

IHBAS

PROSPECTUS 2014-2016

M. Phil. Clinical Psychology
DEPARTMENT OF CLINICAL PSYCHOLOGY



Institute of Human Behaviour and Allied Sciences

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INTRODUCTION

The Institute of Human Behaviour and Allied Sciences (IHBAS) was established to comply with the directive of the Hon'ble Supreme Court in response to public interest litigation. The court observed that IHBAS should be an apex institute similar to NIMHANS, Bangalore. The Institute is an autonomous body registered under the Societies Act. The nature of the institute has been outlined as modern, state of the art tertiary care centre and post graduate training Institute for Behavioural, Neuro and Allied Sciences.

IHBAS with a multidisciplinary approach is serving the people with the following major objectives i.e.

- I To provide high quality super specialty care using state-of-the-art technology in psychiatry, neurology, Neurosurgery and behavioral sciences:
- II To conduct research in the field of Psychiatry, Neurology, Neurosurgery and behavioral sciences; and
- III To provide comprehensive training at MD, DM, M. Phil, Ph.D. & post doctoral levels in Psychiatry, Neurology, Neurosurgery and behavioral sciences.

The Institute utilizes a unique approach through its Clinical (Psychiatry, Neurology and Neurosurgery), Social (Clinical psychology, Psychiatric social work and Medical Anthropology) and Basic Sciences (Neurochemistry, Microbiology, Neuropsychopharmacology and Pathology) to ensure a truly comprehensive management of mental and neurological disorders.

In pursuance of its objectives the Institute has been involved in the following activities.

- # Hospital and community based patient care services including preventive/ curative and rehabilitation services for the people of Delhi and neighboring states of north India.
- # Post graduate teaching/training in Psychiatry, Neurology, Neurosurgery, Clinical psychology, Psychiatric social work, Psychiatric nursing and other related disciplines.
- # Basic and applied inter-disciplinary research in Neuropsychiatry and Behavioural sciences.

The Hospital for Mental Diseases (HMD), Shahdara, was established in 1956 and converted into a multidisciplinary institute under the Societies Act 1991. Since its inception in

1993, it has served as a good example of how judicial intervention can bring about changes for the benefit of the patients.

IHBAS uses a multidisciplinary approach towards preventive, curative and rehabilitative aspects of mental health and aspires to bring modern biological, physical and psychological knowledge combined with ancient wisdom of traditional systems of medicine through a psychosocial and socio-cultural approach under one roof. This integrated approach may help to unravel the myth of abnormal behaviour of human beings. One of the greatest achievements of this institute in the initial stage has been that more than 300 long stay patients who recovered and did not require any further hospitalization were successfully reintegrated into their families.

Today, IHBAS has developed into a unique apex institute using an integrated approach for the study of body, mind and behaviour. The multidisciplinary approach reflects upon the three spheres of activities i.e., patient care (including community oriented services), research, and teaching & training. The clinical services in the areas of Mental Health, Neuro and Behavioural Sciences are supported by modern investigative procedures. Thus the advances in the basic science's research are integrated with the clinical services. This initiates both, new responsibilities and new perspectives in further development of scientific and clinical activities of the institute. Current activities of the institute include:

- # Treatment of psychiatric, neurological disorders and neurosurgical intervention,
- # Regional resource centre for Northern and Western India under National Mental Health Programme (NMHP) and District Mental Health Programme (DMHP).
- # A total of eight specialty clinics namely Child and Adolescent Clinic, Mental Retardation Clinic, Marital & Psychosexual Clinic, Tobacco Cessation Clinic, Neuro Behaviour Clinic, Drug Abuse Treatment and Rehabilitation Clinic, Movement Disorder Clinic, and Epilepsy Clinic are run by the institute covering specialized needs of patients with various disorders.
- # Development of policies and programs related to mental health.
- # Collection of epidemiological data on mental, behavioural and neurological disorders & development of Community oriented services.
- # Research in the area of biological and psychosocial aspects of mental disorders; psychopharmacological aspects of alcohol abuse and drug dependence; vascular and degenerative disorders of central nervous system; application of newer psychopharmacological approaches in the treatment of neuropsychiatric disorders.

- # Postgraduate training in Clinical Psychology Psychiatry, Neurology, Neurosurgery and other allied disciplines.

The above mentioned tasks are conducted through a multidisciplinary approach by the following 14 departments:-

S. No.	Department	S. No.	Department
1.	Clinical Psychology	8.	Neuropsychopharmacology
2.	Psychiatry	9.	Psychiatric Social Work
3.	Neurology	10.	Epidemiology
4.	Neurosurgery	11.	Bio-Statistics
5.	Neurochemistry	12.	Neuroradiology
6.	Microbiology	13.	Neuroanaesthesia
7.	Pathology	14.	Medical Anthropology

This institute with multidisciplinary approach is growing with a mission to become a centre of excellence for delivery of patient care, teaching, training and research in the field of mental health, behavioural and neurosciences by translating its given mandate and by developing a new vision.

There are seven supportive sections and one Yoga Centre.

- # Pharmacy
- # Medical store
- # Physiotherapy
- # Occupational therapy
- # Day care and vocational training centre
- # Hospital kitchen
- # Library and documentation services

PATIENT CARE AT IHBAS:

IHBAS provides outpatients and inpatients care facility in Mental Health and Psychiatry, Neurology and Neurosurgery.

IHBAS conducts regular speciality clinics to provide specialized services to patients with certain specific disorder or problems in the afternoon hours.

- (i) **Child & Adolescent Mental Health services/Clinic:** A weekly child guidance clinic (CGC) provides mental health care to the children and adolescents. In-patients' facility is also available to this age group of patients.
- (ii) **Mental Retardation Clinic:** This clinic was setup in December 1999, to cater to the needs of persons with Mental Retardation on weekly basis with the help of a multidisciplinary team consisting of Psychiatrists, Clinical Psychologists and psychiatric social workers. Special parent training programmes are also organized for parents of children with mental retardation.
- (iii) **Marital & Psychosexual Clinic:** This is a weekly speciality clinic, which provides specialized services to the patients suffering from psychosexual and marital problems. A joint team of psychiatrists and clinical psychologists is engaged in providing these services.
- (iv) **Tobacco Cessation Clinic:** This clinic is part of a National Tobacco Initiative by Ministry of Health and Family Welfare, Government of India and World Health Organization. Services of this clinic are available thrice a week on every Monday, Wednesday and Friday afternoon under the care of a multidisciplinary team. The treatment modalities offered are both pharmacological and psychosocial with emphasis on counseling and behavior at management.
- (v) **Neurobehaviour Clinic:** Services of this Clinic are available on every Wednesday with a provision of a joint team of Neurologists, Psychiatrists and Clinical Psychologists. Clinic provides services to the patients with behavioural disturbances associated with various medical and neurological illnesses.
- (vi) **Drug Abuse Treatment and Rehabilitation Clinic:** This clinic is functional twice a week on Wednesday and Friday afternoon and offers service to the patients with problems of drug abuse and alcoholism. A multidisciplinary team of Psychiatrists, Clinical Psychologists and Psychiatric social workers is running the clinic. As for requirement the patients are admitted for four to six weeks for comprehensive indoor treatment.
- (vii) **Movement Disorder Clinic:** This clinic provides services to patients with different voluntary movement disorders like Parkinson's disease, Dystonia, Progressive Supraneuclear palsy and other such problems as every Friday.

Inpatient Services:

Inpatient services are available in Psychiatry, Neurology and Neurosurgery.

Community Outreach Services : Community outreach programmes have been initiated to take Neuropsychiatric care to the doorstep of the people. Simultaneously, this also aims to educate and create awareness in the public regarding these disorders and to eliminate the stigma and myths associated with mental illnesses. Encouraging response has been seen in the clinics located at Jahangirpuri, Dwarka, Chatarpur and mobile health clinic for homeless near Jama Masjid.

DEPARTMENT OF CLINICAL PSYCHOLOGY AT IHBAS

The Department of Clinical Psychology was established in October 1996 with an objective to provide various psychological services(as per initial Project report vide Honourable Supreme court orders) to the society and in particular to train clinical psychologists to staff Psychiatry Units, Neurology Clinics, Child & Adolescent Mental Health Centers, Institutions for the Mentally Handicapped, Prisons, Borstal schools, Rescue homes, Orphanages, Marital Counseling and Vocational Guidance Centers. Apart from these services and training areas the department was also entrusted the responsibility to involve in active research.

In the initial five years, catering to the needs of outdoor and indoor patients i.e., Psycho diagnostic, Psychotherapeutic & Rehabilitative services were the major responsibilities along with expansion of the department. This was followed by setting up of a Psycho clinic cum Lab equipped with all necessary psychological tests and therapeutic equipments.

At present the department extends Psycho-diagnostics and Psychotherapeutic services to both outdoor and indoor patients referred from Department of Psychiatry, Neurology and various specialty clinics encompassing Neuro Behavioural clinic, Marital and Psycho sexual clinic, Drug Abuse Treatment and Rehabilitation clinic, Tobacco Cessation clinic, Motor Behaviour clinic, Epilepsy clinic, Child Guidance clinic and Mental Retardation clinic.

Further, Psychosocial Rehabilitation and Community Oriented Services are the major areas where department is actively involved to provide the required services. The department is continuously evolving and equipping itself to deal with the growing and dynamic challenges posed by the day-to-day increasing number of patient population and their integration into the mainstream. All best efforts are made to ensure quality service as

per requirement and to reduce waiting time of the clients attending Clinical Psychology OPD and availing various other clinical services.

Neuropsychology Unit of the departments was set up in the year 2005. This was followed by setting up Behavioural Medicine & Behaviour Therapy Unit of the department in the year 2008.

Department has been able to attract many post graduate (MA Final Year) Psychology students from various Universities who are placed in the department for exposure to the clinical work under supervision.

In the year 2004, **M.Phil Clinical Psychology Training Programme** (2 years full time supervised practical clinical training) commenced, affiliated to University of Delhi under Faculty of Medical Sciences. By the end of academic session 2013, eight batches of students have passed and qualified as clinical psychologists. All these Clinical Psychologist have been able to get employment in government, private hospitals and in the universities. A few of them are pursuing their studies for higher degree (Ph.D).

M.Phil in Clinical Psychology training program at IHBAS

The Course commenced in the year 2004. Aim of the M.Phil in Clinical Psychology training programme is to train clinical practitioners with an orientation to research. The course gives a comprehensive coverage of (1) Psychodiagnostic assessment (2) Counseling and psychotherapy (3) Family & Marital therapies (4) Behavioural Medicine and Behaviour therapy (5) Child & Adolescent Mental Health (6) Management of Substance Abuse (7) Psychosocial Rehabilitation & (8) Neuropsychology. The didactic lectures, Clinical teaching through case conferences and topics discussion is held regularly. The seminars and Journal clubs provide additional input. The research orientation is given through the dissertation on the clinical topic. Candidates work under supervision, with adult and child populations with a range of psychiatric and neurological problems, thereby gaining clinical expertise. Course is recognized by Rehabilitation Council of India.

More about the Course

M. Phil. Clinical Psychology Examinations are conducted by the department under the supervision of M.Phil Clinical Psychology Committee: University of Delhi under Faculty of Medical Sciences(Vide ordinance VI-A-3 , Approved By the Academic Council of University of Delhi on 07-06-2006 Vide Agenda Item No. 52.1.41) in Two parts

Part I Three theory Courses, on Psychosocial Foundations of Behaviour, Statistics and Research Methodology and Psychiatry. There will be practical exam in Psychodiagnostic based on Clinical work and Viva-Voce. As part of the practical Exam. candidates will be required to submit five cases with full length Psychodiagnostic records.

Part II After passing the examination in the courses as above only, a candidate will be allowed to appear in the M. Phil. Clinical Psychology Part II examination. Three Theory Courses are prescribed viz. Biological Foundations of Behavior, Psychotherapy and Counseling, and Behavioral Medicine. There will be Practical Exam in Clinical Applications of Psychology based on Clinical and Viva-Voce. Under this Practical Exam candidates will also submit five fully worked out Therapeutic Case Records.

Note: The first examination on the three courses as mentioned above will be held in the middle of the course on the dates approved by M.Phil Committee.

The final year examination will be held by the end of 2nd academic year on the dates approved by M. Phil Committee.

The M.Phil Committee may revise the courses after the review from time to time.

No student shall be allowed to appear in any part of the examination more than twice and a student must clear the M.Phil examination within three years of his/her initial registration for the M. Phil., full-time programme. A candidate, who after having fulfilled the attendance requirements etc. and being otherwise eligible to appear in the examination fails to appear for the same he/she will be required to appear/ reappear at the same on his being enrolled as ex-student.

Division / class shall not be awarded to a candidate, who fails to pursue the course on a continuous basis, or fails or absent himself/ herself from appearing in any of the University theory and practical examination of Part I and Part II. The merit class (distinction/ first division) shall be awarded to those candidates who pass both Part I and Part II examination in first attempt.

No candidate shall be permitted to appear either of Part I or Part II examination more than two times.

Note: A minimum of three months additional attendance shall be necessary for a candidate before appearing for the examination in case he/she fails to clear Part II examination within a period of three years from the year of admission to the course.

Dissertation :

The students are required to write and submit dissertations on subjects approved by the committee under the supervision of the supervisor appointed for the purpose from the concerned department :Clinical Psychology.

The dissertation will be submitted on or before a date fixed up by the M.Phil committee.

In special circumstances M. Phil committee may grant extension for submission of dissertations to any candidate on request for a maximum period of six weeks.

If dissertation is not submitted within one month of stipulated date, the same shall be treated in relation to the next year examination and the student will be required to fulfill all the formalities, including filling up fresh examination form for the purpose.

The dissertation will be submitted only when the supervisor(s) concerned is/are satisfied i.e. the dissertation is worthy of consideration in part fulfilment of the M. Phil. Degree, provided that the application for submission of dissertation shall also be countersigned by the head of the department concerned (Clinical Psychology).

The dissertation may include results of original research, a fresh interpretation of existing facts and data of a review article of a critical nature or may take such other form as will be determined by the committee on recommendation of the department concerned.

A candidate who has not appeared or failed in Part I examination shall be allowed to continue the course for the second year and to take up the dissertation.

Students shall be permitted to submit his/her dissertation only when he has passed the examination in all the three courses prescribed in Part I.

In case a student does not clear all the courses of the examination as prescribed in Part I/ PartII; the M. Phil. Committee will arrange a special examination within six months from date of declaration or result of M.Phil Examination.

The evaluation of candidates both in respect of courses and dissertations to be submitted by them shall be done numerically. The minimum marks required to pass the M. Phil. Examination shall be 50% marks in the aggregate of written courses, 50% marks in the practical courses and 50% marks in the project report/dissertation including viva-voce separately.

The successful candidates of the M. Phil. examination shall be classified as follows:

1. I Division with distinction 75% marks in the aggregate
or above.
2. I Division 60% marks in the aggregate or above
but below 75% marks
3. Pass All others

FEE STRUCTURE

- # Enrolment fee: Rupees 150/- payable to University of Delhi.
- # Contribution to M. Phil. Clinical Psychology Training Development Fund : Rupees 1000/- deducted from stipend every month.
- # University fee including Examination fee : as per the following : Payable to University of Delhi.

S. No.	Particulars	Amount (In Rupees)
1.	Admission Fee	10.00
2.	University Development Fee (Annual)	300.00
3.	UNiversity Library Fee (Annual)	12.00
4.	Athletic Association Fee	10.00
5.	WUS Membership Fee	15.00
6.	Examination Fee	1000.00
7.	N.S.S.	20.00
8.	Mark Sheet Fee	25.00
	Total = (Rs. One thousand three hundred ninety two)	1392.00

- # Ex-student fee (if any): as per university of Delhi rules.
- # Hostel accommodation fee: Rs. 200/- per month inclusive of water and electricity charges.

- # Caution money for library membership Rs. 1000/- minimum per library card; refundable after completion of the training programme.
- # Caution money for psycho clinic-cum lab Rs.1000/- refundable after completion of training.

No. of seats -19 (2 for Foreign candidates & 02 for in service sponsored candidates)

Following reservation of seats is applicable to the course in the academic sessions 2014-2016 :

- a) 7.5% of the seats for SC
- b) 7.5% of the seats for ST
- c) 27% of the seats for OBC

S. No.	Category	Number of Seats
1.	General Category	10
2.	Schedule Caste (SC)	01
3.	Schedule Tribe (ST)	01
4.	OBC	03
6.	In service sponsored candidates	02
7.	Foreign Candidates	02
	Total Seats	19

*The number of reserved seats for SC, ST & OBC have been calculated on the basis of total sanctioned seat strength of 12.

**3% of the seats are reserved for persons with above 40% and less than 70% of disability on horizontal basis (may from general or else); one seat to be advertised once in every three years. In the academic session 2014-2016, there is no reservation of any seat for persons with disability.

Provision for admission of foreign students and in-service candidates in M.Phil. Clinical Psychology training programme

Admission of foreign students will be done as per University of Delhi rules. The foreign students would not go through the selection procedure as required for other general applicants. They will be selected through a sub-committee having not more than three

members, to be constituted by Head, Department of Psychiatry, University of Delhi for the admission of foreign students. One member from M.Phil Committee (to be nominated by Chairman M.Phil. Clinical Psychology Committee), Head of Department of Clinical Psychology and the Director of the Institute will be the three members of this subcommittee. Two seats shall be for foreign students in addition to the twelve already approved seats. Fee will be charged from the foreign students as per University of Delhi rules. Foreign students will not be entitled for stipend.

Admission Rules for Foreign Student Category

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The admission of Foreign Students to Medical and Engineering courses is done by the Ministry of External Affairs, Government of India, New Delhi. A number of seats in these courses are reserved for the nationals of various countries. Foreign students desirous of joining these professional courses should contact the nearest Indian Mission for necessary information. They need not apply to University of Delhi directly. Since M. Phil. Clinical Psychology Course is under Faculty of Medical Sciences, the same rule is applicable here.

Other important matters to note when applying under Foreign Student Category

- 1.# University of Delhi has NOT authorized any Agent to act on its behalf. Agents/ Middlemen will NOT be Entertained
- 2.# If the candidate meets the eligibility requirements and is found eligible, University will issue provisional admission letter. A copy of this letter will be endorsed to the Indian Mission in the country of domicile of the candidate on the basis of which the concerned Mission will issue a Student's Visa so that the student can come to India and join the University. No foreign student will be admitted to this University without a valid Student's Visa. Such Student's Visa may be extended by the Ministry of Home Affairs after ascertaining that student pursuing his/her studies is receiving remittance through proper banking channels.
- 3.# English Proficiency certificate of TOEFL or IELTS scores is mandatory for foreign students at the time of submission of application form for admission in the University. If the candidate is unable to provide any of these score certificate or English proficiency certificate then the candidate may be asked to appear in the English proficiency test which is conducted by the Institute of Life long learning (ILLL), University of Delhi.
- 4.# The Equivalence of the degree/ School certificate may be procured by the applicant from the Association of Indian University (AIU) before submission of his/ her application.
- 5.# All the Foreign students must have some medical insurance, having evacuation clauses, before joining the University

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EXPENSES

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- 1.# Tuition fees and other fees vary, but are usually between Rs.6,000-12,000 per annum. Room and board expenses in University and College residence range from Rs.3,000/-to 6,000/-per month. Total expenses covering tuition fees, boarding & lodging and incidental expenses approximately come to Rs.6000/-per month for students residing in Hostel and Rs.10,000/-per month in respect of students who are residing in private rented accommodation.
- 2.# Every foreign student has to pay one time Foreign Students Registration Fee of Rs. 18,000/- for undergraduate including Certificate/Diploma courses, Rs. 24,000/- for Postgraduate courses and Rs. 30,000/- for courses leading to research work. In addition, every foreign student is required to pay Rs. 6,000/- per year in addition to the regular fee to the College/Department/Faculty in which he/she is admitted. Students (from other than SAARC countries) are required to pay an amount of Rs. 2,10,000 -per year in addition to the fees paid by the Indian students.

Admission Rules for In-service Student Category

In-service candidates may be admitted without any payment of stipend. There are two seats for these students in addition to the fifteen already approved stipendiary seats. Selection procedure for these applicants will be the same as followed for the selection of all other M. Phil. Clinical Psychology candidates. The candidate seeking admission under In-service Student Category must meet the following criteria;

- 1.# Must be in the regular employment in Government department/ PSU
- 2.# A recommendation letter from the employer/ head of the organization must be submitted along with the application
- 3.# Category under which admission sought must be clearly indicated in the application
- 4.# Must appear in the Entrance Test and Selection Interview on specified dates
- 5.# Must meet the essential educational eligibility criteria
- 6.# Must be ready to join without any stipend or any other monetary help from the institute
- 7.# Must pay all the fees/ charges applicable to the students of all categories

Duration and Qualification :

Duration : 2 years full time course.

Qualification : M.A./M.Sc. in Psychology/Applied Psychology/Cognitive Science/ Clinical Psychology/ Counselling Psychology from a recognized University with minimum 55% marks in the aggregate in regular mode. ***Such qualifications obtained through distance learning or correspondence mode will not be considered.***

Note :

1. Number of seats and reservation may vary as per the direction and issued order by the Government of NCT of Delhi, Government of India and University of Delhi.

- 2. If suitable candidates are not available under the reserved category they will be filled up by general category candidates.**

Method of Selection :

The selection will depend upon marks obtained in the entrance examination and marks obtained in the interview, if listed for the interview based on the rank of declared results of entrance test. The entrance test will be of a MCQ type consisting of 120 questions to be answered in 02 hours. There will be no negative marking for wrong answers. (The syllabus of entrance exam will be that of P.G. level course in the concerned subject of recognized university) .

Important Dates :

1. Last date for the submission of application: 10th July, 2014
2. Written Entrance Test: 31st August, 2014
3. Result declaration of written test: 31st August, 2014 (Evening)
4. Selection interview of short listed candidates: 1st & 2nd September, 2014.
5. Publication of list of selected candidate: 2nd September, 2014 (Evening)
6. Date of Admission & Joining: 29th and 30th September, 2014
7. Commencement of Course: 1st October, 2014

Entrance Examination :

The Entrance Exam will be held on the 31st August 2014, followed by selection interview on 1st and 2nd of September 2014 at the Institute. The Pattern of the examination is as follows:-

1. There will be 140 multiple choice questions in the paper. Number of questions will be distributed across the subjects/papers of P.G. level Psychology Course as follows:

Area	Marks	Area	Marks
General Psychology	10	Physiological Psychology	10
History of Psychology	10	Personality	10
Social Psychology	15	Developmental Psychology	15
Statistics	10	Clinical Psychology	30

Research Methodology	10	Abnormal Psychology	20
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2. Each question is followed by 4 alternative choices.
3. Total time allotted is two (02) hours.
4. There is no negative marking.
5. Results of the written tests are declared on the same day by evening and selected candidates are called for interview on two subsequent days.

Once qualified, the selected candidates must join the course, after paying the necessary fees on or before the dates stipulated in the selection letter; failing which the selection shall automatically stand cancelled. The Institute shall offer such seats to the candidates in the waiting list in the order of merit.

Note: All selected candidates will be considered for a payment of stipend @ Rs.12000/ p.m. excluding in-service and foreign candidates. Fee structure is subject to revision time to time as per University of Delhi/ Concerned department/ Institute's rules.

COURSE STRUCTURE

Distribution of Marks and Internal Assessment

I Year - Part I Examination		
Subject	Total Marks	Pass %
Group Ap		
Psychosocial Foundations of Behaviour	100 (Written 70 and Internal Assessment 30)	50
Statistics & Research Methodology	100 (Written 70 and Internal Assessment 30)	50
Psychiatry	100 (Written 70 and Internal Assessment 30)	50
Psycho diagnostics (Clinical & Viva)	External assessment 70 and Internal assessment 30	50

Group Bp		
Submission of 5 Cases of full length Psycho diagnostics	100 (Internal Assessment 70 and Assessment by External examiner 30)	50

II Year - Part II Examination		
Subject	Total Marks	Pass %
Group Ap		
Biological Foundations of Behaviour & Neuropsychology	100 (Written 70 and Internal Assessment 30)	50
Psychotherapy and Counselling	100 (Written 70 and Internal Assessment 30)	50
Behavioral Medicine	100 (Written 70 and Internal Assessment 30)	50
Practical /Clinical & Viva Voce in Clinical Applications of Psychology	200 (Internal Assessment 60 and Assessment by External examiner 140)	100
Group Bp		
Submission of 5 fully worked out Therapeutic Case Records	100 (Internal Assessment 70 and Assessment by External examiner 30)	50
Group Cp		
Dissertation	100 (Assessment by External examiner 70 and Internal Assessment 30)	50

Guidelines for Internal Assessment

Each M. Phil. Clinical Psychology candidate will be internally evaluated on the basis of his/her day to day work i.e. punctuality, discipline, sincerity and involvement in work, completion of assignments within time, presentations in academic forums (clinical case conference, journal club and academic seminars etc.), interpersonal acumen,

communication skills, quality of academic and clinical work, mastery in psycho diagnostics, pass-out performances for different psychological tests and procedures, psychotherapeutics, and feedback from the consultants in other departments in supervisory capacity.

Minimum prescribed clinical work during the two year of training.

	Ist Year	By the end of IInd Year*
1) Detailed case histories	30	50
2) Clinical Interviews	20	40
3) Full length Psychodiagnostics	20	35
4) Therapeutics		
i) Behavioural Interventions		100 hours
ii) Psychological Therapies		100 hours

* Includes the work done in Ist year

Therapy work shall not be less than 25 hours of work in each of the following areas:

- a) Therapies with children
- b) Individual therapies with adults
- c) Family/marital/group therapy
- d) Psychological and / or Neuropsychological rehabilitation

DEPARTMENT OF CLINICAL PSYCHOLOGY

Academic Faculty/Staff and Research Interests

1. **Dr. Uday Kumar Sinha, Ph.D., Additional Professor & Head**
Child and Adolescent Mental Health, Psychotherapy Process, Legal aspect of Mental Health, Professional Development and Training in the area of Mental Health, Cognitive Behaviour Therapies, Family and Parenting intervention, Stress & Burnout Management.

2. **Dr. Vibha Sharma, Ph.D., Associate Professor**

Neuropsychology, Spirituality and Mental Health, Spiritually augmented cognitive Behavior, Therapy. Hypnotherapy, Research methodology.

3. **Dr. Naveen Grover, Ph.D., Assistant Professor**

Psychotherapy supervision, Psychotherapy Process issues, Cognitive Behavior Therapy, Mental Health in students, Adult Survivors of Child Sexual abuse.

4. **Dr. Ruchi Verma, Clinical Psychologist** : Stress Management, Psycho-oncology and Terminal illness, Adult Mental health, Personality disorders.

5. **Mr. Jagdish Sadiza, Clinical Psychologist** : Mental Retardation, Behaviour Modification, Parental counseling, Psychosexual problems.

6. **Dr. Manisha Jha, Clinical Psychologist** : Neuropsychology, Neuropsychological Rehabilitation Cognitive retraining, Adult mental health.

7. **Ms. Pooja Sharma, Clinical Psychologist** : Child and Adolescent Mental Health, Cognitive Behavior Therapy, Dissociative Disorders.

General Instructions

1. Applications received after the closing date or which are not complete in all respects will not be considered.
2. Candidates are advised to send their application form (s) preferably by registered/speed post. The Institute takes no responsibility for any delay in the receipt or loss of application in transit.
3. All claims made in the application must be supported with documentary proof.
4. Employees of State or Central Government or of any Public Sector Undertaking of State Government should send their applications through their employers. However, the advance copy of the application (complete in all respects) can be sent. In case the application is not received through the employer before the date of the Entrance test, a NO OBJECTION CERTIFICATE from the employer should be produced at the time of Entrance test failing which the candidate will not be allowed to appear in the entrance test.
5. Candidates called for Entrance test and selection interview will have to make their own arrangements for stay (minimum 2-3 days). No TA/DA will be paid by IHBAS, Delhi.

6. The decision of the Director of the Institute; as per recommendations of the selection committee shall be final in matters of selection of candidates for admission to the course and no appeal shall be entertained on the subject.
7. No individual intimation will be sent to candidates who are not selected and no correspondence on this subject will be entertained
8. Course is conducted on full time basis. Private Practice in any form is prohibited. The candidates are strictly not permitted to undertake any other part time or correspondence courses.
9. All candidates admitted to the Institute shall maintain good conduct, attend their classes regularly and abide by the regulations of the Institute.
10. Selected candidates shall have to submit migration certificate from the University from which they have passed the last qualifying examination, at the time of joining the Institute.
11. All the students receiving stipend from the Institute and admitted to the course will be on contract service for the duration of the studies. They are required to submit a contract bond on a non-judicial stamp paper of the value of Rs.100/-. The bond, duly completed in all respects, shall be submitted at the time of joining, failing which they will not be allowed to join the course.
12. Eligible candidates for Entrance Test will be intimated about their eligibility by post and Institute will not take any responsibility for non-receipt of the call letters.
13. Qualified candidate's list for interview will be notified on the Institute's Notice Board. No Separate individual intimation will be given.
14. Any changes in date, time venue and/ or schedule of the Entrance Test, Interview will be announced on our website and notice boards, no individual intimation will be given to the candidates.
15. The candidates are requested to keep themselves updated by visiting our website regularly from time to time.
16. The rules and regulations in this prospectus are subject to change in accordance with the decision of the Institute from time-to-time based on the recommendations of M.Phil. C.P. Committee, University of Delhi.

WARNING

In case any candidate is found to have supplied false information or certificate or is found to have withheld or concealed some information, he/she shall be debarred from continuing the course and shall face such appropriate action initiated against him/her by the Director of the Institute.

RAGGING

Ragging is banned in this institution and if any incident of ragging comes to the notice of the authority, the concerned student shall be given liberty to explain and if his/her explanation is not found satisfactory, the authority would expel him/her from the Institute.

The candidates along with the parents/guardians of the candidates have to sign a declaration that they are aware about ragging being banned at this institution and if found indulging in ragging, the concerned student shall be given liberty to explain and if his/her explanation is not found satisfactory, the authority would expel him/her from the institute.

ACCOMMODATION

Institute provides hostel accommodation to all M.Phil. students. There are two hostels available for M.Phil. students. One of them is combined hostel for male and female students and the other one is exclusively for female students. Students are allotted accommodation in either or two hostels as per their choice and availability of rooms. The accommodation generally will be a single room facility and is partially furnished. Family accommodation is not available. Candidates who are admitted to the M.Phil course are required to pay Rs. 200/- per month towards accommodation, electricity and water charges.

Those residing in the hostels should join the mess, which is run on a sharing basis. The warden appointed by the Director shall have general supervision over the hostels. Those residing in the hostel are required to adhere to hostel rules and regulations.

Important Note

Hostel accommodation will be available as early as possible in the month of October, 2013. Those who are reaching early are requested to arrange their own accommodation till they get final accommodation in the hostel. Institute may provide temporarily accommodation if available to those students who are reaching between 23th & 30th September 2014 from far away places. However this may not be considered as commitment from the institute. This will be just a kind of facilitatory gesture of the Institute.

DEPARTMENTS AND FACULTY OF THE INSTITUTE

CLINICAL PSYCHOLOGY

Dr. Uday K. Sinha, M. Phil., Ph. D., Additional Professor & Head.

Dr. Vibha Sharma, M. Phil., Ph. D., Associate Professor.

Dr. Naveen Grover, M. Phil., Ph. D., Assistant Professor.

PSYCHIATRY

The Department of Psychiatry is running MD course in Psychiatry which commenced in the year 2003, with intake capacity of four students every year.

Prof. S. D. Sharma, M.D. (Psychiatry), Emeritus Professor.

Prof. Nimesh G. Desai, M.D. (Psychiatry), Professor & Director

Dr. Deepak Kumar, M.D. (Psychiatry), Associate Professor & Head

Dr. Om Prakash, M.D. (Psychiatry), Associate Professor

Dr. Vijender Singh, M.D. (Psychiatry), Associate Professor

Dr. Rajesh Kumar, M.D. (Psychiatry), Associate Professor

Dr. Pankaj Kumar, M.D.(Psychiatry), Assistant Professor

Dr. Manoj Kumar, M.D. (Psychiatry), Assistant Professor

Dr. Amit Khanna, M.D. (Psychiatry), Assistant Professor

Dr. Amit Garg, M.D. (Psychiatry), Assistant Professor

Dr. Paramjeet Singh, M.D. (Psychiatry), Assistant Professor

Dr. Sumeet Kumar Gupta, M.D. (Psychiatry), Assistant Professor

NEUROLOGY

The Department of Neurology is running DM Neurology course which commenced in the year 2008 with intake capacity of three students every year.

Prof. M. Gouri-Devi, M. D. (Medicine), D. M. (Neurology), Emeritus Professor.

Dr. Suman Khushwaha, D. M. (Neurology), Associate Professor & Head

Dr. Aldrin Anthony Ddungdung, M.D. (Medicine), D.N.B. (Neurology), Assistant Professor.

Dr. Sidharth Maheshwari, M.D. (Medicine), D.M. (Neurology), Locum Consultant.

NEUROSURGERY

Dr. P. K. Upadhyay, M.S., MCh (Neurosurgery), Associate Professor & Head.

Dr. V.K.S. Gautam, M.S., MCh (Neurosurgery), Assistant Professor.

Dr. D. K. Jha, M.S., MCh (Neurosurgery), Assistant Professor.

NEUROCHEMISTRY

Dr. Neelam Chillar, M. D., Associate Professor & Head.

Dr. Rachna Agarwal, M. D. (Medical Biochemistry), Associate Professor.

MICROBIOLOGY

Dr. Rajeev Thakur, M. D. (Microbiology), Professor & Head.

Dr. Renu Goyal, M. D. (Microbiology), Assistant Professor.

PATHOLOGY

Dr. Sujata Chaturvedi, M. D. (Pathology), Professor & Head.

Dr. Anshu Gupta, M.D. (Pathology), Associate Professor.

Dr. Ishita Pant, M.D. (Pathology), Assistant Professor.

NEUROPSYCHOPHARMACOLOGY

Dr. Sangeeta Sharma, M. D. (Pharmacology), Professor & Head

PSYCHIATRIC SOCIAL WORK

Dr. Jahanara M. Gajendragad, M. Phil., Ph. D., Associate Professor & Head.

EPIDEMIOLOGY

Dr. Sarbjeet Khurana, M. D. (Community Medicine), Associate Professor & Head

BIOSTATICS

Dr. C. B. Tripathi, M. Sc., Ph. D., Associate Professor & Head.

NEURORADIOLOGY

Dr. Rima Kumari, M. D. (Radiology), Associate Professor & Head.

NEUROANESTHESIA

Dr. Mukul Kumar Jain, M. D. (Anesthesia), Associate Professor & Head.

Dr. Arvind Kumar Arya, M.D. (Anesthesia), Assistant Professor.

MEDICAL ANTHROPOLOGY

Dr. Ravinder Singh, M. Sc., M.Phil., Ph. D., Associate Professor & Head.

Ordinance VI-A-3 Master of Philosophy (M. Phil.) in Clinical Psychology¹

1. There shall be an M. Phil. Degree Programme in the department of Clinical Psychology under the Department of Psychiatry, Faculty of Medical Sciences.
2. Subject to the over all control of the Academic Council, the M. Phil. (Clinical Psychology) Programme in the Department will be administered by an M. Phil. Committee. The M. Phil. Committee shall consist of the Head of the Department, all Professors in the Department and such other teachers (including teachers from other Departments wherever necessary) recommended by the Dean of the Faculty on the advice of the Head of the Department and approved by the Vice-Chancellor. However, the total membership of the Committee shall not exceed 15. The Head of the Department shall be the Chairman of the Committee.

Members of the M. Phil. Committee other than the head of the Department and Professors in the Department shall hold office for a period of two years. After the M. Phil. Committee is once constituted and a person who is not already a member of the M. Phil. Committee is appointed as Professor such a person shall automatically become a member of the M. Phil. Committee. In such a situation, **the maximum limit of 15 of the membership of the Committee shall not apply till such time M. Phil. Committee is re-constituted.**

3. **The programme shall be conducted at Institute of Human Behaviour & Allied Sciences, Delhi and at such other centers as may be decided by the Academic Council on the recommendation of M. Phil. Committee.**
4. The Committee on recommendation of the teachers, Head of Department of Clinical Psychology and Head of other departments if the need be, shall
 - a. Invite and scrutinize applications and make admission to the M. Phil. Programme.
 - b. Design courses and lay down syllabi for the same;
 - c. Organize Lectures, Seminars and supervision of the dissertation work etc.
 - d. Make arrangements for the conduct of oral/written examination, evaluation of performance in day-to-day work, including tests, seminars, viva-voce etc;

¹ Approved By The Academic Council Of University Of Delhi Held On 07-06-2006 (2:30 pm) In The Council Hall, University Of Delhi, Delhi-110007 Vide Agenda Item No. 52.1.41

- e. Recommend persons for appointment as internal/external examiners for consideration by the Academic Council.
 - f. Do all such other acts as may be necessary for administering the programme.
5. The programme shall be run on a full-time basis and duration of the Programme shall be two calendar years.
6. The minimum qualifications for admission shall be a Master's Degree in Psychology/Applied Psychology/Clinical Psychology with at least 55% marks in aggregate from an Indian or foreign University. The qualification should have been recognized by the University of Delhi equivalent to its M.A./ M.Sc. Degree in Psychology/Applied Psychology/Clinical Psychology and/or degree awarding University should be listed in the recognized Universities by U.G.C.

Provided that qualifications obtained through correspondence course will not be considered for admission.

7. Number of seats: Under General , SC & ST categories

General	10
Schedule Caste	01
Schedule Tribe	01
OBC	03

In addition, there are provision for advertising two in-service candidates and two foreign candidates.

- 8. Provision for admission of foreign students and in-service candidates in M.Phil. Clinical Psychology training programme**

Admission of foreign students will be done as per University of Delhi rules. The foreign students would not go through the selection procedure as required for other general applicants. They will be selected through a sub-committee having not more than three members, to be constituted by Head, Department of Psychiatry, University of Delhi for the admission of foreign students. One member from M.Phil Committee (to be nominated by Head of the Department of Psychiatry), Head of Department of Clinical Psychology and the Director of the

Institute will be the three members of this subcommittee. Two seats shall be for foreign students in addition to the twelve already approved seats. Fee will be charged from the foreign students as per University of Delhi rules. Foreign students will not be entitled for stipend. Applications of each foreign candidate will be verified by F.S.A.

In-service candidates may be admitted without any payment of stipend. There will be two seats for these students in addition to the twelve already approved seats. Selection procedure for these applicants will be the same as followed for the selection of M. Phil. Clinical Psychology candidates.

9. Attendance :

Candidates are required to attend lectures and participate in academic seminar, clinical case conference, journal club and other academic activities arranged by the Department during the Two years' Programme.

The M. Phil. Committee will determine the minimum % of lectures academic seminars clinical case conferences, journal club and other academic activities arranged to be attended by each M. Phil. candidate of the Department. In no case the minimum requirement shall be less than 2/3rd of the lectures delivered, academic seminars, clinical case conferences, and journal clubs held separately.

10. Leave/ Vacations:

- a) No vacation is permitted to any M. Phil Clinical Psychology Student.
- b) The student will get a total of 30 days leave during the 1st academic year, and 36 days leave during the 2nd academic year respectively. The leave includes leave taken on any ground except maternity/ miscarriage/ abortion leave.
- c) During pregnancy: 135 days Maternity leave are admissible only to candidates with less than two surviving children subject to condition that the students will have to complete the required period of training before being allowed to appear in the examination
- d) During Miscarriage/ abortion (included or otherwise): total leave of 45 days are admissible during entire course. Leaves are admissible irrespective of number of surviving children. Application should be supported by a

certificate from a Registered Medical Practitioner/ Authorized Medical Attendant subject to the condition that the students will have to complete the required period of training before being allowed to appear in the examination.

- e) The leave remaining un-availed during a particular academic year would lapse at the end of the academic year, and will not be carried over the next year of the course. Leave/ unauthorized absence, exceeding the duration of admissible leave for the year, will not be adjusted against leave due for subsequent years
- f) In case a student takes more leave than the prescribed leave (even on medical ground), or remains absent from training without proper permission, he/she shall not be allowed to appear in the university examination until he/she completes that shortage of training, which may have occurred due to extra leave/ unauthorized absence, by undergoing further training beyond the normal duration of the course. The student will not be entitled for any pay for this training period. Extra duties undertaken during the normal duration of the course would not compensate the shortage of training.
- g) The concerned Head of Institute should notice to the student(s), who remains absent from training without permission of competent authority (HOD/ Head of Institution) for a period exceeding 7(seven) days. The name of any student, who remains absent from training without proper permission of competent authority (HOD/ Head of Institution) for a period of 30 days, would be removed, on the advice of concerned Head of Institution, from the rolls of the Institution and the University, and his/her registration for the course would be cancelled. Such student would not be allowed to join any other M.Phil courses during the remaining duration of the course from which the registration has been cancelled.
- h) All candidates joining the M.Phil program shall work as full time student trainees/residents during the period of training; attendance not less than 80% of the training during each calendar year; and be given full time responsibility, assignment and participation in all facts of education process.

- i) The conditions mentioned in para 'a' to 'e' to clause 10(Leave/ Vacations) are to be fulfilled by all candidates independent of attendance requirement under para 'h' of clause10(Leave/ vacations)
- j) Application for all types of leave should be forwarded to the HOD, Clinical Psychology.

11. Discipline: Applicable as per rules of the Institute / University's Discipline Ordinance rules on discipline as applicable in the University Departments.

12. M. Phil. Examination: It shall be conducted by the concerned department under the supervision of M.Phil Committee in Two parts

Part I Three theory Courses, on Psychosocial Foundations of Behaviour, Statistics and Research Methodology and Psychiatry. There will be practical exam in Psychodiagnostic based on Clinical and Viva-Voce. Under this Practical Exam candidates will also submit five cases of full length Psychodiagnostic records.

Part II After passing the examination in the courses as above only, a candidate will be allowed to appear in the M. Phil. Clinical Psychology Part II examination. Three Theory Courses are prescribed viz. Biological Foundations of Behaviour, Psychotherapy and Counselling, and Behavioural Medicine. There will be Practical Exam in Clinical Applications of Psychology based on Clinical and Viva-Voce. Under this Practical Exam candidates will also submit five fully worked out Therapeutic Case Records.

Note : The first examination on the three courses as mentioned above will be held in the middle of the course on the dates approved by M.Phil Committee.

The final year examination will be held by the end of 2nd academic year on the dates approved by M. Phil Committee.

The M.Phil Committee may revise the courses after the review from time to time.

No student shall be allowed to appear in any part of the examination more than twice and a student must clear the M.Phil examination within three years of his initial registration for the M. Phil., full-time programme. A candidate who having fulfilled the attendance requirements etc. and being otherwise eligible to appear at the examination fails to appear

at the same he/she be required to appear/ reappear at the same on his being enrolled as ex-student.

Division/ class shall not be awarded to a candidate, who fails to pursue the course on a continuous basis, or fails or absent himself/ herself from appearing in any of the University theory and practical examination of Part I and Part II. The merit class (distinction/ first division) shall be awarded to those candidates who pass both Part I and Part II examination in first attempt.

No candidate shall be permitted to appear either of Part I or Part II examination more than two times.

Note : A minimum of three months additional attendance shall be necessary for a candidate before appearing for the examination in case he/she fails to clear Part II examination within a period of three years from the year of admission to the course.

Dissertation:

The students are required to write dissertations on subjects approved by the committee under the supervision of the supervisor appointed for the purpose from the concerned department (Clinical Psychology).

The dissertation will be submitted on or before a date fixed up by the M.Phil committee.

In special circumstances M. Phil committee may grant extension for submission of dissertations to any candidate on request for a maximum period of six weeks.

If dissertation is not submitted within one month of stipulated date, the same shall be treated in relation to the next year examination and the student will be required to fulfill all the formalities, including filling up fresh examination form for the purpose.

The dissertation will be submitted only when the supervisor(s) concerned is/are satisfied i.e. the dissertation is worthy of consideration in part fulfilment of the M. Phil. Degree, provided that the application for submission of dissertation shall also be countersigned by the head of the department concerned (Clinical Psychology).

The dissertation may include results of original research, a fresh interpretation of existing facts and data of a review article of a critical nature or may take such other form as will be determined by the committee on recommendation of department concerned.

A candidate who has not appeared or failed in Part I examination shall be allowed to continue the course for the second year and to take up the dissertation.

Students shall be permitted to submit his/her dissertation only when he has passed the examination in all the three courses prescribed in Part I.

In case student does not clear all the courses all the examination as prescribed in Part I/ PartII; the M. Phil. Committee will arrange a special examination within six months from date of declaration or result of M.Phil Examination.

The M. Phil Committee in each course shall determine maximum marks and the duration of examination.

Weightage may be given by the M. Phil. Committee in final evaluation of the candidate to internal assessment based on candidate's performance in the periodical tests, academic seminars, clinical case conferences and journal clubs. In no case it (the weightage) shall exceed 50% of the total marks of the M. Phil. examination.

The evaluation of candidates both in respect of courses and dissertations to be submitted by them shall be done numerically. The minimum marks required to pass the M. Phil. Examination shall be 50% marks in the aggregate of written courses, 50% marks in the practical courses and 50% marks in the project report/dissertation including viva-voce separately.

The successful candidates of the M. Phil. examination shall be classified as follows :

1. I Division with distinction 75% marks in the aggregate or above.
2. I Division 60% marks in the aggregate or above but below 75% marks
3. Pass All others with 50% marks in aggregate or above but below 60% marks (minimum 50% marks in each subject/paper is necessary for passing the exam)

13. FEE STRUCTURE

- # Enrolment fee: as per University rules
- # Tuition Fee: Rs. 1000/ per month
- # Examination fee: as per university rules.
- # Ex-student fee (if any): as per university rules.
- # Hostel accommodation fee: Rs. 200/- per month inclusive of water and electricity charges.
- # Caution money for library membership Rs. 1000/- minimum per library card; refundable after completion of the training programme.
- # Caution money for psycho clinic-cum lab Rs.1000/- refundable after completion of training.

Note : Fee structure is subject to revision time to time as per University of Delhi/ Concerned department/ Institute's rules.