

## Psychiatry

### 1. STAFF

Faculty & Medical Officer	Qualification	Designation
Dr. Pradip Kumar Saha	MD	Superintendent & Professor
Dr. Sikha Mukhopadhyay	MD	Associate Professor
Dr. Dhruvajyoti Bagchi	MD	Associate Professor
Dr. Debabrata Majumdar	MD,DPM	Assistant Professor
Dr. Parthasarathy Biswas	MD	Assistant Professor
Dr. Neelanjana Paul	MD,DPM	Assistant Professor
Dr. Sujit Sarkhel	MD,DPM	Assistant Professor
Dr. Sikha Ghosh	DPM	RMO-cum-Clinical tutor
Dr. Subir Hazra Choudhury	DPM	RMO-cum-Clinical tutor
Dr. Uday Sankar Mandal	MD	RMO-cum-Clinical tutor
Dr. Subir Bhattacharya	MD	RMO-cum-Clinical tutor
Dr. Nirmal Kumar Dutta	DPM	Medical Officer

Postgraduate trainees	Course	Session
Dr. Ajay Halder, MBBS	MD	2011 - 2014
Dr. Bikramaditya Jaiswal, MBBS	MD	2011 - 2014
Dr. Debpradip Chakraverty, MBBS, DCH, DNB	MD	2011 - 2014
Dr. Neha Singh, MBBS	MD	2011 - 2014
Dr. Amitava Das, MBBS,	MD	2012 – 2015
Dr. Sandip Kr. Hazra, MBBS	MD	2012 – 2015
Dr. Sudipta Ghosh, MBBS, D.Ortho	MD	2012 – 2015
Dr. Sk. Maidul Islam, MBBS	MD	2012 – 2015
Dr. Argya Halder, MBBS	MD	2013 – 2016
Dr. Avik Kumar Layek, MBBS	MD	2013 – 2016
Dr. Joydeep Acharjee, MBBS	MD	2013 – 2016
Dr. Tamoghna Bandyopadhyay, MBBS	MD	2013 – 2016
Dr. Arnab Palodhy, MBBS	DPM	2012 - 2014
Dr. Kamalika Mondal, MBBS	DPM	2012 - 2014
Dr. Nandalal Mal, MBBS	DPM	2012 - 2014
Dr. Sanjeev Kr Mandal, MBBS	DPM	2012 - 2014
Dr. Subrata Das, MBBS	DPM	2012 - 2014
Dr. Sujit Kumar Sahu, MBBS	DPM	2012 - 2014
Dr. Tanushree Bhattacharya, MBBS	DPM	2012 – 2014
Dr. Debayan Dasgupta, MBBS	DPM	2013 – 2015
Dr. Dhiman Ranjan Bharadwaj, MBBS	DPM	2013 – 2015
Dr. Iti Baidya, MBBS	DPM	2013 – 2015
Dr. Krishnendu Ray, MBBS	DPM	2013 – 2015
Dr. N. Rekha, MBBS	DPM	2013 – 2015
Dr. Partha Singha, MBBS	DPM	2013 – 2015
Dr. Subhojit Mondal, MBBS	DPM	2013 – 2015
Dr. Sudipta Bandyopadhyay, MBBS	DPM	2013 – 2015
Dr. Sumana Bera, MBBS	DPM	2013 – 2015
Dr. Supreem Bose, MBBS	DPM	2013 – 2015

## 2. TRANSFERS & POSTINGS

Faculty	Designation	Date of Joining
Dr Uday Sankar Mandal	RMO cum Clinical Tutor	1.1.2013
Dr Subir Bhattacharya	RMO cum Clinical Tutor	23.03.2013
Dr. Drubajyoti Baghchi	Associate Professor	11.11.2013

❖ Mr Somdeb Mitra Faculty in Dept of Clinical Psychology has resigned from post of Clinical Psychologist in Jan, '13

Institute of Psychiatry (IOP) has been identified for upgradation under Centre of Excellence Scheme of National Mental Health Programme (NMHP) – 11<sup>th</sup> Five Year Plan (vide Ref.F.-No. T. 210013/15/09-ncd Dt- 11.06.09). Three new departments are functioning, namely Psychiatric Social Work, Clinical Psychology and Psychiatric Nursing. The following faculty members were given appointments on purely contractual basis in 2013.

Faculty	Qualification	Designation
Dr. Dhruvajyoti Baghchi	MD, DPM	Associate Professor in Psychiatry
Ms. Tapasri Das	MSc, MPhil	Clinical Psychologist
MsSreetamaChatterjee	MSc, MPhil	Clinical Psychologist
Ms Liza T. Daniel	MSc (Nursing)	Assistant Professor, Psychiatry Nursing

### DEPARTMENT OF PSYCHIATRIC SOCIAL WORK (PSW)

Faculty	Qualification	Designation
Ms. Mittu Muthu Varghese	M.A., M.Phil. in Sociology; M.Phil. PSW	Head & Assistant Professor
Mr. Kamlesh Kumar Sahu	M.A., M.Phil. PSW, Ph.D (pursuing)	Assistant Professor
Ms. Jhila Bandyopadhyay	Master in Social Work (MSW)	Psychiatric social worker
Ms. Rupa Chakraborty	MSW, B.Ed. Mental Retardation	Psychiatric social worker

  

Students	Course	Session
Ms. Tanaya Roychowdhury	M.Phil PSW	2011 – 2013
Mr. Nitai Chand Mukherjee	M.Phil PSW	2011 – 2013
Ms. Chandrima Banerjee	M.Phil PSW	2012 – 2014
Mr. Himanga Thakuria	M.Phil PSW	2012 – 2014
Ms. Oindrila Ganguly	M.Phil PSW	2012 – 2014
Ms. Diya Chakraborty	M.Phil PSW	2013 – 2015
Ms. Kamalika Bhattacharjee	M.Phil PSW	2013 – 2015
Ms. Monisha Kaur Sudan	M.Phil PSW	2013 – 2015
Ms. Martina Nongmin	M.Phil PSW	2013 – 2015
Ms. Namita Sarkar	M.Phil PSW	2013 – 2015
Ms. Rituparna Jash	M.Phil PSW	2013 – 2015
Mr. Sayan Ganguly	M.Phil PSW	2013 – 2015

There is a total of 16 seats in this 2-year M Phil PSW course, which is affiliated to West Bengal University of Health Sciences, vide letter No. OG/UHS/1771/2012, dated 27.10.2012

### DEPARTMENT OF CLINICAL PSYCHOLOGY

Faculty	Qualification	Designation
Dr. Bidita Bhattacharya	MA; MPhil Clinical Psychology; PhD	Head & Assistant Professor
Mr. Prasanta Kumar Roy	MA; MPhil Medical & Social Psychology	Assistant Professor
Ms. Amrita Mitra	MA; MPhil Clinical Psychology	Clinical Psychologist
Ms. Rudrani Chatterjee	MA; MPhil Clinical Psychology	Clinical Psychologist
Ms Sreetama Chatterjee	MA; MPhil Medical & Social Psychology	Clinical Psychologist
Ms Tapasri Das	MA; MPhil Clinical Psychology	Clinical Psychologist

Students	Course	Session
Ms. Aditi Majumdar	M.Phil Clinical Psychology	2011 - 2013
Ms. Akansha Mohta	M.Phil Clinical Psychology	2011 - 2013
Ms. Priya Puri	M.Phil Clinical Psychology	2011 - 2013
Ms. Saona Sengupta	M.Phil Clinical Psychology	2011 - 2013
Ms. Soma Pramanik	M.Phil Clinical Psychology	2011 - 2013
Ms. Urbi Mukherjee	M.Phil Clinical Psychology	2011 - 2013
Ms. Vijaya Agarawala	M.Phil Clinical Psychology	2011 - 2013
Ms. Debjani Kar	M.Phil Clinical Psychology	2012 - 2014
Ms. Pourabi Chaudhury	M.Phil Clinical Psychology	2012 - 2014
Ms. Prama Bhattacharya	M.Phil Clinical Psychology	2012 - 2014
Ms. Sagarika Das	M.Phil Clinical Psychology	2012 - 2014
Ms. Srishti Saha	M.Phil Clinical Psychology	2012 - 2014
Ms. Tulika Singhanian	M.Phil Clinical Psychology	2012 - 2014
Ms. Ushnaa Majumdar	M.Phil Clinical Psychology	2012 - 2014
Ms. Bidisha Mitra	M.Phil Clinical Psychology	2013 - 2015
Ms. Chhavi Tewary	M.Phil Clinical Psychology	2013 - 2015
Ms. Devika De	M.Phil Clinical Psychology	2013 - 2015
Ms. Megha Rathi	M.Phil Clinical Psychology	2013 - 2015
Ms. Navnita Bose	M.Phil Clinical Psychology	2013 - 2015
Ms. Nikita Jalan	M.Phil Clinical Psychology	2013 - 2015
Ms. Srijita Gupta	M.Phil Clinical Psychology	2013 - 2015
Ms. Tapolagna Das	M.Phil Clinical Psychology	2013 - 2015

There are 8 seats in this 2-year M. Phil course, which is affiliated to West Bengal University of Health Sciences. Application which was sent to Rehabilitation Council of India for recognition of the course and has been approved.

### 3. FACULTY NEWS

#### *Prof. Pradeep Kumar Saha*

- Chairman, Penal & Ethical Committee, West Bengal Medical Council
- Hony. State Secretary IMA (Academics), West Bengal
- Executive member, Governing Body of IPGME&R & SSKM Hospital
- President's "Best individual appreciation prize winner" in 2013, Indian Medical association, India
- Convener, Preventive Psychiatry, Indian Psychiatric Society, Year 2012-13
- Attended the 65<sup>th</sup> Annual National Conference of Indian Psychiatric Society (ANCIPS 2012), held at Bangalore, Karnataka from 10<sup>th</sup> to 13<sup>th</sup> January 2013, which was eligible for 4 (four) CME credit hours, granted by the Karnataka Medical Council
- Psychiatric Conference 2013 (Combined Annual State Conference of West Bengal State Branches of Indian Psychiatric Society & Indian Association of Private Psychiatry) held at Raichak on Ganges, South 24 Parganas, on 28<sup>th</sup> & 29<sup>th</sup> of September 2013. The conference was granted 3CME credit hours by the West Bengal Medical Council, vide Ref No. 1086-C/28-2012, dated 23.08.13
- Attended Midterm CME, IPS WB, held on occasion of the Silver Jubilee year of the West Bengal state branch of Indian Psychiatric Society, held at Pride Hotel, Kolkata, on 28.04.13
- Attended the 14<sup>th</sup> ANCIAPP held at Ahmedabad on 21-24, Nov 2013
- Organized The 3<sup>rd</sup> Kolkata PG CME held at Hotel Golden Parkk, on 07.12.13
- Participated & chaired a session in PG-CME of the of Indian Psychiatric Society (East Zone), held at New Digha, on 14.06.13 & 15.06.13
- Participation in 16<sup>th</sup> Mid-term CME programme of Eastern Zonal Branch of Indian Psychiatric Society, held at Hotel One 'N' Only, at New Digha, West Bengal, on 15th & 16th June 2013

- Attended CME on 'Diagnostic & Pharmacological Management Approaches to a patient with Dementia' organized by the West Bengal State branch of Indian Psychiatric Society, on 17.08.2013
- Conference of Eastern Zonal Branch of Indian Psychiatric Society (CEZIPS, 2013) held at Ranchi on 26.11.2013 to 27.11.2013
- Participated in the 20<sup>th</sup> National Conference of Indian Association of Social Psychiatry' held at the Stadel, Kolkata from 8<sup>th</sup> to 10<sup>th</sup> November, 2013, as Treasurer of the Organizing Committee. This conference has been accredited for 13 CME credit hours, by the West Bengal Medical Council, vide Ref No. 1631-C/28-2012, dated 24.10.13
- Guide for thesis by Dr. Neha Singh titled "*Clinical characteristics of late onset bipolar disorders : comparison with adult onset.*" submitted to the West Bengal University of Health Sciences for partial fulfillment in MD (Psychiatry), Session 2011 – 2014
- Guide for thesis by Dr. Bikramaditya Jaiswal titled "*Study of executive function in Obsessive compulsive disorder.*" submitted to the West Bengal University of Health Sciences for partial fulfillment in MD (Psychiatry), Session 2011 – 2014
- Guide for thesis by Dr. Debpradip Chakraverty titled "*Assessment of severity and elicitation of co-morbidities in ADHD*" submitted to the West Bengal University of Health Sciences for partial fulfillment in MD (Psychiatry), Session 2011 – 2014
- Co-Guide to Ms. Aditi Majumdar (Guide: Dr Bidita Bhattacharya; Co-Guide: Prof Pradeep Kumar Saha) titled "*A Study on Metacognition, Attributional Style And Executive functioning in Alcohol Dependence*" submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013
- Co-Guide to Ms. Akanksha Mohta (Guide Mr. Prasanta Kumar Roy; Co-guide: Prof Pradeep Kumar Saha) titled "*A Study on Parenting Style And Sexual Self Concept: Psychopathology of Transgender*" submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013
- Co-Guide to Mr Nitai Chand Mukherjee (Guide Ms. Mittu Muthu Varghese Co-Guide Prof. Pradip Kumar Saha) "*A comparative study on resilience of caregivers of patients with schizophrenia and Bipolar Affective Disorder*".

#### **Dr. Sikha Mukhopadhyay**

- Attended Midterm CME, IPS WB, held on occasion of the Silver Jubilee year of the West Bengal state branch of Indian Psychiatric Society, held at Pride Hotel, Kolkata, on 28.04.13
- Participated & chaired a session in PG-CME of the of Indian Psychiatric Society (East Zone), held at New Digha, on 14.06.13 & 15.06.13
- Participation in 16<sup>th</sup> Mid-term CME programme of Eastern Zonal Branch of Indian Psychiatric Society, held at Hotel One 'N' Only, at New Digha, West Bengal, on 15<sup>th</sup> & 16<sup>th</sup> June 2013
- Psychiatric Conference 2013 (Combined Annual State Conference of West Bengal State Branches of Indian Psychiatric Society & Indian Association of Private Psychiatry) held at Raichak on Ganges, South 24 Parganas, on 28<sup>th</sup> & 29<sup>th</sup> of September 2013. The conference was granted 3CME credit hours by the West Bengal Medical Council, vide Ref No. 1086-C/28-2012, dated 23.08.13
- Participated & chaired a session in the 20<sup>th</sup> National Conference of Indian Association of Social Psychiatry held at the Stadel, Kolkata from 8<sup>th</sup> to 10<sup>th</sup> November, 2013. This conference has been accredited for 13 CME credit hours, by the West Bengal Medical Council, vide Ref No. 1631-C/28-2012, dated 24.10.13
- Participated & chaired a session in the 3<sup>rd</sup> 'Kolkata PG CME' held at Hotel Golden Parkk, on 07.12.13
- Guide for thesis by Dr Ajay Haldar, titled '*Effects of Cannabis Use on Cognitive Function & Clinical Features of Bipolar Disorder*' submitted, to the West Bengal University of Health Sciences for the partial fulfillment of MD degree in Psychiatry, Session 2011 - 2014
- Co-Guide (Guide Dr. Bidita Bhattacharya) for Dissertation by Ms. Urbi Mukherjee, titled '*Self Concept, Personality Correlates, Family Environment & Adjustment Related Issues: A Comparative Study between Obese & Non-Obese Adults*' submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013
- Biswas P, Mukhopadhyay S. Poster Titled "*Socio demographic and clinical correlates of patients attending a de-addiction clinic in tertiary care hospital in Eastern India*" presented at ANCIPS (Jan 10-13, Bangalore 2013)

#### **Dr. Parthasarathy Biswas**

- Biswas P, Mukhopadhyay S. Poster Titled "*Socio demographic and clinical correlates of patients attending a de-addiction clinic in tertiary care hospital in Eastern India*" presented at ANCIPS (Jan 10-13, Bangalore 2013)

- Attended the 65<sup>th</sup> Annual National Conference of Indian Psychiatric Society (ANCIPS 2012), held at Bangalore, Karnataka from 10<sup>th</sup> to 13<sup>th</sup> January 2013, which was eligible for 4 (four) CME credit hours, granted by the Karnataka Medical Council
- CME on 'Compliance issues in Psychiatry' organized by the West Bengal State branch of Indian Psychiatric Society, on 19.01.13
- Midterm CME, IPS WB, held on occasion of the Silver Jubilee year of the West Bengal state branch of Indian Psychiatric Society, held at Pride Hotel, Kolkata, on 28.04.13
- PG-CME of the of Indian Psychiatric Society (East Zone), held at New Digha, on 14.06.13 & 15.06.13
- Participation in 16<sup>th</sup> Mid-term CME programme of Eastern Zonal Branch of Indian Psychiatric Society, held at Hotel One 'N' Only, at New Digha, West Bengal, on 15<sup>th</sup> & 16<sup>th</sup> June 2013,
- CME on 'Diagnostic & Pharmacological Management Approaches to a patient with Dementia' organized by the West Bengal State branch of Indian Psychiatric Society, on 17.08.2013
- Psychiatric Conference 2013 (Combined Annual State Conference of West Bengal State Branches of Indian Psychiatric Society & Indian Association of Private Psychiatry) held at Raichak on Ganges, South 24 Parganas, on 28<sup>th</sup> & 29<sup>th</sup> of September 2013. The conference was granted 3 CME credit hours by the West Bengal Medical Council, vide Ref No. 1086-C/28-2012, dated 23.08.13
- Participated in the 20<sup>th</sup> National Conference of Indian Association of Social Psychiatry' held at the Stadel, Kolkata from 8<sup>th</sup> to 10<sup>th</sup> November, 2013. This conference has been accredited for 13 CME credit hours, by the West Bengal Medical Council, vide Ref No. 1631-C/28-2012, dated 24.10.13
- The 3<sup>rd</sup> 'Kolkata PG CME' held at Hotel Golden Parkk, on 07.12.13
- Co-Guide (Guide Dr. Kamlesh Kumar Sahu) for Dissertation by Ms. Tanaya Roy Choudhury titled "*Disability and rehabilitation needs of persons with schizophrenia*" submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Psychiatry Social Work, Session 2011 – 2013.
- Co-Guide (Guide Ms. Mittu Muthu Varghese) for Dissertation by Ms Chandrima Banerjee "*Psychosocial problems (family burden, social support, marital quality of life, social stigma and self-esteem) in caregivers of intellectual disabled children and blind children: A comparative study*" to be submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Psychiatry Social Work, Session 2012 – 2014.
- Co-guide (Guide: Mr. Prasanta Kumar Roy) for Dissertation by Ms. Priya Puri titled "*Dynamics And Neurocognitive Correlates in Borderline Personality Disorder- A Comparative Study*" submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013
- Co-guide (Guide: Dr Bidita Bhattacharya) for Dissertation by Ms. Shaona Sengupta titled "*A Comparative study Between Obese And Non-obese Adults Based on Impulsivity, Set Shifting And Attributional Styles*" submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013

#### **Dr. Neelanjana Paul**

- Pal S, Sanyal D, Biswas A, **Paul N**, Das SK. Visual Manifestations in Alzheimer's disease : A Clinic-Based Study From India. *Am J Alzheimer's Disease & other Dementias* published online 2 July 2013 DOI: 10.1177/1533317513494448
- **Paul N**, Das S, Hazra A, Ghosal MK, Ray BK, Banerjee TK, Sanyal D, Das SK. Depression among stroke-survivors: A community-based, prospective study from Kolkata, India. *American Journal of Geriatric Psychiatry* 2013, October Issue.
- Chakraborty D, Ganguly G, Ray BK, **Paul N**, Roy A, Pandit A, Senapati AK. Study of behavioural and cognitive disorders in school going children with epilepsy. Accepted for publication in *Journal of Pediatric Epilepsy*
- Das SK, Ray BK, **Paul N**, Hazra A, Das S, Mishra A, Ghosal MK, Banerjee TK, Chaudhuri A. *A community study of prevalence of primary headaches in the city of Kolkata, India*. Abstracts of 3<sup>rd</sup> International Congress on Neurology & Epidemiology, Abu Dhabi, UAE. *Neuroepidemiology* 2013; **41**: 223 – 316
- **Paul N**, Banerjee M. Suicide in the Elderly: An overview. *Bengal Journal of Private Psychiatry* 2013; **5**: 47 – 58
- CME on 'Compliance issues in Psychiatry' organized by the West Bengal State branch of Indian Psychiatric Society, on 19.01.13
- Midterm CME, IPS WB, held on occasion of the Silver Jubilee year of the West Bengal state branch of Indian Psychiatric Society, held at Pride Hotel, Kolkata, on 28.04.13
- Invited speaker on: '*Female Reproduction & Psychological Issues*' at CME on 'Women & Mental Health' organized for the 93<sup>rd</sup> Foundation Day Celebrations of Central Institute of Psychiatry, Ranchi, on 17.05.2013
- PG-CME of the of Indian Psychiatric Society (East Zone), held at New Digha, on 14.06.13 & 15.06.13
- Participation in 16<sup>th</sup> Mid-term CME programme of Eastern Zonal Branch of Indian Psychiatric Society, held at Hotel One 'N' Only, at New Digha, West Bengal, on 15<sup>th</sup> & 16<sup>th</sup> June 2013, as Organizing Secretary
- CME on 'Diagnostic & Pharmacological Management Approaches to a patient with Dementia' organized by the West Bengal State branch of Indian Psychiatric Society, on 17.08.2013

- Psychiatric Conference 2013 (Combined Annual State Conference of West Bengal State Branches of Indian Psychiatric Society & Indian Association of Private Psychiatry) held at Raichak on Ganges, South 24 Parganas, on 28<sup>th</sup> & 29<sup>th</sup> of September 2013. The conference was granted 3 CME credit hours by the West Bengal Medical Council, vide Ref No. 1086-C/28-2012, dated 23.08.13
- Speaker on: '*Safeguarding Children living with Violence & Trauma*' at CME on 'Violence & Suicide' at Conference of Eastern Zonal Branch of Indian Psychiatric Society (CEZIPS, 2013) held at Ranchi on 26.11.2013 to 27.11.2013
- Participated in the 20<sup>th</sup> National Conference of Indian Association of Social Psychiatry' held at the Stadel, Kolkata from 8<sup>th</sup> to 10<sup>th</sup> November, 2013, as Treasurer of the Organizing Committee. This conference has been accredited for 13 CME credit hours, by the West Bengal Medical Council, vide Ref No. 1631-C/28-2012, dated 24.10.13
- Speaker on: '*Depression & Anxiety in Cancer Patients*' in Symposium on Psycho-Oncology, at the 20<sup>th</sup> National Conference of Indian Association of Social Psychiatry' held at Kolkata from 08.11.2013 to 10.11.2013
- The 3<sup>rd</sup> 'Kolkata PG CME' held at Hotel Golden Parkk, on 07.12.13
- Co-Guide (Guide Prof Goutam Ganguly; Co-guide Dr Biman Kanti Roy) for Thesis by Dr Debabrata Chakraborty, titled '*Study of Behavioral Disorders in School-Going Children with Epilepsy*' submitted to the West Bengal University of Health Sciences for the Degree of DM (Neurology), Session 2010 - 2013
- Co-Guide (Guide Dr. Bidita Bhattacharya) for Dissertation by Ms. Soma Pramanik (Regn No 4757 of 2011-2013), titled '*Executive Functioning, Coping, Defense Mechanisms & Metacognition in Patients with Dissociative Disorders: A Comparative Study*' submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013
- Co – author of a poster titled '*A community study of prevalence of primary headaches in the city of Kolkata, India* (Authors: Das SK, Ray BK, **Paul N**, Hazra A, Das S, Mishra A, Ghosal MK, Banerjee TK, Chaudhuri A) Presented at the 3<sup>rd</sup> International Congress on Neurology & Epidemiology, held at Abu Dhabi, UAE, from 21.11.2013 to 23.11.2013.

#### **Dr. Sujit Sarkhel**

- An open label trial of memantine in resistant obsessive –compulsive disorder. *Industrial Psychiatry* (accepted for publication)
- Bhattacharjee, D., Singh, N.K., Praharaaj, S.K., **Sarkhel, S.** (in press) Perceived family environment in spouses of alcohol dependent patients. *Journal of Substance Use.*
- **Sarkhel, S.**, Praharaaj, S.K., Akhtar, S. Amisulpride-induced macrocytic anemia *Journal of Neuropsychiatry and Clinical Neurosciences.* 2013 Winter; 25(1)
- Praharaaj, S.K., Jana, A.K., **Sarkhel, S.**, Sinha, V.K. (in press) Acute dystonia, akathisia and parkinsonism induced by ziprasidone. *American Journal of Therapeutics.*
- Praharaaj SK, **Sarkhel S**, Prasad S, Sinha VK. Can electroconvulsive therapy induce catatonia? *Journal of Neuropsychiatry and Clinical Neurosciences.* 2013 Winter;25(1)
- Attended Midterm CME of WB IPS at Hotel Pride, Kolkata, on 28.04.13
- Attended East Zone PG CME held at Guwahati on 27<sup>th</sup> and 28<sup>th</sup> July,2013 as Chairperson of session titled "Newer Strategies in the Management of Alcohol Dependence"
- Attended the training programme for early career psychiatrists held at Colombo from 2<sup>nd</sup> to 5<sup>th</sup> August,2013 organized by Asian Federation of Early Career Psychiatrists.
- Attended Psychiatric Conference 2013 (Combined Annual State Conference of West Bengal State Branches of Indian Psychiatric Society & Indian Association of Private Psychiatry) held at Raichak on Ganges, South 24 Parganas on 28<sup>th</sup> & 29<sup>th</sup> of September 2013 as speaker on "Childhood OCD". The conference was granted 3 CME credit hours by West Bengal Medical Council.
- Participated in the 20<sup>th</sup> National Conference of Indian Association of Social Psychiatry' held at the Stadel, Kolkata from 8<sup>th</sup> to 10<sup>th</sup> November, 2013 as the Editor of the Souvenir of Organizing Committee. This conference has been accredited 13 CME credit hours, by the West Bengal Medical Council
- The 3<sup>rd</sup> Kolkata PG CME held at Hotel Golden Parkk, on 07.12.13
- Co-Guide (Guide Mr Prasanto Kumar Roy) for Dissertation by Ms. Vijaya Agarwala ( 2011- 2013), titled '*Temperament and Neurocognitive Endophenotype of Adolescent Obsessive-Compulsive Disorder*' submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013
- **Sarkhel, S** & Singh,N. "Is there any variation in pattern of thought, language and communication disorders across various diagnostic groups?" presented at Annual National Conference of Indian Psychiatric Society, 2013 (Held in January, 2013)

- Chakraverty ,D ; Saha ,P & **Sarkhel S.** Comorbidities, Socio-demographic Correlates and Parental Handling in Children and Adolescents with Attention-Deficit Hyperactivity Disorder in a Tertiary Care Psychiatric Institute. Presented at Annual Conference of Eastern Zone of Indian Psychiatric Society (Held in November, 2013)  
*Presentation for Leelavati Bhonath award*
- Jaiswal B; Saha, P & **Sarkhel, S.** Does Executive Dysfunction Occur in Obsessive–Compulsive Disorder ? Presentation for *Siddhartha Memorial award* at Annual Conference of Eastern Zone of Indian Psychiatric Society (Held in November, 2013)
- Singh, N; Saha, P ; Sarkhel, S & Paul, N. Clinical characteristics and cognitive functions in geriatric bipolar disorder: a follow up study. Presentation for BPSS award at Annual Conference of Eastern Zone of Indian Psychiatric Society (Held in November, 2013).

**Dr. Sikha Ghosh**

- Attended the 65<sup>th</sup> Annual National Conference of Indian Psychiatric Society (ANCIPS 2012), held at Bangalore, Karnataka from 10<sup>th</sup> to 13<sup>th</sup> January 2013, which was eligible for 4 (four) CME credit hours, granted by the Karnataka Medical Council
- CME on 'Compliance issues in Psychiatry' organized by the West Bengal State branch of Indian Psychiatric Society, on 19.01.13
- Midterm CME, IPS WB, held on occasion of the Silver Jubilee year of the West Bengal state branch of Indian Psychiatric Society, held at Pride Hotel, Kolkata, on 28.04.13
- Attended Psychiatric Conference 2013 (Combined Annual State Conference of West Bengal State Branches of Indian Psychiatric Society & Indian Association of Private Psychiatry) held at Raichak on Ganges, South 24 Parganas on 28<sup>th</sup> & 29<sup>th</sup> of September 2013. The conference was granted 3 CME credit hours by West Bengal Medical Council.
- Participated in the 20<sup>th</sup> National Conference of Indian Association of Social Psychiatry' held at the Stadel, Kolkata from 8<sup>th</sup> to 10<sup>th</sup> November, 2013 as the Editor of the Souvenir of Organizing Committee. This conference has been accredited 13 CME credit hours, by the West Bengal Medical Council
- The 3<sup>rd</sup> Kolkata PG CME held at Hotel Golden Parkk, on 07.12.13.

**Dr. Subir Kumar Hajra Chaudhuri**

- Attended the 65<sup>th</sup> Annual National Conference of Indian Psychiatric Society (ANCIPS 2012), held at Bangalore, Karnataka from 10<sup>th</sup> to 13<sup>th</sup> January 2013, which was eligible for 4 (four) CME credit hours, granted by the Karnataka Medical Council
- Attended the 14<sup>th</sup> ANCIAPP held at Ahmedabad on 21-24, Nov 2013
- 9<sup>th</sup> Annual National Conference of Indian Association Of Biological Psychiatry 13<sup>th</sup> & 15<sup>th</sup> September 2013, Grand Mumtaz, Srinagar, Kashmir
- The 3<sup>rd</sup> Kolkata PG CME held at Hotel Golden Parkk, on 07.12.13.

**Dr Uday Sankar Mandal**

- Attended Psychiatric Conference 2013 (Combined Annual State Conference of West Bengal State Branches of Indian Psychiatric Society & Indian Association of Private Psychiatry) held at Raichak on Ganges, South 24 Parganas on 28<sup>th</sup> & 29<sup>th</sup> of September 2013. The conference was granted 3 CME credit hours by West Bengal Medical Council.
- The 3<sup>rd</sup> Kolkata PG CME held at Hotel Golden Parkk, on 07.12.13.

**Dr. Bidita Bhattacharya**

- Actively Supervised 4 M.Phil. Thesis at Department of Clinical Psychology, Institute of Psychiatry
- Coordinator of 1 Scientific Session of National Conference of Indian Association of Social Psychiatry.
- Conducting Seminar in School for Mental Health and Study Skills.
- Conducting Seminar on Parenting Skills, in schools.
- Conducted 2-days Workshop on Anger Management.
- Conducted 2-days Seminar on Stress Management and Mindfulness in Corporates (L&T).
- Conducted Lecture on Cognitive Behaviour Therapy in Netaji Subhas Open University.
- Media appearance for developing awareness in several areas of Mental Health and Personal Management

- **Bhattacharya, B.** & Jahan, M, Neuropsychological functioning in children with ADHD, accepted in Psychological Studies.
- **Bhattacharya, B.** Cognitive behavioural intervention in prolonged grief: a case study, accepted in Journal of Rational Emotive and Cognitive Behavioural Therapy.

**Mr. Prasanta Kr. Roy**

- Registered for Ph.D. at University of Calcutta Topic: "Comparative Efficacy of Brief Cognitive Behaviour Therapy and Brief Interpersonal Therapy in Depressive disorders"
- Co – investigating a DST (Govt. Of West Bengal) Research Project on Tool Development for Specific Learning disability
- Guided 3 M. Phil. Thesis at Department of Clinical Psychology, Institute of Psychiatry
- Reviewed 2 research papers for Internation Research Journal "International Journal of Addiction and Mental Health"
- Reviewed 2 review articles for "Psyber News"
- Chairman of Scientific Committee at 9<sup>th</sup> National Conference of Hypnotherapy, India held at JNU, New Delhi from 25<sup>th</sup>-27<sup>th</sup> October 2013
- Delivered Symposium on "Past life Regression Therapy: Questioning the Evidence" at 9<sup>th</sup> National Conference of Hypnotherapy.
- Chaired a Scientific Session at 9<sup>th</sup> National Conference of Hypnotherapy
- Conducted 2 days workshop as invited Resource Person for CRPF officers at Kolkata on Stress Management
- Conducted 2 days workshop on Principles of Hypnotherapy as Invited Resource Person at SRMU, Chennai.
- Conducted 3 days Workshop on Cognitive Behaviour Therapy as Invited Resource Person at Mahatma Gandhi University, Kottayam, Kerela.
- Invited Resource person at NIT Rourkela at 23<sup>rd</sup> National Conference of National Academy of Psychology on "Psychosocial Perspectives of Disaster Management" to be held from 13<sup>th</sup> -15<sup>th</sup> December 2013.
- Resource Person on a talk on "Uttarakhand Disaster" organised by MON Foundation, Kolkata.
- "Research Response in Somatisation problem among College Students" is being accepted for publication at SIS Journal of Projective Psychology and Mental Health.
- "Efficacy of Combined Cognitive Behaviour Therapy and Hypnotherapy in Anorexia Nervosa: A Case Study" is being accepted for publication at International Journal of Clinical and Experimental Hypnosis"
- "Application of Hypnosis in the management of Sexual Trauma: A Case Study" is being published at Trance India.
- Provided Psychosocial Support and Psychological First Aid Training at Uttarakhand after the Flash flood Disaster in June 2013 and again in October 2013.

**Ms. Rudrani Chatterjee**

- UGC NET for Lectureship.
- Registered for Ph.D. with University of Calcutta, March 2013. Topic: "Children with ODD and their parents"
- Attended Workshop on psychotherapy process "Treat or Heal": IACP, West Bengal Chapter and Mental Health Foundation, 09.02.2013.
- Attended Workshop on Reforming Perception through Life Skills: A Workshop on Sensitizing Children and Young People: Prof. Sekhar Seshadri and Dr. Alok Bajpai, Kolkata.
- Attended Refresher Course on Research Methodology: Sponsored by RCI and Ministry of Social Justice and Empowerment: Organized by Department of Psychology, University of Calcutta: Five days/30 hours: 16.09.2013-20.09.2013.

**Ms. Amrita Mitra**

- Registration for Ph.D. (University of Calcutta) Topic: "Cognitive Function of CRF patients"

**Ms. Tapasri Das**

- "Contributory role of Attitude, Attachment Style, Social Support & Loneliness in Well Being of Young Adults" in Indian Journal of Community Psychology.
- "What lends to Dissolution & Resolution of Romantic Relationship."; Mental Health Insurance in Psyber News.
- Attended workshop on World Federation of Neurology Research Group on Aphasia & Cognition Disease.

**Ms. Mittu Muthu Varghese**



- Conducted workshop on stress management dated 20<sup>th</sup> November 2013 at Aircelor Mittal Ltd.Ranchi
- Paper setters and examiner in state and central universities.

**Mr. Kamlesh Kumar Sahu**

- **Sahu KK, Sahu KK** (2013). Impact Evaluation of the Community Mental Health Project at Habra. Indian Journal of Psychiatry. **Accepted Provisionally.**
- **Kamlesh Kumar Sahu** (2013). Social Work Practice in Mental Health. In Francis A. (ed) Social Work Practice In Mental Health Theories, Practices and Challenges. Sage, New Delhi. **In press**
- **Sahu KK** (2013). Social Case Work Practice in Psychiatric Setting in India. *Dysphrenia* 4 (2)146-147. [http://dysphrenia.hpage.com/get\\_file.php?id=2337658&vnr=163859](http://dysphrenia.hpage.com/get_file.php?id=2337658&vnr=163859)
- **Sahu KK** (2013). Family Intervention with a Case of Bipolar I Disorder with Family Conflict. *Dysphrenia* Vol 4 (2)165-171. [http://dysphrenia.hpage.com/get\\_file.php?id=2337656&vnr=320230](http://dysphrenia.hpage.com/get_file.php?id=2337656&vnr=320230)
- **Sahu KK, Sahu S** (2013). Rural Mental Health in India. *Disphrenia*. 4(1) 7 – 11. [http://dysphrenia.hpage.co.in/article\\_rural\\_mental\\_health\\_in\\_india\\_fulltext\\_11959459.html](http://dysphrenia.hpage.co.in/article_rural_mental_health_in_india_fulltext_11959459.html)
- **Sahu S, Sahu KK** (2013). Substance Abuse Causes and Consequences. *Bangabasi Academic Journal* Vol 10 - 11. **In press**
- **Kamlesh KS, Niveditha S, Dharitri R & Kalyanasundaram S**, A Decade and Half of Day Care Service for Persons with Psychiatric Disability: paper under review for publication in *International Journal of Psychosocial Rehabilitation*. **Under Review**
- Conducted a workshop on "Setting up community based rehabilitation facilities: A step towards bridging the treatment gap in mental health in XXXI Annual Conference of Indian Society for Professional Social Work held on 3<sup>rd</sup> to 5<sup>th</sup> January, 2013 at Department of Psychiatry, Manipal University, Manipal, Karnataka.
- Presented a paper on "Home Based Psychosocial Rehabilitation Services: A Ray of Hope to the Life of Persons with Long Standing Mental Illness" in XXXI Annual Conference of Indian Society for Professional Social Work held on 3<sup>rd</sup> to 5<sup>th</sup> January, 2013 at Department of Psychiatry, Manipal University, Manipal, Karnataka.
- Conduct a workshop on "Disability Assessment: First Step towards Psychosocial Rehabilitation" in Indian Social Work Congress 2013 held on 23-25 February, 2013 at Department of Social Work, University of Delhi.
- Presented a paper entitled 'Human Rights and Mental Health in India' in Indian Social Work Congress 2013 held on 23-25 February, 2013 at Department of Social Work, University of Delhi. Organized by DSSW and NAPSW.
- Delivered a lecture on 'Psychosocial Rehabilitation' at Department of Social Work, Jamia Millia Islamia University, New Delhi on 26<sup>th</sup> February, 2013
- Participated in a conference on Mental Health Care Bill, 2012 on 9-10 March 2013 at Auditorium, South City International School, 375, Prince Anwar Shah Road, Kolkata, 700068 organized by Mental Health Foundation, Kolkata in association with Kolkata Psychiatry Club.
- Participated in MAD Summit 2013, on March 5, an event that celebrated by the recovery from mental illness of several men and women "To observe International Women's Day, by Anjali, organisation that works with people with mental health problems. Several workshops on painting, singing, dancing, writing the stories of their lives at the venue, Seva Kendra, Kolkata.
- Participated in Saugata Basu Memorial Lecture organized by Department of Psychology University of Calcutta Commemorative lecture delivered by PROF. G.G. Prabhu at Meghnad Saha auditorium University of Calcutta (Rajabazar campus) on 12th March, 2013.
- Participated in a seminar on 'An experiential account of developmental, positive and health psychology in the Indian context' organized by Department of Psychology University of Calcutta speaker: Prof. Malavika Kapoor on 12th March, 2013.
- Presented a paper on "Home Based Psychosocial Rehabilitation Services to Improve Socio-occupational Functions and Disability in Persons with Mental Illness" in XX National Conference of the IASP held at Kolkata from 8-10 Nov. 2013.
- Conducted a workshop on "Disability Assessment: First Step towards Psychosocial Rehabilitation" in XX National Conference of the IASP held at Kolkata from 8-10 Nov. 2013.
- Attended a Consultative Meet on Revival of Association of Social Work Education in India (December 2-3, 2013), organized by the Centre for Learning-Teaching Support Network, School of Social Work, TISS, Mumbai; sponsored by International Association of Schools of Social Work.
- Reviewer, *Dysphrenia* - a peer-reviewed academic journal of psychiatry published biannually by Shyamanta Das, Department of Psychiatry, Fakhruddin Ali Ahmed Medical College Hospital, Jatigaon, Barpeta, Assam, India
- Reviewer, *Sociology Study* - an international, scholarly and peer-reviewed journal (print and online) published monthly by David Publishing Company, USA.
- Reviewer, *Critical Social Work* a bi-annual, peer-reviewed online journal hosted by the University of Windsor, School of Social Work, Ontario, Canada.
- Serve as paper setters and examiner in state and central universities.

**Ms. Jhilam Bandhyopadhyay**

- Attended XX National Conference of the IASP held at Kolkata from 8-10 Nov. 2013.

#### **Ms. Rupa Chakraborty**

- Attended a CRE Programme on "Research Methodology" organized by Department of Psychology, Calcutta University on 16 – 20<sup>th</sup> September 2013.
- Attended a CRE Programme on "Inclusive Education for Learning Disabilities " organized by NIMH, Kolkata on 28<sup>th</sup> January – 1<sup>st</sup> February 2013.

#### **4. REGULAR ACADEMIC ACTIVITIES**

- Weekly Case Conferences are also being held.
- Separate weekly seminars are held in the Departments of Clinical Psychology & Psychiatric Social Work
- Theory classes are being taken by faculty member and periodic internal theory & practical examinations are being taken.

<b>Date &amp; Time</b>	<b>Topic</b>	<b>Presenter</b>
8/7/2013 at 10-11 AM	How to approach a Psychiatric Patient- being a would be psychiatrist	Prof. Pradeep Saha
9/7/2013 at 8-30-9.30 AM 10/7/2013 at 8.30-9.30 AM	Neurotransmitters and its implication in Psychiatric Disorders-An Overview	Dr Sujit Sarkhel
11/7/2013 at 10-11 AM	Neurobiology of sleep, wakefulness: An overview	Prof Pradeep Saha
12/7/2013 at 8.30-9.30 AM & 13/7/2013 at 8.30-9.30 AM 15/7/2013 at 8.30-9.30 AM & 16/7/2013 at 8.30-9.30 AM	Limbic system, emotion, implication in Psychiatric Disorders Sigmund Freud, Neo-Freudians: Psychiatry and Modern Psychiatry	Dr Sikha Mukhopadhyay Dr. Parthasarathy Biswas
17/7/2013 at 10-11 AM	Stress & Management of Stress	Prof. Pradeep Saha
18/7/2013 at 8.30-9.30 AM & 19/7/2013 at 8.30-9.30 AM	Sampling Method, adoption studies and research methodology in Psychiatry	Dr Neelanjana Paul
22/7/2013 at 2.30-3.30 PM 23/7/2013 at 2.30-3.30 PM 24/7/2013 at 2.30-3.30 PM	Rating Scales in Psychiatry Defense Mechanisms: An Overview Disability Adjusted Life Years (DALYs): An overview	Mr Prasanta Kumar Ray Dr Bidita Bhattacharya Mr. Kamlesh Kumar Sahu

#### **5. RESEARCH PROJECTS**

##### **Ongoing research projects (IPGME&R)**

- Study on 'Violence against patients attending outdoor of a tertiary psychiatric care hospital in Kolkata' Mittu Muttu Varghese
- Study on "Factors affecting adherence to treatment and outcome Substance use Disorders (SUD) patients attending de-addiction clinic of a tertiary care hospital": Principal investigator: Dr Shikha Mukhopadhyay, Co-investigator: Dr Parthasarathy Biswas

##### **Ongoing research as part of MD Psychiatry course**

- Dr. Amitava Das (Guide: Prof. (Dr) Pradeep Kumar Saha) "*Family burden and Quality of Life in Primary caregivers of patients with schizophrenia, Bipolar Affective Disorder and Depression: A comparative study.*"
- Dr. Sandip Kumar Hazra (Guide: Dr Sikha Mukhopadhyay) "*The role of Life Events in Obsessive Compulsive Disorder*"
- Dr. Sudipta Ghosh (Guide: Prof. (Dr) Pradeep Kumar Saha) "*A comparative study of Childhood and adolescent Bipolar Disorder with or without anxiety disorder co-morbidity and its clinical implications*".
- Dr. Sk. Maidul Islam (Guide: Prof. (Dr) Pradeep Kumar Saha) "*A study on Quality of Life and psychopathology in parents of children with Attention Deficit Hyperkinetic Disorder.*"

##### **Ongoing research as part of M.Phil PSW dissertation:**

- "*Psychosocial Determinants Of Patients With Irritable Bowel Syndrome And Functional Dyspepsia: A Comparative Study*" by Mr. Hemanga Thakuria under guidance of Mrs. MittuMuthu Varghese and Prof. (Dr.) Pradip Kumar Saha.

- "Outcome Study of Disability Management For Persons With Schizophrenia Living In The Community" by Ms. Oindrila Ganguly under guidance of Mr. Kamlesh Kumar Sahu and Dr. Sikha Mukhopadhyay
- "Psychosocial problems (family burden, social support, marital quality of life, social stigma and self-esteem) in caregivers of intellectual disabled children and blind children: A comparative study" by Ms Chandrima Banerjee under guidance of Ms. Mittu Muthu Varghese and Dr. Partha Sarathy Biswas

## 6. THESES PUBLICATION, STUDENT & RESEARCH SCHOLAR INFORMATION

### Theses completed & submitted as part of requirement for MD Psychiatry

- Dr. Neha Singh (Guide Prof. Pradeep Kumar Saha) *Clinical characteristics of late onset bipolar disorders : comparison with adult onset.*
- Dr. Ajay Halder- (Guide Dr. Shikha Mukhopadhyay) *Effects of Cannabis use on cognitive function and clinical features of bipolar disorder*
- Dr. Bikramaditya Jaiswal (Guide Prof. Pradeep Kr Saha) *Study of executive function in Obsessive compulsive disorder*
- Dr. Devapradip Chakravarty (Guide Prof. Pradeep Kr Saha) *Assessment of severity and elicitation of co-morbidities in ADHD*

### Theses completed & submitted as part of requirement for M.Phil Psychiatry Social Work

- Mr Nitai Chand Mukherjee (Guide Ms. Mittu Muthu Varghese Co-Guide Prof. Pradip Kumar Saha) "A comparative study on resilience of caregivers of patients with schizophrenia and Bipolar Affective Disorder".
- Miss Tanaya Roy Chaudhury (Guide: Mr. Kamlesh Kumar Sahu, Co-guide: Dr. Parthasarathy Biswas) "Disability and rehabilitation needs of persons with schizophrenia"

### Theses completed & submitted as part of requirement for M.Phil Clinical Psychology

- Ms. Vijaya Agarwala (Guide Mr Prasanto Kumar Roy, Co-guide Dr Sujit Sarkhel) titled 'Temperament and Neurocognitive Endophenotype of Adolescent Obsessive-Compulsive Disorder' submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013
- Ms. Soma Pramanik (Regn No 4757 of 2011- 2013), (Guide Dr. Bidita Bhattacharya, Co-guide Dr Neelanjana Paul) for Dissertation titled 'Executive Functioning, Coping, Defense Mechanisms & Metacognition in Patients with Dissociative Disorders: A Comparative Study' submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013
- Ms. Urbi Mukherjee (Guide-Dr. Bidita Bhattacharya; Co-Guide: Dr Sikha Mukhopadhyay) titled "Self-concept, personality Correlates, Family Environment And Adjustment Related Issues: A Comparative Study Between Obese And Non-obese Adults" submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013
- Ms. Priya Puri (Guide: Mr. Prasanta Kumar Roy; Co-Guide: Dr Parthasarathy Biswas) titled "Dynamics And Neurocognitive Correlates in Borderline Personality Disorder- A Comparative Study" submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013
- Ms. Shaona Sengupta (Guide: Dr Bidita Bhattacharya; Co-Guide: Dr Parthasarathy Biswas) titled "A Comparative study Between Obese And Non-obese Adults Based on Impulsivity, Set Shifting And Attributional Styles" submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013
- Ms. Aditi Majumdar (Guide: Dr Bidita Bhattacharya; Co-Guide: Prof Pradeep Kumar Saha) titled "A Study on Metacognition, Attributional Style And Executive functioning in Alcohol Dependence" submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013
- Ms. Akanksha Mohta (Guide Mr. Prasanta Kumar Roy; Co-guide: Prof Pradeep Kumar Saha) titled "A Study on Parenting Style And Sexual Self Concept: Psychopathology of Transgender" submitted to the West Bengal University of Health Sciences for partial fulfillment in MPhil in Clinical Psychology, Session 2011 – 2013

## 7. SERVICE INFORMATION

A. Number of indoor beds: Male – 26; Female – 10.

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Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec	TOTAL
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Indoor admissions in 2012	<b>Male</b>	21	20	15	12	21	19	19	14	21	15	19	18	<b>214</b>
	<b>Female</b>	6	5	8	7	2	6	9	10	10	12	7	6	<b>88</b>
	<b>Total</b>	27	25	23	19	23	25	28	24	31	27	26	24	<b>302</b>

B. Distribution of outdoor services is as follows:

Day	Consultants	
Monday	Prof. Pradip Kumar Saha	Dr. Neelanjana Paul
Tuesday	Prof. Pradip Kumar Saha	Dr. Parthasarathy Biswas
Wednesday	Dr. Sikha Mukhopadhyay	Dr. Sujit Sarkhel
Thursday	Dr. Sikha Mukhopadhyay	Dr. Sujit Sarkhel
Friday	Prof. Pradip Kumar Saha	Dr. Neelanjana Paul
Saturday	Prof. Pradip Kumar Saha	Dr. Parthasarathy Biswas
Sunday <sup>2<sup>nd</sup></sup> &4 <sup>th</sup>	Prof. Pradip Kumar Saha	Dr. Parthasarathy Biswas

The following numbers of patients have been seen in Psychiatry OPD from January 2013 to 15<sup>th</sup> December 2013

		Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec	TOTAL
Adult Psychiatry	<b>New</b>	900	945	1078	1168	1095	1141	1316	1050	1207	1074	1030	774	<b>12778</b>
	<b>Old</b>	4361	3676	3418	4469	4095	4327	5140	4712	3925	4883	4880	3456	<b>51342</b>
Child patients	<b>New</b>	60	59	60	67	73	62	97	61	87	52	44	12	<b>734</b>
	<b>Old</b>	62	65	84	72	104	82	100	113	131	111	130	81	<b>1135</b>

C. IOP is also running multi-disciplinary special clinics in, de-addiction, geriatric and child psychiatry, OCD & mood disorders. Patients are referred to these clinics from the general psychiatry outdoor or indoor, for detailed assessment and management, including individual & family therapy. Special clinics schedule is:

S.No.	Clinic	Consultant	Days
1.	<b>Child Adolescent Clinic</b>	Dr. Sujit Sarkhel, Dr. Pradip Kumar Saha	Thursday
2.	<b>Substance Abuse Clinic</b>	Dr. Shikha Mukhopadhyay, Dr. Parthasarathy Biswas	Friday
3.	<b>Geriatric Clinic</b>	Dr. Neelanjana Paul, Dr. Pradip Kumar Saha	Tuesday
4.	<b>OCD Clinic</b>	Dr. Pradip Kumar Saha, Dr Uday Sankar Mandal	Wednesday
5.	<b>Mood Clinic</b>	Dr. Pradip Kumar Saha, Dr Subir Bhattacharya	Saturday

Data on patients seen at existing special clinics at IOP in 2013 (till 15.12.13)

		Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec*	TOTAL
De-addiction clinic	<b>New</b>	1	12	9	11	8	9	14	16	19	16	16	5	<b>136</b>
	<b>Old</b>	27	28	32	32	41	33	31	56	62	29	41	19	<b>431</b>
Geriatric clinic (>50yrs)	<b>New</b>	7	3	7	10	4	5	5	8	0	0	3	6	<b>58</b>
	<b>Old</b>	18	09	13	24	18	16	32	25	20	30	30	12	<b>247</b>
OCD Clinic	<b>New</b>	0	0	4	4	5	5	7	3	5	4	3	2	<b>42</b>
	<b>Old</b>	0	0	2	8	14	16	27	24	22	21	18	10	<b>162</b>

D. Psychiatric Social Work department is an integral part in multidisciplinary team in treatment and rehabilitation of persons with mental illness. The primary areas of functioning of this department at IOP are teaching as well as organizing psychosocial services in the following areas: psychosocial assessment of individuals & family, psychosocial intervention, community services and rehabilitation.

Patients seen at Department of Psychiatric Social Work in 2013 (upto 15<sup>th</sup> Dec 2013)

	Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec	TOTAL
New case work ups	69	43	64	93	91	52	28	61	56	59	97		<b>713</b>
Individual Sessions (new)	16	19	32	41	30	24	37	19	27	29	54		<b>328</b>
Individual Sessions(old)	98	88	135	177	129	94	113	122	123	73	82		<b>1234</b>
Group Sessions	12	11	14	14	13	11	17	12	14	11	15		<b>144</b>
Home visits	1	07	05	05	03	00	00	00	02	00	00		<b>23</b>

- E. The Department of Clinical Psychology has started functioning in March 2011 and is providing services on an outpatient and inpatient basis. The general outdoor runs on all working days where evaluation, management and follow-ups are performed. Services offered include IQ assessment, psycho diagnostics, personality & neuropsychological assessment, cognitive retraining, psychotherapy & counselling (individual, family & group). Group therapy sessions are being conducted (along with PSW department) for ADHD & Conduct Disorder (separately for children & parents), Mental Retardation (for parents), OCD, substance abuse, dementia and life-skill education (for adolescents). The Department is also planning to expand its functioning in the area of Behavioural Medicine, i.e. use of psychological services in general medical conditions including burn cases, cancer, HIV/AIDS, gynaecological problems, cardio-vascular disease, pre- and post- surgery cases, dermatological issues, diabetes etc.

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Patients seen at Department of Clinical Psychology in 2013 (till 15.12.13)

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	Jan	Feb	Mar	April	May	June	July	Aug	Sept	Oct	Nov	Dec	TOTAL
IQ Assessment	59	56	43	50	51	63	54	38	41	66	88	30	<b>639</b>
Diagnostic psychometry	26	18	29	22	24	21	24	32	38	56	89	34	<b>413</b>
Individual & Group therapy	62	134	167	243	217	209	267	170	127	75	92	70	<b>1833</b>
Other Psychol Assessments	13	9	9	8	5	13	28	8	3	0	13	0	<b>109</b>

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**Nurses Training Program on Rights of Persons with Mental Illness:** Lectures were held at IOP on various aspects of management of psychiatric patients. The audience included Nursing staff of IOP, Pavlov & Lumbini Mental Hospitals.

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