



Kiara
spa



SPA MENU

Experience

Kiara Spa envisions being the most Premium Brand in the field of Holistic therapy specially suited and designed for the Modern Lifestyle extracted from the ancient times.

Our sophisticated blends of natural spa products including massage oils, luxury facials, body scrubs, and wraps not only relaxes your senses but also rejuvenates and adds glow to your life.

Blended eastern and western massage techniques helps restore vitality and inner peace. Multitude of massages, spa treatment and holistic therapies are offered.

Our spa experiences are offered by trained experts who embrace a deep understanding of mind, body & soul, matching Individual needs and adapt to the specific requirements.

The spa experience is detailed with a refreshing welcome drink our spa music relaxes your senses, mesmerizing aroma lifts up your mood & the spa tea while we conclude has natural healing properties thus giving you a complete spa experience.



BODY ESSENTIALS

SIGNATURE SIAM FUSION

This Signature massage features Thai yogic stretching and pressure point manipulation. The treatment is enhanced by the rich in minerals Moroccan mud to help you with a energizing deep-pressure massage leaving you wanting for more.

60 mins: Rs 2500 | 90 mins : Rs 3500

DEEP THERAPEUTIC

Focusing on problem areas, this deep-pressure massage promotes the recovery of injured and strained muscles while increasing flexibility and range of limb motion. These targeted techniques are ideal for guests who are frequent massage recipients.

60 mins: Rs 2200 | 90 mins : Rs 3000

BANGKOK DELIGHT

This centuries-old therapy, known as passive yoga, is the perfect answer for anyone searching optimal health, the release of tension and restoration of dwindling vitality.

60 mins: Rs 2200 | 90 mins : Rs 3000

SWEDISH PAMPERING

A massage designed to relax muscles and increase blood circulation through long strokes, Gentle to medium pressure and friction Increases oxygen flow leaving u energized and relaxed.

60 mins: Rs 1800 | 90 mins : Rs 2500



MAGICAL AROMA

Magical Aroma

Cast a magical spell with our natural extracts of pre blended Aroma Oils, from the melting cellulite buster to the jetlag tonic, have you heard of the potion to induce sleep, the tranquil provider stress buster or the pain placate we have it all.

60 min : Rs 2500 | 90 min : Rs 3500

JET LAG BLEND:

Eucalyptus, Peppermint, Geranium, Vetiver, Lemon

SLEEP WELL:

Lavender, Basil, Ylang-Ylang, Geranium, Neroli

STRESS BUSTER:

Rosemary, Basil, Lavender, Orange, Palmarosa

ANTI CELLULITE:

Juniper berry, Fennel, Rosemary, Lemon

DETOX:

Juniperberry, Lemon, Grapefruit, Fennel, Cedarwood



LUXURY FACIAL

Luxury Facials

DETOXIFYING FRENCH CHAMPAGNE FACIAL

This signature facial is designed to support the repair of environmentally damaged skin and combat dull complexion. It's Anti ageing properties, replenishes the skin .

60 mins : Rs 1800

THAI HERBAL WHITENING & ANTI AGEING FACIAL

Enriched with organic curcuma longa ,Green tea extract & Plai Oil which leaves your skin fairer and much more radiant than ever before.

60 mins : Rs 1800

RED WINE & ROSE FACIAL

The synergy of Rose & Red Wine extract helps detoxify, stimulate circulation, and combat aging while restoring suppleness and radiance to the face

60 mins : Rs 1600



LUXURY FACIAL

COFFEE & CHOCOLATE BINGE

This Facial has the ability to revive and rejuvenate tired skin and restore healthy circulation. It goes well with dry skin. And yes, it smells Great !

60 mins : Rs 1600

OIL CONTROL TEA TREE OIL FACIAL

This Facial addresses problem skin conditions like acne. It helps to control blemishes made by Acne on skin , by gently exfoliating and removing sebum.

60 mins : Rs 1400

PURIFYING JAVANESE LULUR FACIAL

This is a wonderful facial is for those in need of some serious cleansing and purifying ,as this facial gently deep cleanses rough and dry skin , the natural herbal way .

60 mis : Rs 1200



BODY SCRUBS & WRAPS

Body Scrubs & Wraps

LOOFAH GLOW SCRUB - GLOWING SKIN

This scrub polishes dull looking, dead skin with natural Loofah to give your skin a natural healthy glow, revealing a baby soft skin beneath.

30 mins : Rs 1800

ARABICA COFFEE BODY SCRUB - ANTI CELLULITE

Aromatic Arabica coffee body scrub helps increase lymphatic drainage as well as helps eliminate toxins and cellulite deposits, leaving skin firmer & silky smooth. Great for Weight watchers!

30 mins : RS 1600

RED WINE BODY SCRUB - ANTI AGEING

This scrub contains powerful anti-oxidants from red wine extract, grape seed oil & vitamin E making this an incredibly healing , anti aging body scrub .

30 mis : Rs 1600

THAI WHITENING SCRUB - PIGMENTED SKIN

A blend of rose hip oil & vanilla will delight the senses gently exfoliating dead skin cells and debris from the upper layer of the skin.

30 mins : Rs 1600



BODY SCRUBS & WRAPS

Body Scrubs

TEA TREE OIL SCRUB - ACNE & OILY SKIN

This gentle creamy body scrub exfoliates & removes excess sebum, while helping to control blemishes. The essential oil extracted from tea tree leaves is known to help treat Acne skin.

30 mins : RS 1600

RED WINE RE - MINERALIZING WRAP

High performance Red Wine Mediterranean formula Wrap has outstanding benefits for a more radiant, fresh and supple skin.

30 mins : Rs1800

EXFOLIATING MARINE COLLAGEN WRAP

Collagen decreases the bond that holds dead skin cells. Removing them naturally, leaving behind a layer of smooth glowing skin.

30 mins : Rs 1800

WHITENING BODY WRAP

The natural and botanical extracts help the skin to rejuvenate and regenerate by boosting and supporting the elastin in the skin providing a fresh new brighter skin.

30 mins : Rs 1500

Body Wraps



FOOT, NECK & BACK

Foot & Back

SAMUI BACK AND SHOULDER

Using medium to strong pressure, this massage is enhanced by traditional methods of acupressure and shiatsu.

30 Mins : Rs 700

FEET EXCLUSIVE

The age old foot massage uses strokes and pressure points to release blockages in the body and restore natural energy.

30 Mins : Rs 700

Mani - Pedi

AROMATIC FOOT MASSAGE & SPA PEDICURE

Soothing Lavender, Relaxing Citrus, Refreshing Mint
Rs 1000

AROMATIC HAND MASSAGE & SPA MANICURE

Soothing Lavender, Relaxing Citrus, Refreshing Mint
Rs 1000

Manicure : Rs 500

Pedicure : Rs 600

Mani Pedi Combo : 1000



SPA PACKAGES

Spa Packages

WELCOME TO THAILAND

Thai Whitening Wrap & Scrub, Bangkok Delight & Thai whitening and anti ageing facial.

3 Hrs : Rs 6300

DETOX WITH WINE

Red wine Wrap & Scrub, Red wine Facial & Detox magical Aroma Therapy (Deep Therapeutic)

3 Hrs : Rs 6500

ADD GLOW TO YOUR LIFE

Marine Collagen Wrap, Loofah Glow Scrub, Swedish Pampering & Purifying Javanese Lulur Facial.

3 Hrs : Rs 5700

VANISH THOSE BLEMISHES

Tea Tree Oil Scrub, Facial & Detox Magical Aroma Massage (Swedish Pampering)

2.5 Hrs : Rs 4500

ULTIMATE RELAXATION

Bangkok Delight therapy & Swedish Pampering

2 Hrs : 3500

ANTI CELLULITE

Magical Aroma - Anti cellulite - (Swedish Pampering) & Arabica Coffee Body scrub

1.5 Hrs : Rs 3500



SPA MEMBERSHIP

PREMIUM MEMBERSHIP

<u>Options</u>	<u>Benefits</u>	<u>Opening Balance</u>	<u>Validity</u>
Rs 5000/-	20%	Rs 6000	3 Months
Rs 10000/-	25%	Rs 12500	6 Months
Rs 15000/-	33%	Rs 20000	9 Months
Rs 20000/-	40%	Rs 28000	12 Months

HAPPY HOUR MEMBERSHIP

VALID BETWEEN 11AM TO 4PM MONDAY TO FRIDAY

<u>Options</u>	<u>Benefits</u>	<u>Opening Balance</u>	<u>Validity</u>
Rs 5000/-	100%	Rs 10000	3 Months
Rs 10000/-	100%	Rs 20000	6 Months
Rs 15000/-	100%	Rs 30000	9 Months
Rs 20000/-	100%	Rs 40000	12 Months



SPA DISCLAIMER

Spa Disclaimer

Please take a moment to read these notes to help you enjoy your visit to KIARA SPA.

Etiquette : The Spa is a retreat for your body, mind and spirit. For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the Spa.. Cellular phones and electronic devices are discouraged.

Reservations :Advance booking prior to your arrival is recommended to secure your preferred date and time of treatment.

Check in :Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment times. A late arrival will result in a shortened treatment to accommodate other guests fairly.

Special Consideration :If you are pregnant, If you have high blood pressure, heart conditions, allergies, or other medical complications, we advise that you consult your doctor before signing up for any spa services. Please inform your therapist of any medical conditions .

Smoking and Alcohol :Smoking and the consumption of alcohol within the spa are prohibited. It is also advisable to avoid the consumption of alcohol or heavy meals prior to, or after any spa treatment.

.Valuables : We recommend that no jewelery be worn at the Spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Refund Policy : Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

Spa Disclaimer: I (Guest) will fully indemnify and hold harmless Kiara Health and wellness Pvt Ltd, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities. I also understand that any illicit or sexually suggestive behaviour, remarks or advances made by me will result in the immediate termination of the session and may result in legal action against me. I will also be liable for payment of the scheduled service."

Add glow to your life

Kiara
spa

Ahmedabad | Surat | Chandigarh | Gurgaon | Solan

Coming Soon : Delhi Aero City | Hyderabad | Bangalore