-menopausal women with a family history of breast cancer should abstain from drinking any alcohol, including wine.

Articles

Be Optimist

Satish Singh
(Assistant Lecturer, Contractual)



It gives me immense pleasure to be a part of the “editorial board” for the college magazine. This magazine not only provides a glimpse of the institute but also a common platform to the student, faculty and staff to express their views.

I would like to share some of the famous exhortation which boost-up the self confidence and inculcates a positive attitude among us to work for the betterment of students, college and the hospitality industry.

1. Start from good, become better work hard and keep trying till you become the best.
2. Never feel that you are inferior to any one but always remember to respect your seniors. “You can only make yourself inferior.
3. Be positive and always think positive as nothing is impossible.
4. Doesn't matter the place you hail from smaller downtrodden states, what matter is your confidence, your work, and finally the output.
5. Doesn't matter weather you are tall or short, black or white, have a good personality or bad one, all the one matter is your abilities.

Identifying Eating Triggers

Ms. Manju, Asst. Lecturer (Contractual)



Situations and emotions that trigger us to eat fall into five main categories.

- SERIAL – Eating when around other people. For example, excessive eating can result for being encouraged by other to eat, eating to fit in or arguing.
- EMOTIONAL- Eating in response to boredom stress, depression, anger, anxiety or loneliness as away to “Fill the void”.
- SITUATIONAL- Eating because the opportunity is there. For example, at a restaurant seeing an advertisement for a particular dish, passing by a restaurant.
- THOUGHTS- Eating as a result of negative self worth or making excuse for eating.
- PHYSIOLOGICAL- Eating in response to physical cause. For example, increased hunger due to skipping meals or eating to cure headache or other pain.

Articles

Human Resources Management In Hotels



Semanth Seth
Asst. Lecturer (Contractual)

There are several different areas where human resources management very important role. One of these areas is for newly hired employees as well as those who are working there. The employees that are hired in a hotel can really alter themselves as per the hotel management standards. This means that it is very important to pick willing and dedicated workers for each position. It is the responsibility of the human resources manager to make sure that good people are employed.

Retention of employees is another large problem in the hotel service business. Since so many of the employees do not have hotel work as their career goals, many of them only work in a hotel for a short amount of time. The importance of human resources management for hotels is very large in this area. Managers can provide good training and incentive programs that will cause employees to stay longer at the hotel. Having a clear progression plan to advance to higher levels of service will also cause employees to stick around much longer.

The issue of employee progression and promotion is also another large issue for the hotel industry. The importance of human resources management for hotels is proven in this area. Hotels which provide ways for employees to advance in position, or that provide training for employees so that they can gain skills necessary for an advanced position are very important to the retention rate of employees. One of the easiest things to implement is English lessons. Many hotel employees do not speak English very well, and so it is a great incentive for them to stay working at a hotel if they are offered English lessons.

The importance of human resources management for hotels is also important in the area of employee services. If the employees know they can come to the human resources manager whenever they have a problem or issue then it is easier for them to work in good conscience. Many human resources departments implement different games and activities to make the work environment more interesting and fun for employees. There are many different services that a human resources manager can think of to help employee morale. Maybe the hotel could implement a babysitting service, or have a park day every year. These little services go a long way towards making happy employees. Happy employees make happy companies and happy customers.

As you can see, the importance of human resources management for hotels is very great. There are thousands of ways that a human resources manager can make a hotel run more smoothly and more efficiently. There are many different areas that can benefit from the experience and guidance of a human resources manager. Therefore it is very important to not undermine the manager's importance. Without the human resources manager a hotel is not the same or as pleasing to customers and employees.

Republic Day Celebration



Flag Hosting



Assemblage



Patriotic Singing



Dance Performance



Sita Abduction



Truck Size Body,
Peanut Size Brain



Bellatrus Strange Disguised

A Step towards nature



Tree Plantation by Principal

Articles

Top Five Most Expensive Hotel Rooms in The World

Sanjeev Kalra, Purchase Manager
Radisson Suits, Gurgaon

5) Plaza Hotel (New York City) New York City is one of the most popular destinations in the world, and the Plaza Hotel is one of the most timeless places to stay. The Presidential Suite in this grand hotel spans the whole 18th floor and includes two living rooms, a library, six bedrooms and seven bathrooms. Guests can also enjoy the array of views from four balconies, and experience the services of a private chef who is on call around the clock, as well as a butler and maids ready and waiting to respond to requests. There is even a private chauffeur to take guests wherever they want to go in the hotel's own Rolls Royce. All of these extras are included in the \$20,000 a night price tag.

4) Palms Hotel (Las Vegas) Imagine having your own basketball court right in your hotel suite! This unusual feature is just one of many selling points for guests at the Palms in Las Vegas. The Palm's Hardwood Suite is two full floors of extras, including a full half-court complete with three Murphy beds right on the floor and NBA memorabilia, private locker rooms, scoreboard, pool table, bar and dance floor. The cost for this experience is \$25,000 for a night.

3) Westin Excelsior Hotel (Rome) If you book a night at the best suite in the Westin Excelsior Hotel in Rome, you can expect the staff to cater to your every desire. You will be greeted with a welcome massage in your suite, and your rooms will be filled with your favorite flowers. The décor is a blend of old-world charm and opulence, from the Italian frescoes to the stained glass windows and walnut-paneled library. The suite also includes a fitness area, Jacuzzi, private cinema and a balcony and sun deck with magnificent views of the nearby shopping area. The price for a one-night stay with all of these details is \$29,000.

2) Atlantis Resort (Paradise Island) If you are heading to the Bahamas, you may want to reserve a night in the Bridge Suite at the Atlantis Resort there, which is located on Paradise Island. This 10-room well-appointed suite comes complete with marble floors, a grand piano and even a 22-karat gold chandelier. Such luxury is pricey. One night in these accommodations costs \$34,000.

1) Palms Hotel (Las Vegas) When it comes to the world's most expensive suite, there are two top contenders for this position and both are located in Las Vegas. The first is at the Palms, which was also listed in number four for its Hardwood Suite. But the Palms has an even more expensive option, called the High Hefner Sky Villa, which is a two-floor fantasy accommodation that is modeled after the Playboy Mansion and comes complete with all of the bells and whistles imaginable. For instance, guests will sleep in round bed that spans eight feet across and even rotates, and there is a glass elevator, outdoor private pool, private indoor spa, indoor water features, popup televisions and a media room. The price for a night's stay in this over-the-top place is \$40,000.

Articles

Types of beds

Reeta Thomas, Executive Housekeeper
Radisson MBD, NOIDA

- An adjustable bed is a bed that can be adjusted to a number of different positions
- A bassinet is a bed specifically for newborn infants.
- A box-bed is a bed having the form of a large box with wooden roof, sides, and ends, opening in front with two sliding panels or shutters; often used in cottages in Scotland: sometimes also applied to a bed arranged so as to fold up into a box.
- A brass bed, constructed from brass or brass-plated metal.
- A camp bed (also cot) is a simple, temporary, portable bed used by armies and large organizations in times of crisis.
- A canopy bed is similar to a four poster bed, but the posts usually extend higher and are adorned or draped with cloth, sometimes completely enclosing the bed.
- A curtained bed is a luxury bed with curtains.
- A daybed is a couch that is used as a seat by day and as a bed by night.
- An infant bed (also crib or cot) is a small bed specifically for babies and infants.
- A kang bed-stove is a Chinese ceramic room heater used as the platform for a bed. A Manjaa is a traditional Punjabi bed made of tied ropes bordered by a wooden frame.
- A pallet is a thin, lightweight mattress.
- A platform bed is a mattress resting on a solid, flat raised surface, either free-standing or part of the structure of the room.
- A roll-away bed (or cot) is a bed whose frame folds in half and rolls in order to be more easily stored and moved.
- A rope bed is a pre-modern bed whose wooden frame includes crossing rope to support the typically down-filled single mattress.
- A sofa bed is a bed that is stored inside a sofa.
- state bed developed in Early Modern Europe from a hieratic canopy of state.
- A toddler bed is a small bed for young children.
- A trundle bed or truckle bed is a bed usually stored beneath a twin bed also sometimes referred to as a sleepover bed.
- A vibrating bed is typically a coin-operated novelty found in a vintage motel. For a fee, the mattress vibrates for a duration of time. Alternatively it is a modern bed which vibrates by use of an off-centre motor. It is controlled by electronics for varying time and amplitude settings and is used therapeutically to ease back pains.
- A waterbed is a bed/mattress combination where the mattress is filled with water.

Articles-Alumni

Making effective presentations



Shankar Kumar (Asst.Prof. Leeds Met India Bhopal)

Few people feel comfortable standing up in front of their peers and explaining or demonstrating their ideas and nobody is born with an instinctive knowledge of how to make a good presentation. So how can you turn the heart-thumping, mouth-drying, brain-numbing panic that many of us experience before a presentation, into positive, dynamic energy that brings your work to a higher level?

Firstly, remember that a presentation is a type of performance. No-one would contemplate walking on stage to perform a play without considerable prior rehearsal. Treat your presentation in the same way. Learn it. Practice all the aspects of it, again and again, until you are word and action perfect. If you are presenting as a team, make time to rehearse together as well as individually, so that the presentation flows easily between you and you can be sure that there is no duplication or contradiction between your various sections.

Secondly, you have got to know your stuff. Research the topic you are covering in greater depth than you believe is required for the presentation. The easiest way to increase your confidence about presenting something is to feel that you are as fully prepared as possible. When you have a real understanding of the subject you are talking about, you will deliver your presentation more intelligently and you won't have any lurking anxiety that someone's going to ask you a question you won't be able to answer. basic is simply to speak naturally and make eye contact with different members of the audience as you talk. This means knowing your material off by heart, so that you don't have to read from notes. Smiling also helps – not only will you feel happier and more relaxed (the very act of smiling alters your brain chemistry to make you feel more positive), but other people will smile back at you! And talking to a room full of friendly, smiling faces is a lot less daunting than talking to bored, restless or indifferent ones.

Props, visual aids and a joke or two

Another way to engage your audience is to give them something to do. It is not usually forbidden to ask the audience questions or to request volunteers to take part in a demonstration as part of your presentation. Even this relatively low level of interactivity draws people in to you and to your topic. If you don't feel able to go that far, at least give your audience something to look at while you speak. Keep visual aids simple and relevant so that they add to your presentation rather than overwhelming it but don't be afraid of using them. They add significant value. Don't, though, fall into the trap of trying to hide any weaknesses in your presentation behind over-elaborate or gimmicky props – it won't fool your tutor.

If you are using props or visual aids, check them thoroughly beforehand, to make sure they work and you know exactly how to operate them. If your aids require equipment that you won't be bringing with you (computers, flip charts, overhead projectors, etc.), make sure you ask for that equipment to be brought in for you, and test it to make sure it works. Even if you're nervous and want to get started, it's worth spending a minute to

Articles-Alumni

familiarize yourself with your tools before the presentation, rather than having to stop and figure it out half-way through.

Finally, a word of caution about the use of humor in presentations. Whilst a presentation can undoubtedly be enlivened with a few laughs at appropriate moments, the purpose of a classroom presentation isn't simply to entertain your classmates. You will be expected to cover the topic requested adequately and to take your studies properly seriously. You should also avoid any potentially offensive or derogatory remarks and remember that humor is a very personal thing; not everyone shares the same view of what makes an amusing anecdote!

Keep to your allotted time; invite questions at the end if you haven't done so already; and then just relax and enjoy it.

Remember, nobody has ever died from giving a presentation!

Knowledge process outsourcing

Prnay Patwal
Sr. Consultant

Knowledge process outsourcing (KPO) is a form of outsourcing, in which knowledge-related and information-related work is carried out by workers in a different company or by a subsidiary of the same organization, which may be in the same country or in an offshore location to save cost. Unlike the outsourcing of manufacturing, this typically involves high-value work carried out by highly skilled staff. KPO firms, in addition to providing expertise in the processes themselves, often make many low level business decisions—typically those that are easily undone if they conflict with higher-level business plans.

Types of KPO services

KPO services include the following:

- Investment research services (equity, fixed income and credit, and quantitative research)
- Market research services
- Legal research services (also known as Legal Process Outsourcing)
- Patent research services

Articles-Alumni

Tea

Parikshit Sharma, Ex Student IHM Bhopal,
Faculty,
Institute of Hotel Management,
Kufri, Shimla, (H.P.)

Tea is the agricultural product of the leaves, leaf buds, and internodes of the *Camellia sinensis* plant, prepared and cured by various methods. "Tea" also refers to the aromatic beverage prepared from the cured leaves by combination with hot or boiling water, and is the common name for the *Camellia sinensis* plant itself. Although tea contains various types of polyphenols, "contrary to widespread belief, tea does not contain tannic acid".

Tea is traditionally classified based on the techniques with which it is produced and processed.

- White tea: Wilted and unoxidized
- Yellow tea: Unwilted and unoxidized, but allowed to yellow
- Green tea: Unwilted and unoxidized
- Oolong: Wilted, bruised, and partially oxidized
- Black tea: Wilted, sometimes crushed, and fully oxidized
- Post-fermented tea: Green tea that has been allowed to ferment/compost

Tea culture

In many cultures, tea is often had at high class social events, such as afternoon tea and the tea party. It may be consumed early in the day to heighten alertness; it contains theophylline and bound caffeine (sometimes called "theine"), although there are also decaffeinated teas. In many cultures such as Arab culture tea is a focal point for social gatherings. Moreover, the history of tea in Iran - in the Persian culture- is another to explore. One source cites: "the first thing you will be offered when a guest at an Iranian household is tea."¹

There are tea ceremonies which have arisen in different cultures, Japan's complex, formal and serene one being one of the most well known. Other examples are the Chinese tea ceremony which uses some traditional ways of brewing tea. One form of Chinese tea ceremony is the Gongfu tea ceremony, which typically uses small Yixing clay teapots and oolong tea.

Type	Water Temp.	Steep Time	Infusions
White Tea	65 to 70 °C (149 to 158 °F)	1–2 minutes	3
Yellow Tea	70 to 75 °C (158 to 167 °F)	1–2 minutes	3
Green Tea	75 to 80 °C (167 to 176 °F)	1–2 minutes	4-6
Oolong Tea	80 to 85 °C (176 to 185 °F)	2–3 minutes	4-6
Black Tea	99 °C (210 °F)	2–3 minutes	2-3
Pu-erh Tea	95 to 100 °C (203 to 212 °F)	Limitless	Several
Herbal Tea	99 °C (210 °F)	3–6 minutes	Varied

Articles-Alumni

Cigar cutter

Anshul Kataria, Lobby Manager
Taj Vivanta, Goa.

Types

A semi-airtight cigar storage tube and a double guillotine-style cutter
There are three basic types of cigar cutters:

- Guillotine (straight cut)
- Punch cut
- V-cut (a.k.a. notch cut, cat's eye, wedge cut, English cut)

Straight cut

The straight cut is the most common, usually used on cigars with a smaller ring gauge. This cut uses a quick straight cut causing both ends of the cigar to be exposed. The double blade guillotine is preferred by many aficionados over the single blade, because it usually makes a cleaner cut. Cigar scissors are also used to make straight cuts, and may be the best choice for cutting the cigar with exactness. However, the guillotines are usually the most practical, the least expensive, and can be easily and safely carried in shirt or trouser pockets. Most prefer this cut because the entire cap end is exposed allowing for maximum smoke to exit with only minimum buildup occurring around the edge.

Punch cut

There are three basic types of cigar punches, a bullet punch, Havana punch, and multi-punch. The bullet punch is just that, a bullet shaped device that fits on a key chain. The punch can be twisted to expose a circular blade, used to cut a hole in the cigar cap. This cut is preferred by some, as it exposes less of the filler and binder and reduces the chance of tobacco ending up in the mouth. Critics of this cut maintain that the smaller hole does not allow as much smoke to come out and the hole is often clogged with a saliva and tobacco buildup. One problem associated with these otherwise handy, durable and inexpensive devices is that the unscrewable top is easy to lose, leaving the blade exposed in the user's pocket. "Havana punches" offer some of the same convenience but with more safety. Rather than an easy-to-lose top, the blade is recessed and springs out at the push of a button. Multi-punches offer different-sized punch holes for different sizes of cigars.

V-cut

The last of the most common type of cuts is the V-cut. V-cutters look like guillotine cutters, but cut a wedge into the cigar cap rather than completely removing it, creating a clean-looking gash. Good V-cutters penetrate deeper into the filler than straight cutters, and some smokers prefer them for thicker gauge cigars. However, cheap V-cutters can result in sloppy cuts too deep into the cigar, which result in an uneven burn.

Articles-Alumni

An Entertaining Experience

Pavan Indu Raina,
COO Impresario entertainment & hospitality Ltd, Mocha



Hospitality and Entertainment ... two very different fields you would think. But on the contrary Hospitality & Entertainment experience go hand in hand ... each contributing to each others success story. A guest walking into your hotel, restaurant or a multiplex has only one need ... to be entertained!!! Remember the movie Gladiator ... the hero Maximus (Russell Crowe) after slaying all the Romans in the Acropolis shouting ... "Are You Entertained". Thus entertainment has different connotations and in today's hectic world and lifestyle ... offering entertainment with hospitality is like a breath of fresh air and equivalent to giving a CPR to a cardiac arrest patient!

Why do you think we have cheerleaders in IPL ... the most well packaged entertainment in recent times is and will be the I P L. Three cheers to Mr Lalit Modi for completely transforming cricket from a sport to a superbly marketed product offering action (on and off the field), glamour and loads and loads of stirring passion.

One of the fastest growing sectors of the economy of our time is the hospitality & entertainment industry. They alone are worth multi billion rupees and a growing enterprise and unlike the various Saas – Bahu enterprises on TV these days, it is exciting, never boring and offers unlimited opportunities. These industries are diverse enough for people to work in different areas of their interest and still get paid for doing what they like to do.

Think about this: It makes sense to prepare for a job in which you have numerous opportunities for advancement, because it is an economic advantage for you in the long run and also in today's time is also the only industry that is recession free!!!

Hotels and entertainment companies are challenged with building the brand, tapping emerging markets that are reshaping world tourism, focusing on human assets and leveraging technology. Entertainment permits people to amuse themselves in their leisure time. Its appealing to children, and adults may also find them enjoyable.

At home, at work & even on the go, we are spoiled with a plethora of available multimedia and entertainment options. These days travelers are making it known they expect a high level of entertainment choices in their hotel rooms. Guests are showing a greater willingness to pay for movies, video-on-demand, in room games, and high speed internet access. This new generation of technology allows the guest to watch what they want when they want it.

It also helps the guest to customize their room and, ultimately, their overall experience. These are the opportunities available to generate increased revenue without incurring significant labor and other costs. It is critical to make an impression on guests at every touch point, to increase the frequency of visits and increase their spend per visit.

Most importantly, it will give your customers an experience that stands apart from many of your competitors and has them coming back for more.

Articles-Alumni

The Ayurvedic Cuisine

Pankaj Dhoundiyal, Front Office
The Oberoi, Delhi

Ayurvedic foods are appetizing, flavorful and aromatic and a way of offering love, becoming healing when served in an inspiring atmosphere. The cleansing of toxins that have entered the body and the electrochemical vitalising of the body are main objectives. Ayurvedic cooking thus is an art and a science at the same time, when cooking becomes alchemy and food becomes Tantra.

The basic principles of Ayurvedic Cooking are: the five Elements, the three Doshas, the three Gunas, the seven Dathus and the six Tastes. It also attaches a lot of attention to the effect of the cooking method on the quality of the foods, the importance of the vibrations of the cook and of the surrounding atmosphere, the compatibility of foods, the right time for cooking and eating, the cycle of the seasons and the effects of foods on consciousness.

The State of the food

Foods generally have three states or stages. These states are called Sattavic, Rajasic and Tamasic.

For example an apple when it is just ripe and plucked from the tree it will be in the Sattavic state. When it lies on the counter or grocery shelf for a few days its state turns to Rajasic and when it starts to get soft and brown it has entered the Tamasic stage.

- Eating fresh foods and in moderation is considered sattavic and helps to preserve youth, such a person is alert, and in harmony with nature.
- Eating highly salty, oily, fast foods are considered rajasic. Eating your meal quickly and under stress is also rajasic. The person consuming such food loses the capacity to distinguish subtle stimuli and can be prone to disease.
- Food that is stale, overcooked, cooked eight hours earlier than consumption, liquor, drugs and overeating are considered tamasic.. Tamasic foods robs the person of the capacity to think clearly and disease and lethargy set in.

Flow of food energy through the body's seven tissue layers

The seven tissue layers in the body in order are plasma, muscle, fat, bone, nerves, marrow and reproductive tissues. Good cuisine and nutrition will aid in the proper flow of energy through these channels.

Effect of food on the body is in the following 3 ways

We must eat according to the elemental structure (doshas) of our body and food according to Ayurveda. Some have more of the earth and water element in us, some of us have the air and ether element in us and some of us have the fire and heat elements in us. We can use food to create balance in us so we mimic the universal balance around us. Thus a person with a higher earth and water element can balance themselves with foods that have more fire and air elements in them.

- Secondly the food itself has a potency or veerya and has either a cold or hot effect on the body
- Thirdly the food has a personality or prabhav can also have a certain action on the body like purgative or binding quality to it.

Articles-Alumni

Liquid Gold: The 10 Most Expensive Whiskies in the World

Nikhil Kapoor, Front Office Department
The Oberoi's Trident, Mumbai

10: Ladybank Single Malt: \$4,700:

Rounding out the top of the list is the Ladybank Distillery in Edinburgh, Scotland. Only 300 bottles of the rare Single Malt Scotch are bottled each year, and to obtain one — you have to become a member of the club. The price of admission? — about \$4,700 a year.

9: The Macallan 1947 Fine and Rare Collection: \$6,800:

This sherry cask Speyside scotch was bottled for Italy in 1962 before it was repackaged for Macallan's Fine and Rare line of whiskies. The distillery used peat in its kilns because of the scarcity and high price of coal during WWII, the 1947 bottle, so this 15 year old has an earthy quality not present in modern Macallans.

8: Chivas Regal Royal Salute 50 year old: \$10,000:

A swill special enough to be packaged for the 1953 coronation of Queen Elizabeth II, the Chivas Regal Royal Salute is a 50 year old Scotch with smoky anise and raisin flavors. Only 255 bottles were made, 10 of which were destined for America, where collectors eagerly poured out \$10,000 each.

7: The Macallan 1939 40 year old Fine and Rare Collection: \$10,125:

"Peaty and powerful," with overtones of sweet toffee and dried fruits, Macallan's 1939 is a 40 year old first bottled in 1979. In 2002, it was added to the distillery's Fine and Rare line and re-bottled. It can be found today for around \$10,125.

6: Glenfarclas 1955 50 year old: \$10,878:

Wealthy tasters are warned to overlook this richly scented 50 year old Speyside at their own "peril." Spicy and silky with a sweet start, this is the oldest batch ever bottled by the Glenfarclas distillery.

5: Dalmore 50 Year Old Decanter: \$11,000:

Only 60 crystal-cut bottles of this Highland single malt were produced. Filled in 1978, this dark sherry-aged Dalmore has a reputation for being intense and deeply flavored and is considered by many aficionados among the best 50 year olds in the world.

4: Macallan 55 Year old Lalique Crystal Decanter: \$12,500:

The eye-catching crystal bottle of Macallan's 55 year old Lalique was based on a 1910 perfume bottle designed by Rene Lalique. Exotic, with hints of peat smoke, the taste is smooth with lingering citrus overtones.

3: Glenfiddich 1937 Rare Collection: \$20,000:

Rare doesn't describe it. Only one bottle of Glenfiddich's 1937 Rare Collection was ever produced, and it just might be the oldest bottle of whisky in the world. It was snatched up at a 2006 auction for a bargain \$20,000.

2: Dalmore 62 Single Highland Malt Scotch: \$58,000:

Only a dozen bottles of Dalmore 62 single malt were corked in 1942. One night in 2005, a man bought a bottle for \$58,000, and downed it with five of his buddies.

1: The Macallan 1926 Fine and Rare: \$75,000:

"Dry and concentrated" — what else would you expect from one of the most expensive whiskies in the world? Help yourself to a little licorice aftertaste. In 2005, a South Korean businessman paid \$70,000 for a bottle of Macallan's 1926, the finest and rarest of the Fine and Rare.

Articles-Alumni

Aromatherapy

Yuvraj Singh Negi, Management Trainee,
The Leela, Udaipur

Aromatherapy is a form of alternative medicine that uses volatile plant materials, known as essential oils, and other aromatic compounds for the purpose of altering a person's mood, cognitive function or health. The effectiveness of aromatherapy is yet to be scientifically proven; however some evidence exists that essential oils may have therapeutic potential.

Since some essential oils such as tea tree have demonstrated anti-microbial effects, it has been suggested that they may be useful for the treatment of infectious diseases. The evidence base for the efficacy of aromatherapy used to treat medical conditions remains poor with a particular paucity of methodologically rigorous studies.

Modes of application

The modes of application of aromatherapy include:

- Aerial diffusion: for environmental fragrancing or aerial disinfection
- Direct inhalation: for respiratory disinfection, decongestion, expectoration as well as psychological effects
- Topical applications: for general massage, baths, compresses, therapeutic skin care

Materials

Some of the materials employed include:

- Essential oils: Fragrant oils extracted from plants chiefly through steam distillation (e.g. eucalyptus oil) or expression (grapefruit oil). However, the term is also occasionally used to describe fragrant oils extracted from plant material by any solvent extraction.
- Absolutes: Fragrant oils extracted primarily from flowers or delicate plant tissues through solvent or supercritical fluid extraction (e.g. rose absolute). The term is also used to describe oils extracted from fragrant butters, concretes, and enfleurage pommades using ethanol.
- Phytoncides: Various volatile organic compounds from plants that kill microbes¹. Many terpene-based fragrant oils and sulfuric compounds from plants in the genus "Allium" are phytoncides though the latter are likely less commonly used in aromatherapy due to their disagreeable odors.
- Herbal distillates or hydrosols: The aqueous by-products of the distillation process (e.g. rosewater). There are many herbs that make herbal distillates and they have culinary uses, medicinal uses and skin care uses. Common herbal distillates are rose, lemon balm and chamomile.
- Infusions: Aqueous extracts of various plant material (e.g. infusion of chamomile)
- Carrier oils: Typically oily plant base triacylglycerides that dilute essential oils for use on the skin (e.g. sweet almond oil)
- Vaporizer (Volatized) Raw Herbs: Typically higher oil content plant based materials dried, crushed, and heated to extract and inhale the aromatic oil vapors in a direct inhalation modality

Advertisement

Best Wishes From



Mr. Dilip Suryavanshi
Managing Director
Dilip Buildcon Private Limited
President
M.P. Builder Association

Party Events

Rangla Punjab

It isn't so easy for us to express through our words, how joyful, exhausting yet enlightening experience it was for all of us on 25 Jan 2010 evening which was also one of the most memorable evening of 2010 in IHM, BHOPAL.

It was the outcome of immense hard work, dedication and interest of students to show their ability to make a breakthrough step; everything was done under the supervision and guidance of faculty members.

The result was Rangla Punjab Restaurant. A restaurant of live counters, finger licking good food, English service with full elegance, patriotic dance performances and beautiful Punjabi themed decorations, giving the wonderful ambience of Punjab. The sound of Dhol, Patiala salwar, Punjabi kurta and showers of light, all added sparks on the eve of Republic Day.

So it is quite evident that all this was not a night before preparation but a month long planning and hard work. All the preparations intensified as we stepped closer to the show day.

On the day of our function we had our faculty members' along with which we also had many big personalities of this industry. As our Chief Guest who had their dinner with our Principle Mr. Dinesh Nasa. All the feedbacks by our guests were excellent they very well appreciated the food and the quality of service, and not only this also the decorations, vegetables carving works, dance performances and especially mentioned about the genuine interest and dedication of students who made the night possible.

It was student's sparks in the eyes, which added stars in the evening.
Written by : Rahul Verma

- Patron –Mr. Dinesh Nasa, Principal
- Event in charge – Mr. Atul Gupta, Sr. Lecturer
- Faculty coordinator – Mr. Chandan Bisht & Mr. Satish Singh
- Food & Beverage Students coordinator – Rahul Garg, Akash Kumbhare & Ravneet Kohli.
- Decoration coordinators – Anup Gomes & Ankur Mishra
- Cultural coordinator – Ayush Kulshreshtha & Vinima Gautam
- Event Video Coverage – Rahul Verma & Gaurav Dhyani.



Over View

Live Counter

Aesthetic Corner

Party Events



Red Carpet Welcome



Profound Briefing



Artists who added colours



Kitchen Team



Elegant Service



F & B Service Team



Live Counter



Patriotic Performance



Carving Display

Articles-Alumni

तलाश

बंशीराम बबेरवाल,
पूर्व छात्र (२००५)

एक ऐसे साथी कि मुझे बरसों से तलाश थी,
कि दर्द-ए-दिल की दास्तान मैं उसको सुनाऊँ
उसके आँचल में सर रखकर मैं मिठे ख्वाबों में खो जाऊँ
कुछ अपने दिल का हाल वो कहें,
कुछ अपने दिल की दास्तान उनको मैं सुनाऊँ
मैं कहता रहूँ वह हँसती रहे वो कहती रहे मैं सुनता रहूँ,
खुशी के उन हँसी लम्हों को मैं अपनी आँखों में कैद कर जाऊँ
जब कभी दिल को याद उनकी आये,
आखों में कैद तस्वीरें और दिल में कैद यादों के सहारे
मैं उनके ख्यालों में खो जाऊँ

गुजरे लम्हें

जीतेश गुजरे, पूर्व छात्र (२००४)

ऐ मेरे गुजरे हुए लम्हें अब न मिल पायेगें कभी तुमसे हम, दिल लगाना है गलत ये जानते थे हम,
मगर ना माना ये दिल आ गया उन्हीं पर जिन्हें देखते ही होश खो बैठे थे हम,
ता उम्र करता रहेगा दिल याद उनको, ये भी पहचानते थे हम
हमें मालूम न था कि दुनिया की भीड़ में इस कदर छले जायेगें हम
और उन्हें पाने की चाह में खुद को भी भुला देगें हम,
है चाहत ये आखिरी दिल की मेरे, उनकी आँखों में ना आये आँसु कभी
और हँसते हुए उन्हें सदा देख पाये हम ।
ता उम्र उनकी तस्वीर की अर्चना करते रहे हैं, करते रहेंगे हम,
या खुदा तेरी रहमत पे सर झुकाते रहे हैं, सर झुकाते रहेंगे हम ।

Articles

टूटते प्याले

प्रवर पचौरी, असिस्टेंट लेक्चरर (कॉन्ट्रेक्टुअल)



साँझ ढूले अपनी दुकान झोले में भरकर जानकी दास झोंपड़ पट्टी वापस लौटता है। तब तक शांतनु भी अपने साथ खुशियों की सौगात लिये आ जाता है पूरी झोपड़ पट्टी खुशियों के आलोक से जगमगा उठती है। सभी के दिल में उत्थान की अदम्य लालसा मचलने लगती है। शांतनु आज उनके लिये पारस मणि बन जाता है। जिसे छू लेने मात्र से उनकी सारी अस्पर्शता समाप्त हो जायेगी और देह से कुंदन की पवित्र हृदय प्रस्फुहित होने लगेगी। लेकिन शांतनु के लाख समझाने पर भी जानकी दास अपने व्यवसाय एवं निवास को छोड़ने के लिये राजी नहीं होता। वह अपने बेटे द्वारा सिर्फ अपना ही नहीं वरन् समस्त झोंपड़े पट्टी वालों का उद्धार होते देखना चाहता है। शांतनु को ही अपने पिता के उत्कृष्ट विचारों के आगे झुकना पड़ता है। वह अपनी संपूर्ण जाति के उत्थान का पवित्र संकल्प कर अपने साथियों से विदा लेकर अपने नये आवासीय कार्यालय की ओर बढ़ जाता है।

जानकी दास सुबह नियमानुसार पहले चौराहे वाले बँगले पर जाता है। वहाँ बाबू साहब का जूता चमकता है। बदले में वहाँ उसे एक प्याला चाय का मिल जाता है। चाय की ललक ही उसे वहाँ जाने पर मजबूर करती है। आज भी जूता चमकाकर वह अपने झोले में से टूटा हुआ प्याला निकालकर आगे बढ़ा देता है। बाबू साहब का नौकर उसमें चाय डाल देता है। इस प्याले के साथ ही उसके जीवन की कटुतम अनुभूति जुड़ी हैं।

वह दिन आज भी जानकी दास को अ%छी तरह से याद है जब वह सुबह पहले बँगले वाले बाबू साहब के यहाँ जूता साफ करने गया था। उसी दिन उसे अपनी जाति का अहसास इस प्याले ने कराया था। मेम साहब ने बड़े औदार्य से यह पुराना दरार पड़ा बिना कुंदे वाला प्याला उसे देते हुए कहा था कि इसे अब अपने पास ही रख लो, तुम्हारा झूठा प्याला हम घर में थोड़े ही रखेंगे। रोज़ इसे साथ ले आया करो। जानकी दास शर्म और ग्लानि से पानी हो गया था। वह टूटा प्याला भी उसकी लाचारी का मुँह चिढ़ाता हुआ महसूस हो रहा था। तब से आज तक वह प्याला जानकी दास के झोले ही में पड़ा उसकी जाति के कलंक को निखारता रहा है। जानकी दास ने भी इसे ही अपनी नियति समझ कर सब्र कर लिया था।

लेकिन उस दिन उसके भी सब्र का प्याला टूट गया। पहले तो उसे अपनी आँखों पर विश्वास ही नहीं हुआ। लेकिन जब विश्वास करना ही पड़ा तो आँखें फटी की फटी रह गईं। उनका अपना ही शांतनु बाबू साहब के साथ बैठकर चाय- नाश्ता कर रहा था। मेमसाहब बड़े-अपनत्व और मनुहार से उसे निहार रही थी। जानकी दास को देख कर उसे भी स्नेह से वहाँ आकर चाय लेने का आग्रह करने लगी।

जानकी दास की मर्मभेदी आँखों ने मेम साहब को ऐसे देखा मानो वह इस परिवर्तन के रहस्य को निर्वस्त्र कर उन्हें ही शर्म और ग्लानि में डुबों देंगी। एक अरसा पहले पिया अपमान का घूँट उसके गले में फँसने लगा। वह लपक कर बाहर आ गया और उस टूटे प्याले को बँगले की चाहरदीवारी पर मार कर चकनाचूर कर दिया। और फिर गौर से टूटे प्याले के ऐश्वर्य और पद प्रतिष्ठा की शक्ति के आगे ये जाति गत संस्कार उतना ही कमजोर और खोखले हो कर बिखर जाते हैं जितना एक पुराना टूटा हुआ प्याला।

Articles

सत्य कबीर की साखी

एम. के. अनुरागी, उ. श्रे. लिपिक



कबीर- तत्व तिलक तिहुँलोक में, राम नाम निजसार ।
जन कबीर मस्तक दिया, शोभा अमित अपार ॥

कबीर- तत्वहि फल मन तिलक है, अक्षैवृक्ष फल चार ।
अमर महातम जानिकै, करो तिलक ततसार ॥

कबीर- त्रिकुटीही निज मूल है, भृकुटी मध्य निशान ।
ब्रह्म दीप अस्थूल है, अगर तिलक निर्बान ॥

कबीर- अगर तिलक शिर सोहई, वैसाखी उनिहारि ।
शोभा अविचल नामकी, देखो सुरति बिचारि ॥

कबीर- जैसे तिलक उनहार है, तम शोभा अस्थार ।
खंभ ललाटे सोहई, तत्व तिलक गंभीर ॥

वास्तविक कल्पना

देवेन्द्र प्रताप सिंह,
प्रयोगशाला सहायक



एक दिन श्रीराम ने सीता से पूछा
अगर हम कलयुग में पैदा होते तो क्या होता,
सीता ने पल भर चिंतन किया, मुस्कराई
कहा कि कुछ भी नहीं होता, सब ऐसा ही होता,
आज जँगलों में भटक रहे हैं,
तब भी जंगल में भटकते, भले ही वो कंक्रीट के हो,
आज कंद मूल, फल खा रहे हैं
तब चाट पीजा खाते
राक्षस आज भी हैं,
तब भी रहेंगे
सिर्फ रूप और व्यवहार परिवर्तित रहेंगे,
लेकिन उद्देश्य समान रहेगा
गर्मी में, सर्दी में
खादी के कुर्ते में या खाकी वर्दी में,
आज निर्वस्त्र भीलों की अदा, कल स्टाइल होगी,
सूर्पनखा के तो नाक थी,
कल को वो भी नहीं होगी,
ताकती राजनीतिज्ञों का आज भी राज है,
कल भी रहेगा,
आप का नाम जोड़ कर राज करेगा,
कब आपका पैदाइसी महल ढहा
कितना खून बहा,
कौन करेगा हमारा नाम ऊँचा
एक दिन श्रीराम ने सीता से पूछा

Articles

चमकना भी सीखो

अतुल गुप्ता, सीनियर लेक्चरर



सूर्य की भाँति
कुछ लोग
अपने आप में ही
जलते रहते हैं
क्योंकि-
वे अपने आप को
मात्र बोझ समझते हैं।

शायद-
वे नहीं जानते कि
वे गलत सोचते हैं।
बोझ तो
लाश का भी नहीं होता-
उसे भी लोग
कंधे पे उठा लेते हैं।
जिन्दगी में

झाबुआ मुर्गी और पानिया

जोर सिंह, प्रयोगशाला सहायक, ए.टी.के.

**पानिया**

सामग्री-

ग्रेण्डू का आटा- 250 ग्रा.

बेसन- 250 ग्रा.

मक्के का आटा- 1 किलो

नमक- स्वादानुसार, हरा लहसुन की पत्ती

हरा धनिया, हरी मिर्च

विधि-

हरा धनिया, लहसुन, मिर्च को नमक के साथ सिलवट पर पीस लें। अब उपरोक्त मिश्रण को पानी के साथ आटे की तरह गूँथ लें। इन्हें बराबर के 15-20 गोले बना लें। अब साफ किये हुए पलाश के पत्तों पर आटे की लोई को पानी की सहायता से अपने हाथों से थोड़ा फैला ले और ऊपर से दूसरे पत्ते से ढंक दे। अब इन्हें कण्डे की अंगार पर रख कर सेंके और साथ ही उलटते- पलटते रहे। लाल होने तक सेंकने के बाद उन्हें साफ कर लें। इन्हें देशी घी में डूबो कर परोसे।

Articles

सफ़र

अमित रंजन, तृतीय वर्ष



हॉस्टल से घर जाने की खुशी को बयान करना कुछ असंभव कार्यों में से एक होता है। इसलिए मैं भी ना करूँ तो ही बेहतर होगा....

खैर। मन में असीम खुशी के साथ स्टेशन पर इंतजार करते हुए मैं भी हर छात्र को तरह इधर-उधर देख रहा था। शायद शाम मेरी थी। मनोकामना पूरी हुई। वो अपने भाई, माँ और पिता के साथ एक कोने में बैठी थी। श्वेताम्बरा। सफेद शीतल हिम फुहारे पर रखे गुलाब को पंखुड़ी सा होंठ

प्रखड़ सीप में पड़े हुए स्वच्छ मोती सी आंखें एक अलग ही दिव्यता को व्यक्त कर रही थी। मैं अपनी मनोकामना रोकने का असफल प्रयास करता रहा और उसकी आभा ने मुझे अपनी आगोश में ले लिया। हमारी आंखें कुछ समय तक हमारे नश्वर शरीर का साथ छोड़ एक दूसरे में समाहित हो गईं। तभी कर्कश आवाज ने हमारी तंद्रा में दखल दिया.....।

पिता के सहयोग से व्हील चेयर पर बैठते भाई ने कुछ समय के लिए मुझे विचलित जरूर किया लेकिन....। जब उसे भी मदद के लिए हाथ बढ़ाना पड़ा, तब विस्मयता ने मेरी आत्मा को मेरे नश्वर शरीर में भेज दिया। मैं एक मुसाफिर की तरह उठा।

देख रही थी जिसकी दिव्यता मुझे अब एक प्रश्न सूचक प्रतीत हो रहीं थी और मुझसे पूछ रहीं थी- “तुमने भी अपना रंग गिरगिट की तरह बदल लिया ना”।

मैं खामोश शिथिल और बोझिल शरीर को ढोते हुए अपनी बोगी की तरफ चल पड़ा...।

इन कॉलेज के दिनों में दिन दिखे कैसे कैसे।

सौरभ श्रीवास्तव, तृतीय वर्ष



वो घरवालों से झूठ बोलकर मँगाए गए वो पैसे ।।
वो क्लासों को बंकर करके इक दूसरे को सताना ।।
रातों को देर तक जागना वो क्लासों में सो जाना ।।
फिर टीचरों की डाँट खाकर वो दिल को समझाना ।।
करेंगे इतनी मेहनत कि कुछ बनकर है दिखलाना ।।

याद आयेगें ये सारे दिन ये सारे अफसाने ।
इक दूजे के साथ बिताये वो सारे दिन सुहाने ।।
इक दूसरे से लड़ना वो इक दूसरे को समझाना ।।
वो फाइन देना और बाद में पछताना ।।
याद आयेगें ये अफसाने याद आयेगें ये दिन ।
जाने कैसे रह पायेगें हम इक दूजे के बिन ।।

Articles

समय का काँटा

विपिन यादव, तृतीय वर्ष



कुछ खट्टी मीठी यादों का,
सावन जैसे बीत गया।
फिर से देखो दौड़ ये,
समय का काँटा जीत गया।

हँसते रोते यारो संग,
साल तीन गुज़र गये,
वक्त से आँख-मिचौली में,
जाने कितने मोती बिखर गये।

रात जगी जो जुगनू सी,
वो दिन भर सबका सोना,
याद अभी भी आता है,
छत का टूटा कोना।

कैसे छोटी-छोटी बातों पर,
हम दोस्त रूठ जाते थे,
फिर दो पल में ही,
बातों-बातों में मिलकर,
जश्न मनाते थे।

हँस देता था कोई,
यूँ ही रोते-रोते।
कैसे गिरता था कोई,
यूँ ही सोते-सोते।

वो हर बात पे हँसना,

हर बात पे जश्न मनाना,
वो पकड़े जाने पर,
सबका अलग बहाना।

बड़ा याद आएगा, सब कुछ,
बड़े याद आएंगे सब,
ऋत बिछड़ने की आयी,
जाने मिलेगे कब।

भूल न जाना हमको,
जो मिल जाए कोई मीत क्या,
फिर से देखो दौड़ ये,
समय का काँटा जीत गया।

Articles

सच्ची शिक्षा के अर्थ

केशव रमन, प्रथम वर्ष



शिक्षा किसे कहते हैं ? क्या वह पठन मात्र है ? क्या वह नाना प्रकार का ज्ञानार्जन है ? नहीं । यह भी नहीं । जिस संयम के द्वारा इच्छाशक्ति का प्रवाह और विकास वशीभूत करके उसे फलदायी बनाया जाता है, उसी को शिक्षा कहते हैं । केवल शब्दों का रटना मात्र नहीं बल्कि मानसिक शक्तियों का विकास या व्यक्तियों को ठीक ढंग से तथा दक्षतापूर्वक इच्छित कार्य करने का प्रशिक्षण देने को हम शिक्षा कह सकते हैं ।

“समस्त शिक्षण तथा प्रशिक्षण का एकमात्र उद्देश्य मनुष्य निर्माण होना चाहिए।” शिक्षा का मतलब ऐसी जानकारियों का ढेर नहीं है जिन्हें दिमाग में इस तरह ढूस दिया गया है कि वो जीवनभर अनपची रहकर गड़बड़ी करती रहें । जिस शिक्षा से हम अपना जीवन निर्माण कर सकें, मनुष्य बन सकें, चरित्र-गठन कर सकें और विचारों का सामंजस्य कर सकें, वही वास्तव में शिक्षा कहलाने योग्य है । यदि तुम केवल पाँच ही विचारों को पचाकर तदनुसार जीवन और चरित्र गठित कर सके हो तो तुम एक पूरे ग्रन्थालय को कण्ठस्थ कर लेने वाले व्यक्ति की अपेक्षा कहीं अधिका शिक्षित हो । कहा भी है

“यथा खरश्चन्दनभारवाही भारस्य वेत्ता न तु चन्दनस्य ।”

अर्थात्- वह गधा, जिसके ऊपर चन्दन की लकड़ियों का बोझ लाद दिया गया हो, बोझ की बात जान सकता है । चन्दन के महत्व को वह नहीं समझ सकता । यदि तरह तरह की सूचनाओं का संग्रह करना ही शिक्षा कहलाता है तब तो पुस्तकालय संसार में सर्वश्रेष्ठ महापुरुष और विश्वकोष ही महान ऋषि बन जाते । हमें ऐसी शिक्षा की आवश्यकता है जिस से चरित्र निर्माण हो, मानसिक शक्ति बढ़े, बुद्धि विकसित हो और देश के युवक अपने पैरों पर खड़े होना सीखें । आज हमें आवश्यकता है वेदान्तयुक्त पाश्चात्य विज्ञान की, ब्रह्मचर्य के आदर्श और श्रद्धा तथा आत्मविश्वास की । शिक्षा का अर्थ है- उस पूर्णता की अभिव्यक्ति, जो सब मनुष्य में पहले से विद्यमान है । मैं धर्म को शिक्षा का अंग समझता हूँ ।-

(स्वामी विवेकानंद)

Articles

घर से मीलों दूर चला आया था मैं

सुधीर कुजियाल, तृतीय वर्ष



घर से मीलों दूर चला आया था मैं
एक नई दुनिया की तलाश में
कुछ बनने की आस में
प्यार दुलार और माँ का आँचल
सब छोड़ आया था मैं
घर से मीलों...।

कुछ पाने और हासिल करने की
उम्मीदों का सागर था मन में
और सीप में
छीपे मोती निकालने की चाह भी थी मन में
इसीलिए उस सागर में गोते लगाने आया था मैं
घर से मीलों..... मैं

दिल था जिद्धि मन था चंचल
डगमगाते पैर न जाने ले जा रहे थे कहाँ
और दिल में भरी उम्मेद भी थी जहाँ
तभी पहला सावन, पहली बारीश
सब छोड़ आया था मैं
घर से मीलों दूर..... मैं

कुछ खुशियाँ कुछ गम
अपनी पलखों में छुपा कर
कुछ वादे पुरे करने और कुछ अधुरे छोड़ कर
अपने प्यार को समझा बुझा कर
उसे अकेला छोड़ आया था मैं
घर से मीलों दूर.... मैं

घर से निकलते सोचा था
नई दुनिया होगी
नए दोस्त होंगे
फिर विपिन, सौरभ और योगेश का साथ मिला
और दोस्तों के सतरंगी रंगों में रंग गया मैं
घर से मीलों दूर.... मैं

किताबों के पाठ
अध्यापकों की डाँट
इंही सब में छीपा है हमारे भविष्य का साथ
बस इन सब को पुरा करने आया था मैं
घर से मीलों दूर चला आया था मैं
घर से मीलों दूर.... मैं

Articles

रात का मुसाफ़िर

सौरभ श्रीवास्तव, तृतीय वर्ष



मैं रात का मुसाफ़िर,
झाँकता हूँ हर आँगन में,
गवाह हूँ हर रात का,
जो बीती है किसी के जीवन में।

हर आँगन की कहानी,
अलग अलग
सबकी जुबानी,
अलग-अलग।
पर एक है तो बस,
वो अहसास, वो दर्द,
वो प्यार जो,
उमड़ता है मन में।
मैं रात का मुसाफ़िर...।

कल रात भी,
मैं आया था,
उस गलियारे में,
इस आँगन में,
उस सड़क पर,
इस चिलमन में।

कल भी वो आयी थी,
दबे पाँव चुपचाप,
गलियारे में।
कल भी रूख पर,
क्या नूर था।
जाने मुझसे खिली थी वो,
या प्यार का सुरू था।

चेहरे की मुस्कान,
होठों में दबाती हुई,
कुछ चहकती सी,

कुछ लजाती हुई।
देखने अपने चाँद को,
वो भी आया था,
देने प्यार का तोहफा,
गुलाब लाया था।
देखते ही उसे,
जैसे आँखे जम गयी उसकी,
इक पल को,
जैसे साँसे ही थम गयी उसकी,
नज़रे खो गई नज़रों में,
जैसे समा जाता है,
कोई दर्पण में।
मैं रात का मुसाफ़िर.....।

रात बढ़ी तो मैंने भी,
करवट बदल दी।
जैसे बदल रहे थे बाबा,
करवट बीच आँगन।
उनके सवाल बता रही थी,
उनके माथे की शिकन।
जैसे पूँछ रहे हों,
कि और कब तक, जीना है ऐसे ही।
कब ढूँढ़ेगी ये रात,
कब तक दर्द,
पीना है ऐसे ही।
फिर चेहरे पे दर्द की टीस उभरी,
शायद पैर का घाव दुःखा था।
मुझे याद है कैसे नंगे पाँव,
वो कांटा चुभा था।
याद आ रहे थे, रह रह कर,
गरीबी के जख्म,
कैसे होगी रानी की शादी,

कैसे जुटेगी दहेज,
की रकम,
आज भी आँखे नम थी,
उनकी इसी उलझन में,
मैं रात का मुसाफ़िर...।

दिन नया लगने को आया,
तो मैंने किया रूख,
सड़क की ओर,
फैला था कोहरा,
अति-घनघोर।
उधर फुटपाथ पर,
सोया था जीवन,
आशा और विश्वास के संग।
काले आसमान में ढूँढ़ रहा था,
दिन का उजला रंग।
इक मैली फटी चादर में,
सबको समेटे हुए,
अपनी लाचारियों को,
तन पे लपेटे हुए।
लड़ रहा था ठंड से,
बिल्कुल निहत्था,
सोच रहा था जीवन,
कितना है सस्ता।
पेट पीठ होने को आया था,
आज भी उसने कुछ नहीं खाया था।
सुलग रहा था वो,
भूख की जलन में।
मैं रात का मुसाफ़िर
झाँकता हूँ हर आँगन में।

Our Associates



and many more...



**INSTITUTE OF HOTEL MANAGEMENT, CATERING
TECHNOLOGY AND APPLIED NUTRITION, BHOPAL**

1100 Qtrs, Bhopal-462016 (M.P.)

Ph. : 0755-2464397, Tele Fax : 0755-2468046

E-mail : ihmbh@sify.com / principal@ihmbpl.com

