



2. DEPARTMENT OF PHYSICAL EDUCATION PEDAGOGY

2.1 INTRODUCTION

The Department aims to produce professionally sound, well qualified and competent teachers / leaders in the field of Physical Education through a long term training programme by developing competency in cognitive, psychomotor and affective domains in an organized and systematic manner.

The department wishes to instill qualities like any other professional to make them ideal teachers / leaders suitable for 21st century. The department attempts to develop future leaders by adopting a democratic approach besides following transparency in day today functioning.

Theoretical knowledge, acquisition of skills in different games and sports, specialization in sport, teaching practice (activity and theory) and internship programme are the five main pillars of B.P.Ed (Integrated) course.

In Master of Physical Education, main thrust is laid on cognitive, psychomotor and affective domain where desirable changes are brought systematically by providing most appropriate and relevant experiences. The Department encourages, stimulates and motivates students to develop an aptitude for research by providing opportunities to undertake research, both basic and advanced, in the realm of Physical Education Pedagogy. Specialization is also offered in a subject and in a sport in cognitive and psychomotor domain respectively.

2.2 COURSES OFFERED

At present, the department offers the following courses:-

2.2.1 Bachelor of Physical Education (B.P.Ed.) – Four Year Integrated Programme

2.2.2 Master of Physical Education (M.P.Ed.)– Four Semester Post Graduate Programme with specialization in Physical Education Pedagogy

2.3 INFORMATION, REQUIREMENT AND PROCEDURE FOR ADMISSION TO BACHELOR OF PHYSICAL EDUCATION (B.P.Ed.)

Last Date of Receipt of Application	:	20th June 2012 (up to 5.00 pm)
Reporting Time for Admission Test	:	10:00 am on 26th June 2012
Admission Test Centers	:	As per list given in <u>ANNEXURE- I</u>
Dates of Admission Tests	:	26th to 29th June, 2012
Total No. of Seats	:	150 (Gwalior)
	:	50 (Guwahati)



A. Seats at LNUPE Gwalior

Category	Men	Women	Total
SC (15%)	16	07	23
ST (7.5%)	08	03	11
OBC (Minority 4.5%, Others 22.5%, Total 27%)	28	12	40
General	53	23	76
TOTAL SEATS	105	45	150

B. Seats at NERC, Guwahati

Category	Men	Women	Total
SC (15%)	6	2	8
ST (7.5%)	3	1	4
OBC (Minority 4.5%, Others 22.5%, Total 27%)	9	4	13
General	17	8	25
TOTAL SEATS	35	15	50

Commencement of Classes : 12th July 2012

2.3.1 ELIGIBILITY FOR ADMISSION

A candidate shall be eligible to appear in admission test:

2.3.1.1 If he/she, has passed any one of the following examinations with at least 50% Marks for General Category and 45% Marks for SC/ST category and candidates who have participated in International/National/SGFI in School National games in Sports Competitions or position holders in inter-zonal sports competitions.

Senior Secondary Certificate Examination (10+2) or Intermediate/equivalent examination from any recognized Education Board/University etc.

2.3.1.2 The reservation in seats and relaxation in qualifying marks for SC/ST/OBC and other categories shall be as per the rule of Government of India.



- 2.3.1.3 If he/she, has appeared in the said qualifying examinations may appear in the admission test but will be admitted only provisionally. Such candidates must submit the mark sheet of passing qualifying examination latest by 31st July 2012, failing which the admission will be cancelled.
- 2.3.1.4 Supplementary / compartment candidate/s in qualifying examinations are not eligible for appearing in entrance test.
- 2.3.1.5 If his/her age is below 21 years on 1st July 2012 (For getting admission in reserve category, the age is relaxable up to 26 years in case of SC/ST candidates and relaxable up to 24 years in case of OBC candidates). For International candidates, the age shall be below 26 years on 1st July 2012.

NOTE: Candidates are to note that no call letter for the entrance test shall be sent to them by post. Candidates who are sure that they fulfill eligibility conditions, may report for admission test as per the stipulated programme at the test center opted by them.

2.3.2 WOMEN CANDIDATES

Only unmarried women, widows or divorcees without encumbrances, will be admitted to B.P.Ed.-Integrated Course. If a women student admitted to B.P.Ed. course gets married, she will have to discontinue her studies at the University.

2.3.3 CHOICE OF STUDY CENTRE

All the candidates applying for B.P.Ed admission shall give their choice of study centre i.e. either Gwalior or Guwahati.

2.3.4 TESTING AREAS

- | | | | |
|---------|----------------------------------|---|----------|
| 2.3.4.1 | Physical Fitness | - | 50 marks |
| 2.3.4.2 | Proficiency in Games & Sports | - | 50 Marks |
| 2.3.4.3 | General Awareness (written test) | - | 50 Marks |

2.3.5 PROCEDURE FOR CONDUCTING TEST

- 2.3.5.1 **Physical Fitness:** Marks will be awarded in Physical Fitness on the basis of performance in 50 meters sprint, standing broad jump, over head back throw and 1000 meters run/walk. The norms to convert the performance into points are given in **ANNEXURE –II (A) to II (D).**



2.3.5.2 Proficiency in Games & Sports: Marks will be awarded by a committee on the basis of skills performed and performance in one game/sport. Testing shall be done in following games/sports: Artistic Gymnastics, Badminton, Basketball, Cricket, Football, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Tennis, Softball, Swimming, Diving & Water Polo, Table Tennis, Track & Field, Volleyball, Weight-Lifting, Power Lifting and Best Physique, Wrestling, Yoga and Squash Rackets, Boxing, Archery and Canoeing Kayaking.

Note: **Canoeing Kayaking will be tested at Guwahati Centre only.**

2.3.5.3 General Awareness (Written Test- either English or Hindi) : The Duration of General Awareness Test will be of **90 minutes** and shall comprise of the following two parts:

2.3.5.3.1 First part consists of objective type questions on the current affairs in general and in Games & Sports area carrying 30 Marks.

2.3.5.3.2 Second part consists of precis (5), unseen passage (5) and essay writing (10) – Total 20 Marks.

2.3.6 Award of Bonus Marks

All those candidates who have won positions during last 4 academic years at the Junior/Senior Nationals (organized by respective federation), All India/Inter-Zonal Inter-University Tournament and SGFI National meets will receive Bonus Marks as per the criteria given below:

- | | | |
|----------------|--|-----------|
| 2.3.6.1 | Represented India in any game/sport
Sponsored by IOA/Federation and in Games | 10 Marks. |
| 2.3.6.2 | Position holders at Inter-State championship Organized by Association/ Federation in games and sports | |
| | 1st Place | 10 Marks |
| | 2nd Place | 09 Marks |
| | 3rd Place | 08 Marks |
| 2.3.6.3 | Position Holder at All India Inter-University Competitions/Junior National Competitions Organized by Association/ Federation in games and sports | |
| | 1st Place | 08 Marks |
| | 2nd Place | 07 Marks |
| | 3rd Place | 06 Marks |



2.3.6.4 Position holder at SGFI National Competitions

1st Place	06 Marks
2nd Place	05 Marks
3rd Place	04 Marks

Note:

- 1- The bonus marks will be provided in only those games/sports, which are in the competition list of Association of Indian Universities (AIU) and School Games Federation of India (SGFI).
- 2- The obtained position must be during last four academic sessions. (i.e. July 2008 to April-2012).

2.3.7 FEE STRUCTURE

Each Student shall pay the fee as given in **ANNEXURE-IV**

2.3.8 UNIFORM

Students of B.P.Ed. will be required to possess the Uniform as per University rules which are mentioned in **ANNEXURE X**. The University will provide Uniform to the students on actual cost basis.

2.3.9 COURSE CONTENTS

During the four-year's course, the students will be taught in the following five areas:

PART-A	: Theory Subjects
PART-B	: Activities (Games & Sports)
PART-C	: Teaching Practice (Activity and Theory)
PART-D	: Sports Specialization
PART-E	: Internship

In B.P.Ed.-I and II, Part-A and B will be taught. In B.P.Ed.-III Part-A, B and C will be taught. In B.P.Ed.-IV Part-A, Part-C and Part-D will be taught, whereas practical experience will be provided in Part-E.

2.3.9.1 PART-A: THEORY

B.P.Ed.-I

1. English I
2. Introduction & History of Physical Education
3. Anatomy and First Aid
4. Introduction to Social Science
5. Fundamentals of Computers and Information Technology
6. Environmental Studies*

**B.P.Ed.-II**

1. English II
2. Methods in Physical Education
3. Physiology
4. Kinesiology
5. Educational Psychology

B.P.Ed.-III

1. Health Education
2. Professional Preparation
3. Educational Technology
4. Adapted Physical Education
5. Recreation

B.P.Ed.-IV

1. Introduction to Corrective & Rehabilitation
2. Management in Physical Education
3. Tests and Measurements
4. Basics of Sports Training
5. Fitness Management

*** Environmental Studies will be the compulsory qualifying subject.**

2.3.9.2 PART-B : ACTIVITY**B.P.Ed.-I**

1. Athletics
2. Gymnastics
3. Basketball
4. Light Apparatus
5. Weight Training
6. Kho-Kho
7. Wrestling/Rhythmic Gymnastics
8. Hand Ball
9. PEC Activities

**B.P.Ed.-II**

1. Football
2. Volleyball
3. Hockey
4. Swimming
5. Judo
6. Squash Racket
7. Kabaddi

B.P.Ed.-III

1. Yoga
2. Cricket
3. Table Tennis
4. Badminton
5. Tennis

NOTE: The games/sports/activities mentioned in Part-B can be altered/interchanged in B.P.Ed.-I, II and III, depending upon the administrative feasibility.

2.3.9.3 PART-C: TEACHING PRACTICE (THIRD & FOURTH YEAR)

Activity Teaching is included in B.P.Ed.-III under Teaching Practice whereas Theory Teaching is included in B.P.Ed.-IV. Activity teaching includes 10 lessons on Fundamentals of Games and Sports, Calisthenics, Light Apparatus, Marching, Primary class, Special Children etc. Theory teaching includes 10 lessons in those subjects, which have been taught up to B.P.Ed.-III, rules and their interpretations pertaining to games and sports.

2.3.9.4 PART-D: SPORTS SPECIALIZATION

Sports or Games Specialization will be taught in B.P.Ed.-IV and will include any one of the following sports keeping administrative feasibility in mind: Badminton, Basketball, Cricket, Football, Gymnastics, Hockey, Judo, Swimming, Tennis, Track & Field, Volleyball, Weight Lifting and Yoga. Sports Specialization includes the following three areas:

- a. Theory of a Game/Sport
- b. Skill Proficiency
- c. Coaching Lessons

**2.3.9.5 PART-E: INTERNSHIP (ONE AREA TO BE CHOSEN)**

- a. Teaching Physical Education in Schools
- b. Gym & Health Club Management
- c. Aerobics/Mass Demonstration
- d. Training of life guard for water sports
- e. Sport Management/Journalism

The duration of internship shall be about 2 months.

2.3.10 OTHER ACTIVITIES

Besides the above-mentioned subjects and activities, the University also organizes a Leadership Training Camp and Adventure Camp for the students, which are mandatory.

A candidate must complete the B.P.Ed. Course of Four-year duration and pass the final examination within eight academic years from the first admission to B.P.Ed.

Note: The admission of B.P.Ed. Course will be closed on 14th August 2012.