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Chi Institute CVM Student Scholarship

Scholarship Prizes:

- 1st prize: \$3000 value to one student
- 2nd prize: \$2000 value per person to two students
- 3rd prize: \$1000 value per person to three students

Evaluation Criteria's:

- Junior or senior students of Veterinary Medical Schools. A copy of student ID is required.
- One letter of recommendation from the students' CVM faculty.
- Participation of the TCVM Knowledge Contest.
- Personal Statement of interest in TCVM

How to apply:

- Download and fill out the scholarship information package at http://www.tcvm.com/download/scholarship.pdf.
- Download and read the first two chapters of TCVM text at http://www.tcvm.com/doc/RedBook.pdf. Answer all questions on the attached questionnaire of the TCVM Knowledge Contest.
- Mail *your application form, the copy of your student ID, contest answer sheet and, recommendation letter* to the address on the top of this page by **Dec 1**st, **2014**.

Chi Institute Scholarship Application Form

(a copy of your student ID is required)

NAME	First Name:	Middle Name:	Last Name:				
SCHOOL					Student ID #		
ADDRESS	Street Address:						
	State:	Zip Code:		Country:			
TELEPHONE			EMAIL				
МЕМО	 I wish to apply and am interested in SA Mixed Practice Equine Acupuncture Training. I wish that Chi Institute posts my name at <u>www.tcvm.com</u> if I become one of 6 winners. 						
SIGNATURE			DATE				

Contest / Scholarship Rules:

- Contest winners will be selected as scholarship candidates according their evaluation criteria's. All scholarship candidates will be contacted by Dec 15th, 2014. The final list of the scholarships winners will be published at <u>www.tcvm.com</u>.
- The scholarship will be awarded towards tuition of the Chi Institute 2015 Veterinary Acupuncture Training Programs (Spring or Fall). Contestants must download and complete a registration form, including the registration fee, for the class you wish to attend. Be sure to include a recent clear photo for your student file. Winners must register for all 5 sessions.
- When the scholarships are awarded, the distribution will be applied as follows:
 - The first prize winner of \$3,000 will receive a \$1550 toward session 5, \$1350 toward session 4, \$100 toward session 3.
 - The second prize winners (2) of \$2,000 will receive a \$1550 toward session 5, \$450 toward session 4.
 - The third prize winners (3) of \$1,000 will receive a \$1000 credit toward session 5
- Information about Chi Institute Veterinary Acupuncture Program may be found in the Chi scholarship information package or at www.tcvm.com.

Chi Institute TCVM Knowledge Contest Questions

(Please use the answer sheet on the last page.)

1. Which of the following is true about the concepts of Yin and Yang?

- A. Yin and Yang are never in opposition
- B. Yin and Yang are not interdependent
- C. Yin and Yang mutually consume and support each other
- D. Yin and Yang may not inter-transform

2. Which of the following definitions is **NOT** correct?

- A. Sun belongs to Yang while Moon belongs to Yin
- B. Water belongs o Yang while Fire belongs to Yin
- C. Hot belongs t Yang while Cold belongs to Yin
- D. Fast belongs to Yang while Slow belongs to Yin

3. There are four possible states of imbalance of Yin and Yang. Which of the following definitions is **NOT** correct?

- A. Preponderance of Yin = Deficiency (false) Cold Pattern
- B. Weakness of Yin = Deficiency (false) Heat Pattern
- C. Preponderance of Yang = Excess Heat Pattern
- D. Weakness of Yang = Deficiency (false) Cold Pattern

4. If the Yin-Yang equilibrium is destroyed by Excess Heat, what is the proper treatment principle to restore the Yin-Yang balance?

- A. Clear Excess Heat
- B. Tonify Excess Heat
- C. Tonify Yang
- D. Clear Excess Yin

5. If Yin is deficient, what is the treatment principle?

- A. Clear Excess Yin
- B. Clear Excess Heat
- C. Tonify Yang
- D. Tonify Yin

6. In the Sheng or inter-promoting Five-Element Cycle the Parent (or Mother) of Wood is:

- A. Fire B. Metal C. Water
- D. Earth

7. In the Ke or inter-inhibiting Five-Element Cycle the Fire element inhibits:

A. Water B. Wood

- C. Earth
- D. Metal

8: Which is the correct order for the Sheng (inter-promoting) Cycle?

- A. Wood \rightarrow Fire \rightarrow Metal \rightarrow Water \rightarrow Earth
- B. Wood \rightarrow Metal \rightarrow Water \rightarrow Fire \rightarrow Earth
- C. Wood \rightarrow Fire \rightarrow Earth \rightarrow Metal \rightarrow Water
- D. Wood \rightarrow Earth \rightarrow Water \rightarrow Fire \rightarrow Metal

9: Which is the correct order for the Cheng (over-control) Cycle?

- A. Wood \rightarrow Fire \rightarrow Metal \rightarrow Water \rightarrow Earth
- B. Wood \rightarrow Metal \rightarrow Fire \rightarrow Water \rightarrow Earth
- C. Wood \rightarrow Fire \rightarrow Earth \rightarrow Metal \rightarrow Water
- D. Wood \rightarrow Earth \rightarrow Water \rightarrow Fire \rightarrow Metal

10: The Season Summer belongs to which element?

- A. Wood
- B. Earth
- C. Fire
- D. Water
- E. Metal

11: Green color belongs to which element?

- A. Wood
- B. Earth
- C. Fire
- D. Water
- E. Metal

12. The emotion Anger belongs to which element?

- A. Wood
- B. Earth
- C. Fire
- D. Water
- E. Metal

13 The ears belong to which element?

- A. Wood
- B. Earth
- C. Fire
- D. Water
- E. Metal

14. The Fu organ Stomach belongs to which element?

A. Wood

- B. Earth
- C. Fire
- D. Water
- E. Metal

15. The bodily secretion sweat belongs to which element?

- A. Wood
- B. Earth
- C. Fire
- D. Water
- E. Metal

16. A dog has a major complaint of nasal discharge and congestion. According to the Five Element theory, which is the most important organ to treat?

- A. Spleen
- B. Lung
- C. Kidney
- D. Liver
- E. Heart

17. According to the Five Elements, which organ should be tonified when the Spleen is deficient?

- A. Heart
- B. Kidney
- C. Liver
- D. Lung

18. According to the Five Elements, which organ should be cleared (sedated) when the Liver is in excess?

- A. Heart
- B. Kidney
- C. Spleen
- D. Lung

19. A sick male cat has a purple tongue. He has which disharmony?

- A. Excess Heat (high fever)
- B. Yin Deficiency (false heat)
- C. Blood Deficiency (anemia)
- D. Qi-blood Stagnation (pain)

20. A sick dog arrives at your hospital with a deep and slow pulse. She has which disharmony?

- A. Internal Cold
- B. External Heat
- C. External Cold
- D. Internal Heat

21. Which of the following Five Element correlations is correct?

A. Wood- Winter B. Fire- Late Summer C. Earth- Summer D. Water- Winter

22. Which of the following Five Element correlations is correct?

A. Kidney- Nose B. Spleen- Tongue C. Heart- Mouth D. Liver- Eyes

23. Which of the following Five Element correlations is correct?

- A. Liver- Tendon/ligament B. Kidney- Vessels C. Heart- Muscle/flesh D. Spleen- Skin/hair E. Lung- Bone/marrow

24. Water not producing Wood leading to Kidney and Liver Yin Deficiency (leading to tinnitus, low back pain, weak knees, vertigo and tremors) is a Five Element disharmony called:

A. Cheng or OveractingB. Parent-ChildC. Five Phase DeficiencyD. Ru or InsultingE. Ke or Controlling

25. When Wood is out of harmony with Earth leading to various Spleen disharmonies (with headache, distension, loose stools, and flatulence) we call this:

A. Cheng or OveractingB. Parent-ChildC. Five Phase DeficiencyD. Ru or InsultingE. Sheng or Generating

26. A somewhat fearful mare has a history of poor pregnancy probability when bred. Which of the following 5 Element strategies would best address her disharmony?

A. Tonify Liver, Sedate EarthB. Tonify Earth, Sedate LiverC. Tonify Lung, Sedate KidneyD. Tonify Lung, Sedate Earth

27. A red tongue indicates which following condition?

A. HeatB. ColdC. Yang DeficiencyD. Qi Deficiency

28. According to Eight Principles, Yin conditions are usually:

- A. Interior, Hot, DeficientB. Interior, Cold, ExcessC. Interior, Cold, DeficientD. Exterior, Cold, Deficient
- 29. The nature of Hot is all of the following except:
 - A. To expand
 - B. Hot moves Qi and Blood rapidly
 - C. Hot generates Yin fluids
 - D. Hot disturbs the functions of cooling, moistening and nourishing
- 30. The nature of Cold is all of the following except:
 - A. To contract
 - B. Cold tends to generate stagnation
 - C. Cold consumes Yang Qi
 - D. Increase the Yang functions of warming, moving, transforming and holding
- 31. Excess refers to:
 - A. a weak antipathogenic ability
 - B. an insufficient quantity of a fundamental substance
 - C. an accumulation of a fundamental substance (Qi, Blood, Body Fluids)
 - D. an insufficient or hypoactive Organ
- 32. Deficiency refers to:
 - A. a strong pathogenic factor and a relatively strong antipathogenic factor
 - B. an excessive quantity or to a pathological product (Food Accumulation)
 - C. hyperactive Organ (Zang-Fu)
 - D. an insufficient quantity of a fundamental substance

33. An athletic dog with a recent history of trauma has what type of disharmony?

A. ExteriorB. InteriorC. Exterior and ColdD. Interior and Hot

34. An older cat with a pale, swollen and wet tongue with thick white coating has what type of disharmony?

A. Exterior and Heat B. Exterior and Cold C. Interior and Hot D. Interior and Cold

35. A young unvaccinated dog that is exposed to parvovirus and mounts a high fever, few gastrointestinal signs, and has a deep pulse has had what type of response?

A. DeficientB. ExcessC. ExteriorD. Interior and Deficient

36 A dog has an acute onset of uveitis and hyperactive personality. According to the Five Element theory, which is most important organ to treat?

- A. Spleen
- B. Liver
- C. Heart
- D. Lung
- E. Kidney

Questions 37 to 39 are based on the following case.

Pete is a ten year old male Labrador Retriever who has a history of weakness and back pain for several years. Three weeks ago, Pete fell down several times. After prednisone therapy, the acute paresis seemed under control; however, he would no longer get up to urinate and would occasionally fall down. He was also very thirsty, but ice cubes seemed to help. A veterinary neurologist examined him and diagnosed chronic multifocal intervertebral disc disease (spondylosis deformans at C7-T1, T13-L1, L1-L3, and L7-S1). The owner does not want to pursue the surgical treatment approach.

Pete is a very submissive and fearful dog. He has been with the current owner since he was a puppy. According to the owner, she prefers warm conditions. During a TCVM examination, he fell down four times, rested for a short while, got up again, and walked across the slippery floor from the front room to the exam room (the whole distance is about 20 meters). Pete has severe rear weakness. His back and extremities are very cold. He tried to avoid the acupuncture needling several times. The tongue is pale purple, swollen and wet. The pulse is very deep and weak. This is the Bony Bi syndrome (osteoarthritis).

37. What is Pete's constitutional type?

- A. Wood;
- B. Earth
- C. Fire
- D. Metal
- E. Water

38. What your TCVM diagnosis?

- A. Excess Cold
- B. Kidney Yang Deficiency
- C. Kidney Yin Deficiency
- D. Liver Yang Excess

39. Which following points do you recommend for Pete?

- A. GV-3, GV-4, Bai-Hui, BL-23, BL-11, BL-26
- B. KID-3, SP-6, SP-9, BL-23, BL-11, BL-26

C. SP-6, SP-9, SP-10, BL-17, HT-7, KID-10 D. CV-17, CV-8, LIV-3, LIV-8, GB-34, BL-18

Questions 40 to 42 are based on the following case.

Chief is a nine year old, male, castrated Japanese Chin dog with a history of chronic congestive heart failure and bronchitis. He was hospitalized due to lethargy, weakness and anorexia. Diagnostics revealed azotemia due to chronic renal failure (BUN: 88; Creatinine: 6.9). He was also diagnosed with mild pancreatitis and cervical disc disease.

Chief is a very confident and dominant dog. He does not fear anything, not big or small dogs, strangers, or thunderstorms. He loves to be in charge. He was very cooperative during the examination and acupuncture procedure. His nose was dry with a little crack line. His tongue is deep red and dry and his pulse is fast and thin. Chief prefers cool environments. His Shen is subdued. His appetite is ok. His thirsty level slightly increases. Chief also always holds his neck, back and hind limbs as if he feels pain or feels unhappy. He is reluctant to lower his head to eat or drink so the owner must lift the bowl to his mouth.

40. What is Chief's constitutional type?

- A. Wood
- B. Fire
- C. Earth
- D. Metal
- E. Water

41. What is the TCVM Diagnosis for him?

- A. Yang Excess
- B. Yang Deficiency
- C. Yin Excess
- D. Yin Deficiency

42. Which following points do you recommend for Chief?

- A. GV-3, GV-4, Bai-Hui
- B. KID-3, SP-6, BL-23
- C. SP-10, BL-17, HT-7
- D. CV-4, CV-6 and CV-17

Questions 43 to 45 are based on the following case.

Fireman is a 17 year old Quarter Horse-Thoroughbred cross gelding. He was diagnosed with navicular disease of the left front limb. Fireman is a friendly, sensitive and smart horse. He loves to be petted and touched but he becomes irritable and shows restlessness as soon as he realizes you will needle him. He is sensitive to acupuncture needling as well as the regular injections.

Fireman used to be the submissive to another horse (a 20 year old gelding who was the only other horse to share the pasture) until the old gelding died. The old gelding was always his boss. One year later, Fireman had a little pony to share the same pasture. He started to boss him around. He kicked and controlled the little pony. When the little pony left, a mare about his same age shared his pasture. He started to boss her around. The owner is very close with Fireman as she owned him since he was born. She often gives him treats. She rides him for pleasure about once or twice

a week. He loves to run and play, but will let the mare go first if there is something unfamiliar ahead.

His left front lameness was grade 2 to 3. His tongue was purple and pulse was fast. The sensitive points on palpation using a needle cap include LI-18, LI-15, LI-16, BL-18 and 19, PC-1, BL-13 (worse at left side).

The horse was responding well after each treatment (3 to 5 weeks apart). He became completely sound after the 3rd acupuncture treatment.

43. What is Fireman's constitutional type?

- A. Wood
- B. Fire
- C. Earth
- D. Metal
- E. Water

44. What is the TCVM Diagnosis for him?

- A. Qi Deficiency
- B. Blood Deficiency
- C. Qi-blood Stagnation
- D. Yin Deficiency

45. Which following points do you recommend for Fireman?

- A. Qian-ti-men (hoof gate), PC-9, ST-36, LI-10
- B. Qian-ti-men (hoof gate), PC-9, BL-17, SP-10
- C. Qian-ti-men (hoof gate), PC-9, KID-3, SP-6
- D. Qian-ti-men (hoof gate), PC-9, TH-1, LI-1

Questions 46-47 are based on the following case (your answer should be brief).

Ben, a 7 yo male neutered Labrador Retriever. Easily excitable, can't stay still, loves to be pet. He was presented for dermatitits around the base of the tail; the lesion is red and hot. His pulse was fast and his tongue was red and dry. He loves cool areas and is always panting.

46. What's Ben's personality and what's your TCVM diagnosis?

47. What's your TCVM treatment plan?

Questions 48-49 are based on the following case.

Oliver, a 15 yo Quarterhorse gelding. He is a nice, friendly horse, loves to please his rider; is mellow and relaxes easily. He looks overweight and has chronic bilateral stifle lameness. His tongue is pale and his pulse is deep and weak.

48 What's Oliver personality and what's your TCVM diagnosis?

49. What's your TCVM treatment strategy?

50. How did you become interested in studying TCVM and why did you apply for this scholarship? (limited to 300 words).

School:	Student ID#:
Signature:	Date:
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21.	46 (please answer Question 46 -50 on a seperate piece of paper)
22.	47
23.	48
24.	49
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Chi Institute TCVM Knowledge Contest Answer Sheet

(Please return this page only for contest.)

Name: _____